



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SEPTEMBER 2019 NEWSLETTER

SHSAA EXECUTIVE 2019 - 2020

PRESIDENT:

Jeff Kitts, Moose Jaw

EXECUTIVE COUNCIL:

Val Gordon, Eastend
Al Wandler, Assiniboia
Ryan Fowler, Weyburn
Nathan Noble, Meath Park
Darren Nordell, Edam
David Earl, Saskatoon
Kelly Adams, Regina
Angela Mallory, Regina
Graham Comfort, Nipawin
Cathy Morrow, Outlook
Vicki Moore, Sun West SD

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SHSAA MISSION STATEMENT

"The purpose of the SHSAA is to foster educational opportunities for all students through interschool sport."

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Executive Director's Report

Welcome back to everyone as preparations begin to kick-off another year of educational athletics. The office staff look forward to meeting you and communicating with you throughout the year. Dave Sandomirsky, along with myself, continue in the role of administering school sport in Saskatchewan. Jessica Blair and Stefanie Lewis are your day-to-day contacts at the office and will be able to assist you directly with your inquiry or forward you to either Dave or myself. Office hours for SHSAA are 8:00am – 4:30pm. Your inquiries, whether they be a phone call or email, are important and we will attempt to deal with each need as quickly as our schedules allow.

We want to begin the year by welcoming those of you new to SHSAA as well as acknowledging the many of you who have volunteered countless hours over the years providing students a positive experience during their involvement in SHSAA activities. Our office and Executive Council will continue to espouse the benefits of a school sport system designed to develop citizenship skills in our students through competitive athletic experiences. Those benefits are not limited to the student-athletes who participate; there are significant benefits for coaches and athletic directors that provide that school sport learning environment outside the traditional classroom setting.

Sponsorship continues to be critical for successfully meeting the goals of the Association. Funding from major sponsors allows SHSAA to keep participation fees at minimum levels. Please find time to say thank you to representatives from our major sponsors: Saskatchewan Milk Marketing Board, Sask Tel, University of Saskatchewan, and University of Regina. There are many other event and program sponsors that assist SHSAA throughout the year, these include: Sport Logo, Jostens, Centaur, Just Volleyball, Skyline Athletics, Yonex, and EntripyShops. All sponsors and links to their websites are available at <https://www.shsaa.ca/page/show/811927-sponsors>.

Although not a corporate sponsor, Sask Sport, is a major funder of SHSAA. Sask Sport Inc. is licensed to operate Saskatchewan Lotteries, and through an agreement with the Government of Saskatchewan, proceeds from Saskatchewan Lotteries are dedicated to sport, culture and recreation organizations to benefit communities throughout the province.

There will be some significant changes to the SHSAA Executive Council for the 2019-2020 school year. Jeff Kitts (Moose Jaw Riverview) takes over as President following in the footsteps of Val Gordon who after four years as Association President will now serve one year as Past-President. Cathy Morrow (Outlook) replaces Donna Banks as the Saskatchewan School Boards Association representative. Vicki Moore (Sun West SD) will take over from Shelley Sargent as the LEADS representative to the Executive Council. Two other changes include Angela Mallory (Regina Thom) replacing Shannon Stephenson as the Women's Representative and Kirby Frey's position as Saskatoon Representative is being assumed by David Earl. Continuing on the Executive Council are Al Wandler (Assiniboia), Ryan Fowler (Weyburn), Nathan Noble (Meath Park), Darren Nordell (Edam), Kelly Adams (Regina), and Graham Comfort (Nipawin). A huge thank you to those who served on the Executive Council this past year and a special acknowledgement of Val Gordon for her leadership these past four years.

The SHSAA AGM reinforced the recent strategic plan that has been undertaken by the Executive Council and further work will be done in the upcoming year to refresh the Constitution, Bylaws, and Policies of the Association. Further AGM highlights appear later in the newsletter.

Be sure to check out the article section of the newsletter for excerpts from a paper published by Dr. Martin Camiré. Dr. Camiré has been researching and working in the school sport area for a number of years. His work has produced many papers on the impact of school sport including a valuable coaching tool "Coaching Life Skills" available at <https://www.schoolcoach.ca/>. A new initiative for Dr. Camiré will include studying the impact of school sport on students before and after graduation during a longitudinal student-athlete mental health project. Look for more information to be available in the fall as to how individual students have an opportunity to be involved in this study.

