



2021 RESTAURANT PROGRAM

The Restaurant Program

This year, the 2021 Restaurant Program is offering generous discounts to both IRONMAN and IRONMAN 70.3 athletes when you show your wristband. IRONMAN athletes will also be given Meal Vouchers to enjoy their own pre-race and post-race meal at participating local restaurants.

Important information:

- IRONMAN athletes will receive Athlete Meal Vouchers within your race pack at Athlete Check-In.
- It is highly recommended that athletes make reservations. Most restaurants have online booking that you can access by clicking the restaurant websites below.

Terms & Conditions:

- Each Athlete Meal voucher is valued at \$30 and each IRONMAN athlete will receive two vouchers (2x \$30 = \$60). For any purchase above this price, the difference will need to be paid by the athlete at the time of purchase.
- This offer is not redeemable for cash.
- This offer must be used in one transaction. Any unused value will be forfeited.
- This offer will only be valid during the restaurant opening times between Thursday 3 June 2021 and Tuesday 8 June 2021.



Chill at Portofino
 3/41 Williams Esplanade
 Palm Cove
 0439 361 122
www.chillcafepalmcove.com

7 Days
 7am-9pm

With a sublime beachfront position, Chill at Portofino offers diners delicious breakfasts, award winning coffees, smoothies, fresh juices, cocktails, pizzas and pastas, private dining and its a fabulous position for your functions.

We capture the very essence of Far North Queensland. Laid back and family friendly, Chill at Portofino is the place where locals and holiday-makers connect. Relax, let your spirit soar, and enjoy a picture postcard backdrop framed by palms, golden sand, the Coral Sea and distant green hills as soulful, eclectic music delights your senses.

All IRONMAN and IRONMAN 70.3 athletes receive 15% off plus first coffee is free when you show your wristband.



The Cotton Club
 24 Shields Street
 Cairns
 07 4031 6304
www.thecottonclubcairns.com.au

Open Wed, Thur, Sat, Sun
 4pm-3am
 Fri
 11.30am-3am

Enjoy al fresco dining with air-conditioning in our outdoor area overlooking the magnificent fig trees in City Place, or cosy up in an intimate booth alongside the premium cocktail bar. In the evening the juicy steaks are popular and many share plates of salt and pepper calamari or southern fried chicken bites are consumed over drinks, while the salads and gourmet burgers are often the choice at lunch.

All IRONMAN and IRONMAN 70.3 athletes receive 10% off food purchases when you show your wristband



The Courtyard
 91 The Esplanade
 Cairns
 07 4081 4817
www.thecyrd.com.au

Mon-Thur
 12pm-11pm
 Fri-Sun
 11am-12am

The Courtyard is a fun street food styled venue where you can grab tacos or burgers to go along with premium craft beers and cocktails as you watch the athletes go by. The best singalong tunes play from open till late!



Dundee's Waterfront
 3/1 Marlin Parade
 Cairns
 07 4051 0399
www.dundees.com.au

Mon-Sun
 11:30am-2:30pm &
 5pm-Late

Dundee's Restaurant waterfront dining is a locally owned and operated restaurant that has been established since 1986. Located directly on the waterfront beneath Cairns Harbour Lights, right next door to the Reef Fleet Terminal, and centrally located within a minute's walking distance from most hotels. Immerse yourself in the waterfront views and culinary dining experience that is Dundee's. We specialise in Australian Beef, Fresh local Seafood, Pastas and Salads, Australian Bush tucker – which consists of Crocodile, Emu and Kangaroo.

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Dundee's at Cairns Aquarium
5 Florence Street
Cairns City
07 4276 1855
www.dundees.com.au

Wed-Sat
10am-3pm & 5:30pm-10pm
Sun
10am-3pm & 5:30pm-7:30pm

Dundee's at the Cairns Aquarium in the heart of Cairns City. A complete sensory experience, offering a contemporary and innovative dining option for locals and visitors alike. The stylishly restaurant features the largest marine aquarium tank within a restaurant in Australia. Setting the backdrop for a truly unique and memorable dining experience, using the finest seafood and produce in Tropical North Queensland. We also have vegetarian and vegan dishes, perfect for athlete's looking for a healthy dining experience.

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Hemingway's Brewery Cairns Wharf
Wharf Street
Cairns City
07 4099 6663
www.hemingwaysbrewery.com

Open 7 Days
12pm-10pm

Hemingway's Brewery Cairns Wharf is a heritage listed venue located at the Cruise Liner Terminal in Cairns with views across Trinity Inlet. Hemingway's offers freshly brewed award-winning local beer. The venue offers various seating options both indoors with views to the brewery, and outdoors, with waterside views.

Happy Hours Monday to Friday 5pm – 6pm



Hemingway's Brewery Port Douglas
Crystalbrook Superyacht Marina
44 Wharf Street
Port Douglas
07 4099 6663
www.hemingwaysbrewery.com

Open 6 Days
12pm-9pm
Closed Thursdays

Hemingway's Brewery Port Douglas is the first of our Brewpubs, situated on the beautiful Crystalbrook Superyacht Marina in Port Douglas. Hemingway's is unique in Far North Queensland and offers a relaxed vibe where you can enjoy hand crafted award-winning beers suited to the tropical climate and fresh local produce.

