

ARSENAL FC HAWAII

COVID-19 SAFETY PROTOCOL Updated 9/10/21

- **NO SHARING WATER BOTTLES!**
- **Maintain 6' Social Distance amongst substitutes & coaches/managers. Coaches will comply with the allowed number of people in a group in accordance with the current Mayoral ordinance.**
- **All players and coaches should wear a face covering when not in active play.**
- **2-3 tents are allowed per team on game day to help with physical distancing.**
- **No team huddles, handshakes or fist bumps. Give a Shaka sign to show good sportsmanship to opponents and teammates.**
- **Coaches will do contactless temperature checks for each training and game day. Coaches will log in temperature checks and attendance daily. Retain attendance rosters for a minimum of 28 days after the event.**
- **Coaches/Team Managers will screen players each time prior to participating in training or games using the CDC screening questions provided at <https://www.cdc.gov/screening/paper-version.pdf>.**
- **Parents can sit at the field sidelines during games. Please stay away from the team's gathering place. Depart the field immediately after training/games. Spectators sitting on sidelines should wear a face mask. Families should maintain 6 feet physical distancing from other family bubbles.**
- **NO food distribution. Players must leave field immediately after the conclusion of game or training. No potlucks or gathering after the game at this time.**
- **Players shall stay home if they feel or show signs of sickness (fever, chills, coughing, runny nose, excessive sneezing).**
- **Coaches, players, and their families should self-report to their point of contact (Coach P 808-218-8236 or their Head Coach/Team Manager) if they:**
 - **Have symptoms of COVID-19.**
 - **Get tested for COVID-19.**
 - **Test positive for COVID-19.**
 - **Had close contact with someone with COVID-19 in the last 10 days.**

- **The Club should call the Hawaii Department of Health (HDOH) within 24-hours of a known COVID case or exposure is reported at 808.586.4586 (M-F 7:45am-4:30pm) & 808.600.3625 (After hours & weekends).**
 - **Provide HDOH with the following information:**
 - **Case's Name, Date of Birth, and Contact Information**
 - **Date of when case last had close contact with the team.**
 - **Date of case's symptom onset or, if asymptomatic when case was tested.**
 - **Whether case has siblings on other teams**
 - **Name, title (e.g., coach), and contact information of caller (including how they may be reached after hours, weekends, and holidays).**
 - **Identify and notify contacts.**
 - **Compile a list of case's close contacts and provide notifications to each close contacts. Close contact is defined as:**
 - **Within 6 feet of an infected person for a combined total of 15 minutes or more over a 24-hour period.**
 - **In direct contact with the infected person's secretions (being coughed on)**
 - **Once close contacts have been notified let people know that all close contacts have been notified and if they were not notified, they are not considered a close contact.**
- **All players with exposure to COVID-19, regardless of symptoms, require a minimum 10-day resting period from date of positive test and must be asymptomatic for 24 hours without medication before returning to practice or game.**
- **Players who have recovered from COVID-19 should be cleared for return to sports by their physician and undergo evaluation for cardiac symptoms such as chest pain, shortness of breath, fatigue, palpitations, or syncope.**
- **Players should carry hand sanitizer and face masks with them to training and games.**
- **Players should disinfect their own ball before each training session. Come to the field already dressed for training/game.**
- **No trading pinnies once coach gives it to a player. Coach will wash pinnies after each use.**
- **Players will not get reprimanded for staying home from training.**

It is everyone's responsibility to follow these protocols so that we are allowed to continue playing youth organized sports. If park officials should see our club not following the basic rules ordered by the Mayor (which aligns with our club protocols), we may lose our permit to play at the fields we currently use. More importantly, we DO NOT want anyone affiliated with our club to contribute to our state's pandemic statistics. Ordinances are constantly changing as the pandemic situation in our community and coaches are doing their best to comply. Please be flexible as training session formats may be adjusted to comply with current Orders from the Mayor.