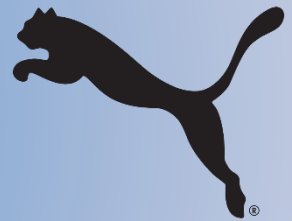




# WINTER SKILLS ACADEMY

TO REGISTER GO TO  
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 **SATURDAYS 10:15- 11:15 am, DEC. 5 - FEB. 13 (no training 12/26 or 1/2)**

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Mike Canty, ARFC Academy Director, (916) 919-1454  
Rick Carrigan, ARFC Director of Coaching