



Coulee Alpine Racing Inc. (CAR)

2021-2022 Season

Program Descriptions

Mission Statement

Coulee Alpine Racing is committed to providing opportunities for young athletes to develop their abilities and instill a lifelong love of skiing and snowboarding in a fun, educational, and supportive team environment.

“D”velopment Ski Program _____ \$425

Our “D” Team Program introduces kids (ages 6 to 14) and their families to ski racing and teaches the fundamentals for successful life-long alpine skiing. A combination of drills and race courses help young skiers refine their skills and discover the joy of skiing and ski racing. As these younger athletes grow in their skiing ability they can aspire to join our more advanced programs and go on to race for their high school team. The D Team meets on Tuesday and Thursday from 4:30-6pm.

- Instruction begins the first week in January and goes through the last week in February.

“KaPow” Snowboard Program-New Instructor! _____ \$425

Our “KaPow” Program introduces kids (ages 8 to 14) and their families to snowboard racing and teaches the fundamentals for successful life-long alpine boarding. A combination of drills and race courses help young boarders refine their skills and discover the joy of snowboarding and snowboard racing. As these younger athletes grow in their abilities they can aspire to join more advanced programs and go on to race for their high school team. KaPow meets on Thursday from 5-7pm and Sunday 3-5pm

- Instruction begins the first week in January and goes through the last week in February.

Training Program _____ \$575

Our Training Program is open to experienced skiers interested in developing their ski racing skills. NOTE: Requires at least one year of D-Team and coach approval. Training focuses on ski racing fundamentals with an emphasis on slalom (SL) and giant slalom (GS) disciplines. The Training Program includes instruction Monday, Wednesday & Thursday from 5:30-7:30pm and Tuesday from 5-7pm. Instruction will run mid-December through the first week in March (if conditions allow). The Training Program does not include coaching at any races.

Training Lite Program _____ \$460

The Training Lite is structured the same as our Training Program, but offers the option for instruction on only 2 nights each week. NOTE: Requires at least one year of D-Team and coach approval. Instruction is on Mondays from 5:30-7:30pm and Wednesdays from 5:30-7:30pm.

High School Bonus Training Program _____ \$300 / \$150

The High School Bonus Training is open to any high school racer who would like to gain additional training throughout the season. There are two options offered:

- Training with CAR on Monday & Wednesday from 6:30-7:30pm, Tuesday from 6:30-7pm and Thursday from 5:30-7:30pm - **\$300**
- Training with CAR on Thursdays only 5:30 -7:30pm - **\$150**

Traveling Program _____ \$1,350

Our Traveling Program is open to experienced racers interested in ski racing competitively at US Ski and Snowboard (USS&S) sanctioned events. The Traveling Program includes instruction Monday, Wednesday & Thursday from 5:30-7:30pm and Tuesday from 5-7pm. Instruction will run mid-December through the first week in March (if conditions allow). Coaching for the following USS&S sanctioned ski races is included* - *PLUS* racers (U14 and under) will automatically be entered into The Pinski/Benjamin Cup (a \$100 value).

**see race schedule on our website for details*

Hybrid Traveling Program _____ \$990

Our Hybrid Traveling Program is an option for experienced skiers who are interested in ski racing at some of the regions USS&S sanctioned events. Athletes and their families choose *three* races from our Traveling Program schedule they wish to attend. Coaching for the three USS&S races is included. If an athlete chooses to participate in additional USS&S races a \$100 coaching fee per weekend of racing will apply. - *PLUS* racers (U14 and under) will automatically be entered into The Pinski/Benjamin Cup (a \$100 value).

- Weekly instruction is the same as our Traveling and Training Programs.
- Coaches will be happy to answer questions about the different race venues before you choose.
- Please Note: A current USS&S license is required to participate. Parents are responsible for registering and paying additional race & camp entrance fees.

NOTE: *Registration for all programs completed online via Sports Engine*



Additional Ski Racing Opportunities



Athletes on the Coulee Alpine Racing Team are encouraged to put their skills to the test by competing in these exciting events:

The Pinski/Benjamin Cup _____ **\$100 (coaching support fee)**

This is a traditional annual tournament providing racers of all levels (U14 or under) a super fun competition that goes throughout the season. At seasons end, we get together for a celebration with medals awarded to the top racers in each *age* and *gender* category and the Pinski Cup Trophy awarded to the very top male and female racer, which is then passed on year after year. Racers participate in a compilation of races throughout the season – coaching support is provided for:

- Three NASTAR races, Mt. La Crosse: Dates TBD
- Three Sunday Slaloms, Mt La Crosse: Dates TBD
- Mt. La Crosse Championship, Mt. La Crosse: Dates TBD
- Spring Fling, Mt. La Crosse: March 5th and 6th

-Separate race entry fees apply – Payable to Mt. La Crosse. They offer a combo race pass for the Nastar, Sunday Slalom, and Mt. La Crosse Championship – for \$50- a great value!

-Dates will be available closer to the start of our season

-Athletes are NOT required to participate in all races to compete in The Pinski/Benjamin Cup.

-A USS&S license is NOT required to participate.

NOTE: *Sign up required on Sports Engine - separate from program dues*

“Spring Fling” fundraiser _____

Held at Mt. La Crosse, this is a family-oriented event and an encouraging race for *all* athletes. It also serves as an important fundraiser for our Coulee Alpine Racing team. -Parent involvement and volunteering is encouraged and much appreciated. It is typically held over the last weekend in February or first weekend in March. (4 races over two days).

NOTE: *Race entry fee of \$60 is required. Registration open on Sports Engine in early February*

The Brule Central Finale _____

This is another fun event that will be held this year at Brule Mountain in the upper peninsula Michigan. It provides a great opportunity for teammates and their families to get together and celebrate our accomplishments at seasons end. It is typically held over a weekend in mid-March.

NOTE: *This race is only open to racers U14 and under. Race entry fee is required.*