

# FEBRUARY 6-7-8, 2026

RISE SPORTS COMPLEX, 419 TWINS WAY, ADVANCE, NC

44th Annual Junior High State Wrestling Championships

25th Annual Elementary State Wrestling Championships

10th Annual NCUSA Girls's Wrestling Championships

8th Annual Women's Invitational Championships

**1st EVENT in the 2026 NC Top 50 SERIES & Triple Crown**



**TEAM NC &  
NC USA WRESTLING  
PRESENT....**



**Online Pre-registration at** [www.ncwrestling.org/folkstylestates](http://www.ncwrestling.org/folkstylestates)

**Registration Deadline:** Thursday, February 5th 10pm

- Open to NC wrestlers only
- Wrestlers MUST Pre-register to compete
- Registration limited to 1600 participants!
- **Event Director:** Ed Duncan 424-262-8729
- **Event Coordinator:** Cheryl Baynard 828-702-1969
- **E-mail:** [TeamNCpairing@gmail.com](mailto:TeamNCpairing@gmail.com)
- **See Website for Late Registration Deadlines**

## EVENT SCHEDULE

### Friday, February 6th

- **6pm-8pm**– Jr. High Weigh-Ins @ Rise Complex

### PLEASE READ CAREFULLY

- All 6<sup>th</sup>-7<sup>th</sup> and 8<sup>th</sup> athletes & 9<sup>th</sup> grade boys PLUS HS GIRLS must weigh in on Friday
- Wrestlers must weigh-in wearing a singlet or pair of shorts & shirt.

Wrestlers who fail to make **the weight they are registered** for will a) be scratched from the tournament OR b) pay a \$20 re-bracketing fee.

EVENT SCHEDULE (cont.)

### , Saturday, February 7th

- **8:00am** Doors Open. Mats open for warm up for Jr. High & HS WOMEN'S Divisions (NO "DAY-OF" WEIGH-INS for Jr. High OR HS WOMEN'S Divisions)
- **9:30am** 6<sup>th</sup>-7<sup>th</sup>-8<sup>th</sup> Boys/Girls PLUS 9<sup>th</sup> Grade Boys & HS GIRLS Wrestling Begins
- **5:00PM-6:00 PM**- Elementary Early Weigh-Ins

### Sunday, February 8th

- **8:00am** Doors Open.
- Elementary Boys Weigh-ins (Until 9am)
- **9:00am** Mats open for warm up
- **9:45am** - Morning Devotion led by FCA
- **10:00am** - Elementary Boys/Girls Wrestling Begins

Individual Awards Presentations will take place following the conclusion of the championship match in that weight class.

### Elementary Grades & Girl's Championships

- Weight Classes and pairings will be based on the ages and weights of entrants.
- USA divisions/weights will be used whenever possible.
- Team NC reserves the right to combine weight classes as needed .

### 6th, 7th, 8th Grade Boys & Girls Championships

78 85 92 100 108 115 122 128 134 140 146  
152 159 167 177 192 217 252 252+

### 9th- 12th Grade Women's Championships

102 109 116 122 128 134 140 147 154 167  
187 237 237+

### 9th Grade Championships

108 115 122 128 134 140 146 152 159 167  
177 192 217 252 252+

## Housing Information

**When booking reservations be sure to ask for the TEAM NC Wrestling Tournament Rate. We strongly encourage you to use one of these preferred hotels.**

Courtyard by Marriott- WS Hanes Mall  
1600 Westbrook Plaza Dr.  
Winston-Salem 27103  
336-760-5777 - 9.7 miles

### HOST HOTEL

Clemmons Village Inn 6205 Ramada Dr.  
Clemmons, NC 27012  
336-766-9121 3.9 miles

Hampton Inn Bermuda Run, NC  
[+1 336-998-3480](tel:+13369983480)

# TEAM NC Elementary, Jr. High, Girls/Women's State Championships (cont.)

## Competitor Information

### Entry Fees

- \$45 with a current, valid USA Wrestling membership
- \$55 for non-members
- Late registration: \$55 for members, \$65 for non-members

Payment for individual registrations must be completed online at the time of registration.

