

THE PATHWAY

When a fork in the road forces your choice of which way to go, **Choose Well!***
 It fixes your values, determines your dreams, who you hang out with, & all else that follows.

Dream It!	Vision	See the achievement of your dream as a current reality in your mind's eye—scholastic dreams, athletic dreams, career dreams.
Get Fit!	Preparation	This involves all areas of life. Imbalance falls short of success. Proper workouts, proper diet, sufficient rest, visualization of races, scholastic success, mental capacity, focus of attention, morals, ethics, wholesome social relationships, fulfilling spiritual relationships.
Don't Quit!	Determination	You cannot achieve your goal if you give up. Use your desire to succeed to push through the difficulties and disappointments to continue to do whatever it takes to achieve your goal.
Be Brave!	Execution	It takes courage to race. Replace DOUBT with THE TRUTH about your preparation and prior successes. Relive them, especially prior to races when visualizing the upcoming race.
Think Smart!	Intelligence	Distinguish TRUTH from ERROR And FACT from THEORY. Learn from others who know more, from your own experiences, and from your mistakes.
Choose Well!*	Wisdom	Choose the right path. Every choice has a consequence. Don't shoot yourself in the foot by listening to bad advice from others.

Race Moto: Always Meddle! – Never Settle! — Do Right! – Show Respect!

Who, what, or which life-style will you follow to get the most out of life? What criteria will guide your choice? Is your choice worthy enough to follow? What is the outcome of the lives of those who made the same choice?

If you have questions contact Coach Bob Price, 949-735-6674