



## *Protocols for the Fall 2020 Season*

*Due to the coronavirus pandemic the FTF Board and Coaches have outlined a preliminary list of safety protocols to help ensure a safe experience. Please review the details below.*

1. First we ask that players do not come to practice if:
  - a. they have not passed the health screening provided by their school on the morning of practice. *(If your child is not affiliated with a school we can provide a screening check, please ask your coach.)*
  - b. they have traveled to a high risk area in the past 14 days unless they have received a negative COVID-19 test upon return.
  - c. they have participated in a high risk activity, including a large group gathering in doors without masks.
2. Drop off and Pick Up:
  - a. We will ask that parents remain in their cars at drop off and pick up. Don't drop your child off on the field if his/her coach is not present. Please remain in your car until your coach arrives.
  - b. At pick up we will ask that you text the designated coach for your team, (we will let you know who that will be). We will not release your child until we have received your text. We ask that you player then go directly to your car. We would like to avoid kids running around on the field and playing after practice and congregating in the parking lot. We are working hard to provide a safe environment on the field please help us continue that safety at the beginning and end of practice.
3. During practice if players would like to wear a mask or gaitor they can, but it will not be required. The helmets will be fitted with clear shields from the top of the grill to the bottom. For any time in practice that helmets are not worn we will maintain a 14' distance during exertion and 6' when just sitting or standing.
4. Coaches will create a space for each player to keep their water bottle and any other gear they require. These spaces will be at least 6' from each player. This is the spot they will begin and end each practice and where they will go for water breaks.
5. Players will be required to bring their own water bottle to each practice.

6. Coaches will provide hand sanitizer and require that players sanitize hands after touching their mouthguard, use the restroom, or touch their faces.
7. Coaches will wear masks anytime they are within 6' of players and will use electronic whistles. Coaches will be responsible for providing a safe environment and may need to make changes to the protocol based on their observations in practice.
8. Coaches will conduct frequent cleaning of communal equipment between use.
9. We recommend long sleeve shirts be worn under pads and that they are removed after practice and that players shower when they get home.

*Questions can be directed to:*

**Matt Dingle**

President  
JV/V Coach  
[dingle25@msn.com](mailto:dingle25@msn.com)

**Kenny Johndro**

VP of Operations  
JV/V Coach  
[kenny@amdrco.com](mailto:kenny@amdrco.com)

**Suzanne Johndro**

VP of Administration  
JV/V Coach  
[suzannejohndro@gmail.com](mailto:suzannejohndro@gmail.com)

**Dan Davis**

MS Coach  
[ddavis36383949@gmail.com](mailto:ddavis36383949@gmail.com)