



FUTSAL TRAINING

Date/Times:

WINTER 1: October 19th through December 17th

WINTER 2: December 29th through February 18th

Age Groups	Practices	Pick Up Games	GK Practice
U8-U10 (Born in 2013-2011)	Mondays 6:40pm to 7:55pm Thursdays 5:15-6:30pm	Wednesday 6:40pm to 7:55pm	Saturday 10:10am to 11:10am
U11-U14 (Born in 2010-2007)	Tue/Thu 6:40pm to 7:55pm	Wednesday 8:05pm to 9:20pm	
U15-U19 (Born in 2006-2002)	Tue/Thu 8:05pm to 7:55pm	Mondays 8:05pm to 9:20pm	

Where: OMC SMAP - 5155 55th St NW, Rochester, MN 55901

of Practices: 16

Cost: \$195 + USYF fee