



MN BOYS HIGH SCHOOL VOLLEYBALL LEAGUE RULES & GUIDELINES

2018 SEASON GOALS:

HAVE FUN!!!! GROW THE GAME!!!! KEEP THINGS SIMPLE!!!! BE PATIENT!!!!

- A. **NORTH COUNTRY REGION (NCR):** NCR will provide insurance and registration to EACH 2018 player, coach, and parent chaperone free of charge.
- Each SCHOOL will be responsible to register ALL players and coaches with NCR prior to competitive play.
 - Each COACH will be required to obtain a background check with good standing from NCR.
 - Each COACH will need to complete the NCR “Safe Sport” 90 Minute Online Module before your team can participate in a competition dates.
 - ALL PLAYERS will need to participate in an Officiating Clinic **1 OF THE 2** dates offered.
- B. **SCHEDULE:** Each TEAM will be scheduled to play UP TO 11 competition dates. Competitions will be played on Mondays in April and May, and Wednesdays in May to the best of League’s ability. Other days/dates may be available to accommodate conflicts, but are not guaranteed.
- **COMPETITION DATES:** A “Triangular” schedule will be played by EACH team on EACH competition date as often as possible. Each team will play 2 Matches and assist with officiating for 1 Match. In the case where there are not enough courts/like teams to play a triangular, alternative schedules will be used. This will be described on the daily schedule instructions and may include 3 out of 5 set competition as well as alternative officiating situations, etc.
 - **CONFERENCE PLAY:** Each SCHOOL will play EACH CONFERENCE SCHOOL at least once. Some schools may play conference schools more than once due to site availability, etc. Conference Champions will be determined by the win-loss record of ONLY the FIRST/EARLIEST of multiple competition dates.
 - **NON-CONFERENCE PLAY:** Non-Conference competition match ups will take into consideration proximity, type of teams, transportation and host availability.
 - **LAST MINUTE SCHEDULE ADJUSTMENTS** - Game Day Schedules, Gyms/Facility, Locations, and Start Time adjustments may occur due to inclement weather and spring sport cancellations/ rescheduling and indoor practice needs. **FLEXIBILITY WILL BE CRITICAL!** Real-time adjustments will be communicated as quickly as possible via Team Snap.



C. **HOST SITE MANAGEMENT REQUIREMENTS:** Each school will determine the best way to handle site management on host dates. If additional fees are incurred, the hosting school will incorporate this into their budget and player fees.

At a MINIMUM, the Host Site will provide the following:

- **IDENTIFY SITE MANAGER** – THIS COULD BE A PARENT VOLUNTEER, TEACHER OR ADMINISTRATOR. COACHES WILL NOT BE AVAILABLE TO ACT AS THE ONSITE MANAGER AS THEY WILL BE COACHING OR OFFICIATING AT ALL TIMES.
- **10 BALLS AND 1 CART PER COURT** OR INFORM OPPOSING COACHES TO BRING THEIR OWN BALLS AND CART IN ADVANCE.
- **SCORE TABLES AT EACH COURT WITH:**
 - A. **VISUAL SCOREBOARD (FLIP SCORE IS FINE)**
 - B. **PRINTED LINE-UP SHEETS, LIBERO TRACKING SHEETS, SCORE SHEETS** as per your assigned court schedules
 - C. **TIMER & PENS/PENCILS**
 - D. **PRINT AND TAPE GAME DAY INSTRUCTIONS AND SCHEDULE TO EACH COURT'S SCORE TABLE**
- ACCESS TO **ICE AND BASIC FIRST AID**, IF NEEDED.
- **IDENTIFY BATHROOMS** OR LOCATION WHERE PLAYERS CAN CHANGE.
- **NO ADMISSION FEES** FOR ANY REGULAR COMPETITION DATES. SCHOOLS MAY CHOOSE TO SOLICIT "DONATION-ONLY" BOYS VOLLEYBALL TEAM SUPPORT AT THE HOST SITE.
- **REPORT** GAME AND SET SCORES TO JENNY KILKELLY **WITHIN 24 HOURS** AFTER THE MATCH. EMAIL OR TEXT PHOTOS/SCANNED IMAGES OF THE SCORESHEETS OR TYPE DETAILED SCORE INFO TO JENNY@GONYEALAND.COM OR 612-759-5222.

Team Rosters will be posted and accessible to all spectators, coaches, players, etc., online at www.mnboyshighschoolvolleyball.com. NO paper programs will be provided unless a school chooses to do so at their own cost.

D. **OFFICIATING:** Limited knowledge of volleyball and official's hand signals is expected with this Inaugural Boys High School Volleyball Season. In an effort to provide good instruction, sport knowledge advancement and League credibility, the MN Boys HSVB Association will provide one paid referee for each court.

