

Saskatchewan High Schools Athletic Association



E-NEWSLETTER
February 2025

ACTIVITY INFORMATION:

Provincial Playoff information for 2025 [Curling](#), [Wrestling](#), [Basketball](#), [Badminton](#), and [Track & Field](#) has been updated on each of the corresponding activity pages on the website. Further updates will be made to the website as information is made available by hosts.

REGIONAL & PROVINCIAL CURLING PRESENTED BY:



Regional Curling will be held February 28 & March 1, 2025.

Provincial Curling will be March 7 & 8, 2025. Provincial host sites are Wynyard (Boys), Wawota (Girls), Unity (Open Mixed), and Prince Albert (Open Doubles).

REGIONAL & PROVINCIAL WRESTLING:

Regional Wrestling will be held March 1, 2025 at Carrot River Valley School.

Provincial Wrestling will be March 7 & 8, 2025 at the University of Regina.

CONFERENCE & REGIONAL BASKETBALL:

Conference Basketball will be held March 7 & 8, 2025.

Regional Basketball will be held March 14 & 15, 2025.

HOOPLA 2025:

HOOPLA will be held March 20-22, 2025 in Saskatoon.



#1-575 Park Street
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www.shsaa.ca



SPRING 2024-2025 START DATES & PROVINCIAL CHAMPIONSHIPS:

Sport	Start Date	Provincial Championship Date
Badminton	February 3, 2025	May 10, 2025
Track and Field	March 24, 2025	June 6-7, 2025

WITHDRAWAL DATE:

Basketball Withdrawal Date is February 12, 2025. If your team has to withdraw from playoffs (conference/regional), you need to contact our office to avoid a late withdrawal fine.

END OF YEAR HUDL WEBINAR:

Join Clark, February 25, 2025 at 7:00pm, as he discusses all things Hudl for schools in preparation for the '25-'26 school year. He will dive into video capture solutions, live-streaming, and analytics tools that help elevate programs. Clark will also dive into Hudl's new portable Focus Flex camera set to release later this spring, along with some exciting end of year promotions going on. Please click [here](#) to register.

SHSAA MESSAGE BOARD:

Schools and coaches have access to the [SHSAA Message Board](#) to find tournaments, post tournament invites, and keep up-to-date with tournament results.

If you are interested in creating an account contact shsaa@shsaa.ca

DUE DATE:

Basketball Seeding Forms are due two weeks prior to the teams first playoff game (February 26 OR March 5). SHSAA will seed all conference and regional tournaments based on submitted results. The form can be found in the SHSAA Handbook or downloaded from our website: [Forms and Due Dates](#).

WISC 2025:

The SHSAA Women in Sport Conference will be held June 13 & 14, 2025 in Saskatoon at the U of S. Stay tuned for more details in April 2025!



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2025

NATIONAL ATHLETIC DIRECTORS

CONFERENCE

CALGARY, AB

CANADA'S PREMIERE PROFESSIONAL
DEVELOPMENT EVENT FOR ATHLETIC DIRECTORS.
FEATURING LTPS COURSES, WORKSHOPS, KEYNOTE
SPEAKERS, AWARD BANQUET & MORE . . .

HOTEL ARTS DOWNTOWN CALGARY

\$169/NIGHT + TAX - BOOK TODAY



Early Bird \$399

Register by March 1!

APRIL 10-12, 2025

CIAAA:

Please visit the [CIAAA](https://ciaaa.ca) website. Caleigh Wojcicki is the Executive Director of the CIAAA. Caleigh can be reached at caleigh@ciaaa.ca.

A reminder that each school is provided with [one FREE membership in CIAAA](#) that is intended for the school athletic director. One of the many benefits of membership includes access to an on-line resource bank loaded with materials that will assist you in your role as an athletic director.

The [National Conference](#) for the 2024-25 school year will be held in Calgary, AB from April 10-12, 2025. Early Bird Registration Deadline is March 1st!

Sask**milk**

BHP

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SASK LOTTERIES

SaskTel 

At the center of every athlete experience is a coach.

COACHING MATTERS.

THE RESEARCH PARTNERSHIP THAT HELPS YOU **TELL YOUR STORY**

IN PARTNERSHIP WITH:



WHAT IS THE COACHING EFFECT?

Our athletes share countless stories about the impact highly effective coaches had on their lives; *The Coaching Effect* takes it one step further. By measuring the coaching behaviors that lead to the best experience possible for the athletes we work with.

WE MEASURE your impact across six behavioral themes

WE ANALYZE data from your athletes and their relevant outcomes.

WE COMMUNICATE FINDINGS to share your story with sport leaders and policy makers.

THE THEMES:

CONNECTION – Building Trust-Based Relationships

PSYCHOLOGICAL SAFETY – Creating Safe Spaces

STRUCTURE – Establishing Consistency

COMMUNICATION – Effective Information Sharing

CHALLENGE – Fostering Growth Opportunities

SKILL DEVELOPMENT – Advancing Athlete Competence

SCAN HERE TO LEARN MORE



WHAT YOU DO MATTERS.

80%

Of student-athletes feel that their coach cares about them as a person.

77%

Of student-athletes have fun playing the sport because of their coach.

84%

Of student-athletes agree their coach helps them learn from mistakes.

QUESTIONS, OR WANT TO PARTICIPATE? REACH OUT TO US VIA THE QR CODE OR CONTACT LKELBA@COACHINGEFFECT.CA

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