Happy Hour Monday to Thursday 5pm – 6pm, Friday 5-7pm



La Pizza
93 The Esplanade
Cairns
www.lapizzatrattoria.com.au

Open for breakfast, lunch, dinner and drinks 7-days a week!

Locally owned and operated for over 25 years, La Pizza Trattoria Cairns is a progressive social spot that puts you in the middle of all the action on the Cairns Esplanade. Awaken your senses, relax with family and friends and taste our Italian fusion fare while enjoying an outdoor dining experience like none other that feels like centre stage. Watch as our chefs make all of our breads and pizza bases from scratch before preparing your customised pizza, pasta or other Italian dish in our open concept kitchen. Don't forget to complete your meal with a scoop of one of our delicious desserts

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Ochre Restaurant
6/1 Marlin Parade
Cairns
07 4051 0100
www.ochrerestaurant.com.au

Open 7 Days
Lunch and Dinner

Sweeping views of the inlet, mountains beyond and the bustle of the reef fleet, create a backdrop fitting for Ochre's exciting Australian cuisine. Ochre's chefs work with the regions best producers to bring you fresh and healthy dishes, including dry aged Tablelands beef, selected seafood and market produce married with the distinctive native flavours that are now the must haves of the worlds best chefs. Dishes include Tempura Gulf Bugs with Green Papaya Salad, Braised Beef Cheek in Bush Tomato Coconut Red Curry, and Wattle Seed Pavlova. The menu has a broad selection in small, medium and large plate sizes to suit all tastes and budgets.

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The Pier Bar
The Pier Shopping Centre
1 Pierpoint Road
Cairns
07 4031 4677
www.thepierbar.com.au

Open Daily from
12pm - 3am

In an enviable location by the water, The Pier Bar is somewhat of an institute in Cairns, known for delicious food and wood fired pizzas and relaxed Sunday sessions.



P.J.O'Brien's Irish Pub
87 Lake Street
Cairns City
07 4031 5333
www.pjobriens.com.au/cairns

Open Daily from
12pm - 3am

PJ O'Briens is located in the heart of the city. Discover the craic with many locals, tourists and travellers that visit to experience the atmosphere of a truly authentic Irish Pub. PJ O'Briens offers something unique; drop in for a quiet pint and you'll end up staying for the craic!



Prawn Star
Marlin Marina E31 Berth
Cairns
0497 007 225
www.prawnstarcairns.com

7 days a week
11am to 9pm

Your best source of Protein and Omega 3 - Fresh & local seafood off the trawler.
Sit on and enjoy the best view in town, on one of our 4 boats, at the picturesque Cairns Marlin Marina. Make sure you try our ice-cold Prawn Star beer.
All IRONMAN and IRONMAN 70.3 athletes who show their wristbands will receive a FREE DRINK together with their meal.



Rattle N Hum
65-67 The Esplanade
Cairns
07 4031 3011
www.rattlenhum.com.au/cairns

7 days a week
12pm to Midnight

A laid back and friendly Aussie pub in the heart of Cairns Esplanade. Enjoy a wood-fired pizza or a hearty steak and salad with a cosy, relaxed feel and family friendly atmosphere. Rattle is a busy bar and grill, the meals are big, delicious and great value for money. Together with vibrant, friendly staff, Rattle n Hum is a great way to spend the night! So whether you're looking for somewhere to have lunch, dinner or just a drink, Rattle n Hum is the place you want to be.



Salt House
6/2 Pier Point Road
Cairns
07 4041 7733
www.salthouse.com.au

7 days a week
Open from 12pm

Perched in a priceless location on the Marina, boasting lengthy mountain, ocean and Trinity inlet views makes it near impossible not to unwind and soak up the beauty of Tropical North Queensland. Fresh, local and seasonal produce served up in our open plan kitchen on our custom built Argentinian wood fired grill creates a unique flavour and a dining experience you won't forget.
All IRONMAN and IRONMAN 70.3 athletes receive 10% off when you show your wristband—not valid with any other offer.



Surf Club Palm Cove
135 Williams Esplanade
Palm Cove
07 4059 1244
www.cairnslifesaving.org.au

Open Daily
11am-10pm
Lunch 11:30am-3pm
Dinner 5pm-8pm

Family friendly bistro dining. Come and enjoy beautiful bistro meals in our tropical, friendly restaurant whilst supporting the work of Surf Life Saving QLD. Choose to sit outside on the deck overlooking the Coral Sea or fully air-conditioned inside dining, bar and gaming. Bookings highly recommended so you don't miss out
Ask out team for our daily and weekly specials



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THE WOOLSHED

The Woolshed
24 Shields Street
Cairns
07 4031 6304
www.thewoolshed.com.au

Open Wed-Sun
4pm-3am

Celebrating 25 years, The Woolshed is Famous Worldwide for its lively atmosphere and great value meals. Recently refurbished, the Cotton Club restaurant is on street level featuring an alfresco area, while the night club is upstairs, with the front opening onto a balcony overlooking the fig trees. Located right in the heart of the City Place, The Woolshed is the heartbeat of the city where people meet to relax, eat and enjoy a drink. We specialise in groups and parties with five distinctly different areas catering for small & large groups.

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