- Referees, coaches, parents, and players are EXPECTED TO BE PATIENT and assist with teaching the rules of volleyball.
- North Country Region will assign officials at their discretion.
- There will be only ONE paid official, serving as the "UP" Referee, and taking on umpire duties and calls, as necessary.



- The “OFF” team will assist with officiating with 4 players that will line judge, operate the score board, and manage the libero/line-up/substitution tracking, and a volleyball-trained player, adult, or coach to be the umpire/“Down” official.
- The referee and umpire are expected to be patient and explain calls in depth to both teams for the first 3 weeks of competitive play. No yellow cards will be used for delays of game during this time.
- A Triangular Schedule will be played – A, B, C Schedules - Each team plays 2 Matches and officiates 1 Match unless an alternative schedule is designed for that court.
- NO PLAYERS ALLOWED ON CELL PHONES WHILE OFFICIATING.
- NO EXTRA, NON-TEAM PLAYERS SITTING AT SCORE TABLE.

E. **RULES:** The MSHSL rules will be the basis for competitive play. In attempt to increase the number and length of rallies, excite, and improve overall technique long term, the MN Boys HSVB Association determined the following exceptions will apply to the 2018 Boys High School Club Season.

THE FOLLOWING RULE EXCEPTIONS WILL APPLY:

1. ALL levels will play at regulation Men’s Height Net at 7' 11 5/8"
2. No pre-game rostering requirements
3. 10 Minute Warm Up Time (5 On, 5 Off)
4. No limitations on the number of sets played by any player on any given one competition date.
5. The NCR modified score sheet and libero/line-up/substitution tracking forms used in place of an official scorebook
6. VERY LENIENT calling of 2nd contact/setting/ball handling, “double-contact” calls (does not apply to calls made for “lifting” the ball)
7. VERY STRICT calling of net and centerline violations
8. Matches will be best 2 out of 3 to 25 pts, 3rd set played to 15 pts, Win by 2 points – No Cap
9. Switch sides at “8” points in the 3rd set
10. JV teams may play with as few as 5 players but must adhere to a side-out penalty when it comes to the 6th rotation to serve unless both teams agree not to use this rule

F. **TEAMS SPECIFICATIONS:** The following guidelines will apply to each school and team to provide consistency throughout the League.

- Each school will have at least one Varsity AND/OR Junior Varsity Team, but NO MORE than 2 Varsity AND/OR Junior Varsity Teams.
- Teams will generally consist of 9th – 12th Grade Boys, but schools may choose to include 7-8th to have enough teams to compete



- There is a MINIMUM of 6 rostered players per team. No maximum limit.
- A MINIMUM of 6 players will be required for ANY Varsity competition. Schools must move up players from JV teams to fill all 6 Varsity spots on any given night. JV teams may play with as few as 5 players but must adhere to siding out when it comes to the 6th rotation to serve unless both coaches agree to eliminating the use of this rule.
- If less than 5 players, a team will be required to forfeit, but allowed to offer opposing team players to join their team to scrimmage if both coaches agree to do so.
- Uniforms will have a number on front – 4” Minimum and back – 6” Minimum as well as contrasting Libero jersey color (Black & Navy are not contrasting colors)
- Kneepads & Volleyball Shoes optional, Athletic Shoes Required
- EACH school will determine their own Lettering Requirements as per its affiliated school policies.

G. **COMPETITION DATES:** The following guidelines will apply to each school and team on competition dates:

- Triangular Play– A, B, C Schedules - Each team plays 2 Matches, Officiates 1 Match unless designated for an alternative schedule for that particular court.
- JV and Varsity teams from the same school will NOT play the same schedule on competition nights. This will allow for coaches to coach more than one team and movement of players to fill Varsity requirements, if needed.
- Matches will begin at approximately 6:30, 7:30, & 8:30pm
- 10 Minute Warm Up Time (5 On, 5 Off)
- SITE MANAGERS OR COACHES will have the OPTION to announce Varsity Team Players during the 5 minute “OFF” warm up time of Match 1 and 2. This will take place on the sideline of your team bench.
- ANY Ball that both teams agree is suitable for competition will be used as the official game ball
- Play best 2 out of 3 to 25 pts, 3rd set played to 15 pts, Win by 2 points – No Cap
- Switch sides at “8” points in the 3rd set

H. **TOURNAMENTS:** (OPTIONAL) ADDITIONAL FEE TO PARTICIPATE – DEADLINES TBD

- **MID-SEASON JAMBOREE:** OPTIONAL 2 DAY (TBD) Tournament first weekend of May - JV & Varsity - LIMITED to 8- JV teams and 16- Varsity teams. First Come, First Served
- **STATE TOURNAMENT:** A YEAREND playoff tournament and/or event will take place. The format is yet to be determined.

(LEAGUE GUIDELINES AND RULES WERE DEVELOPED BY THE MN BOYS HSVB ASSOCIATION BOARD)