## Team Payments

Teams wishing to pay by school check must contact the Event Coordinator at the time of registration. Online payment is strongly preferred; however, school checks are available by prior arrangement.

## Team Discount

- \$5 discount per entry for teams or clubs registering 10 or more wrestlers
- All discounted entries must be submitted on the same registration

## Coaches and Spectator Information

### Coaches Wristbands / Floor Pass

- **Free** for USA Wrestling Leaders
- *Must show valid USA Leaders Membership at check-in*
- A **valid** USA Leaders Membership is required to coach at this event
- Memberships must be completed in advance and can be obtained at [www.usawmembership.com](http://www.usawmembership.com)

## Spectator Admission

- \$15 general admission
- \$10 for students
- Children under 5 admitted free



## Parking

- \$7 per vehicle

## Facility Policies

- No outside food or coolers permitted
- Bags will be searched prior to entry into the arena
- Full concessions will be available on site

## Membership Requirement

All current USA memberships, including Limited memberships, are accepted. *Membership must be current for 2025-26 season.*

## Elementary Division Information

- Team competition is based on USA Wrestling clubs, not schools
- All wrestlers used for team scoring must be registered under the correct club name.
- Clubs must be chartered for the 2025–2026 season to be eligible for team championships
- Team charters can be completed online at [www.usawmembership.com](http://www.usawmembership.com)

**Awards will be presented to the top two Elementary Division teams at the conclusion of the event.**

## Competition Format

- Grades Pre-K through 5th grade
- Folkstyle wrestling
- Entrants grouped by grade and weight
- USA Wrestling time periods will be used
- Folkstyle memberships (\$20) are valid for this event
- Memberships are valid through August 31, 2026
- Memberships may be purchased at [www.usawmembership.com](http://www.usawmembership.com)

## Eligibility Rules

- Wrestlers must compete in their actual grade
- No wrestling up in age or weight
- Wrestlers may not compete in more than one grade or weight class. Duplicate entries will be disqualified!
- No wrestler may compete in the Jr. High Divisions more than once in their career (ex. one year in each grade level- NO reclassifying athletes allowed in the same grade level)

## Jr. High Division Information

- Team competition is based on schools
- All wrestlers used for team scoring must be registered under the correct school name and approved prior to competition

## Bout Format

- Championship bracket: 2-1-1
- Consolation bracket: 1-1-1

## Team Affiliation Rules

- A wrestler's team is the school for which they competed during the regular season
- Schools combining athletes for team scoring without prior approval will be disqualified from team competition
- Athletes not affiliated with a school team during the regular season may not affiliate with a school team for team scoring purposes

**Awards will be presented to the top two Jr. High Division teams at the conclusion of the tournament**

## Additional Tournament Information

- Maximum of two coaches permitted in a corner, wristbands required
- Folkstyle mat rules
- Double-elimination format
- No rematches
- Headgear required
- Singlets or two-piece uniforms are suggested but not required
- USA PIN rankings will be considered during bracketing
- Wrestlers from the same school or area will be separated when possible

**Bout Sheet Responsibility** - The winning wrestler and their coach are responsible for reviewing and signing the bout sheet before leaving the mat area.

**Qualification Opportunities** - Wrestlers participating in this event are eligible for the following:

## NC Schoolboy Dual Team

- Birth years 2012–2013
- Top three wrestlers of schoolboy age in each weight class qualify for **eligibility** on the NC Schoolboy Dual Team

## USA National Folkstyle Championships

- Any wrestler participating in the NC State Championships is eligible to compete in USA Folkstyle Nationals

## NC Top 50 Series

- This event is the first event in the 2026 NC Top 50 Series
- Top 50 point earners will receive custom Top 50 T-shirts and recognition
- This event is also the first leg of the NC Triple Crown Award