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RoughRiders Hockey Academy



**Spring/Summer AAA
Skill Specific Camps**

*“Doing today what others won’t,
so tomorrow we can do what
others can’t!”*

*RoughRiders Hockey Academy
1100 Rockford Road SW
Cedar Rapids, IA 52404*

Spring/Summer AAA Teams

RoughRiders Hockey Academy will be led by various elite coaches from around the state all with the goal to offer an elite hockey experience.

-Each team will have a **tryout on Sunday, March 10, 2019 at Cedar Rapids Ice Arena**. Exact times to be announced later. Each team will carry 9 forwards, 5 defensemen, and 2 goalies for a total of 16 players.

-Teams will have a total of **9 hours of practice** throughout the spring and summer. The Saturday before a tournament weekend a team will have two 90-minute practices. 90 minutes of ice in the morning and the afternoon with team building and chalk talks in between the two ice sessions. This provides players from any distance to participate with limited travel costs.

-Each team will be participating in **3 tournaments**. The final selection of tournaments is still being determined, but the coaching staff is looking at the North Exposure in Duluth, MN, Chi-Town Shuffle in Chicago, IL, and one other to be determined.

Costs: \$795/skater and \$525/goalie

A \$250 deposit is required to register but will be refunded if player does not make the team.

Coaching Staff (more to come):

Dustin Timm, *USHL RoughRiders Asst. Coach*

Zack Stommen, *RRHC Asst. Director*

Chad Remakel, *PEP Lead Instructor*

Jake Stack, *RRHC Goalie Director*

Kevin Brooks, *Univ. Iowa Head Coach*

Find more information or register at:

www.JuniorRoughRiders.com/SpringAAA

Summer Camps

The RRHA camps are led by Hockey Director, Dustin Timm, in conjunction with a coaching staff assembled from around the state. RRHA is designed to offer high-end instruction for individual skills and game concepts.



Sniper and Scoring Camp

Dates: June 17-19, 2019

Birth Years: 2010 or older



Goalie Camp (Different Schedule & Price)

Dates: June 24-27, 2019

Birth Years: 2010 or older



Speed & Power Skating Camp

Dates: July 8-10, 2019

Birth Years: 2010 or older



Defense Camp

Dates: July 15-17, 2019

Birth Years: 2010 or older



Deception, Dangling, & Deke Camp

Dates: July 22-24, 2019

Birth Years: 2010 or older

Schedule:

7:45am – 12:00pm

7:50am – 8:20am – Video Session

8:20am – 8:50am – Dynamic Warm-Up

9:05am – 10:35pm – On-Ice

10:50am – 11:50am – Off-Ice

Cost per camp: **\$169/player (32 max. players)**

For more information or register at:

www.JuniorRoughRiders.com/Camps

FOR MORE INFORMATION

Contact, Dustin Timm, Hockey Director RoughRiders Hockey Club

209.304.7128 – dtimm@RiderTownUSA.com

The Stable – 1100 Rockford Road, Cedar Rapids IA 52404 – www.juniorroughriders.com