Once again, I look forward, with excitement, to working with all of you to serve the students of our province. The opportunity to attend district meetings, presentations, and championships is truly a rewarding aspect of administering school sport in our province.



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AGM Recap

The North West District hosted the SHSAA AGM in North Battleford from June 19-21, 2019. District President, Jay Elder, and the many volunteers that comprised the host committee did a terrific job in planning events and keeping delegates entertained throughout the three days. The event was a great way to review the year and celebrate many individuals that have contributed so significantly to the school sport community.

Thursday morning saw the last presidential address by Val Gordon as she completed four years as SHSAA President. Following Val's address and meeting introductions, there were two key presentations:

- 1) Shelley Coolidge, a former Lashburn resident, representing Coaches Association of Canada, provided insight to the Responsible Coaching Movement and Safe Sport initiatives. The presentation was a great reminder of the importance of coaches in delivering safe sport opportunities to our youth. It was also reaffirming to hear that the initiatives of Sask Sport and SHSAA (Respect in Sport, Concussion Awareness, etc.) have shown leadership in creating a safe sport environment for student-athletes.
- 2) Eugene Arcand, a Saskatchewan sporting icon and member of the Indian Residential School Survivor Committee, took the delegates through a personal look at the historical impact of residential schools. The presentation was hard hitting and forthright, but also provided an opportunity for Eugene to speak of the impact that sport can play as we all move down the path of Truth and Reconciliation. It was certainly a very timely and moving presentation.

Thursday lunch gave all of us a chance to acknowledge our retiring Executive members (Val Gordon, Donna Banks, Shelley Sargent, Shannon Stephenson, and Kirby Frey) as well as hear an update from Drew Hanson and the CIAAA. The afternoon's 10 sport specific meetings once again provided great discussion that will allow the Executive Council to look ahead at future planning for the Association's activities.

All documents from the AGM (presentations, resolution results, activity report with calendars, financial statements, etc.) can be accessed at <http://www.shsaa.ca/page/show/1010523-agm-info-and-resolutions>.

A quick review of resolution results is as follows:

- SHSAA approval for the use of grade 8 students now includes slightly larger schools than in the past.
- All activities other than football will be classified based on the September 30th enrolment submissions of the current school year.
- Schools can apply to the Executive Council if enrolment changes cause the school to move out of the classification that they were scheduled to host a provincial championship.
- Tournament entry fees for individual events has increased to \$25.
- Increases in district dues and team fees were approved for 2020-2021.
- Naming of hosts for district rotation assigned championships will now occur at the December Presidents' meeting in the year preceding the championship.
- Committees will be struck to:
 - i. Look at the addition and deletion of activities to the championship calendar.
 - ii. Develop protocol around the use of school team names, logos, and mascots that reference Indigenous cultures.
 - iii. Look at an open curling championship to replace the current mixed championship.
- Soccer
 - i. The SHSAA office will be working on developing a 4 team provincial championship playoff format for the 3A and 4A classifications that will come into effect 2020-2021.
- Football
 - i. There will be only one classification for 9-man football effective 2020-2021.
 - ii. 6-man football conferences will be realigned for 2020-2021.
 - iii. The close line play rules as outlined in the Football Canada Amateur Rule Book will be adopted by SHSAA.
 - iv. The Mercy Rule will be adopted with the caveat that permission must be gained by the head coach of the team that is behind.



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- Volleyball
 - i. Piercings may be covered with tape.
 - ii. Maximum of 4 non-player personnel allowed on the bench.
 - iii. New format for 5A provincial championships.
- Curling
 - i. Mixed teams may finish a competition with three competitors.
 - ii. A draw to the button will determine last rock advantage at regional and provincial competitions.
- Wrestling
 - i. Start time of provincial championship was clarified in relation to opening ceremonies.
 - ii. A fill policy has been developed for maximizing entries at the provincial championship.
- Basketball
 - i. Maximum of 4 non-player personnel allowed on the bench.
 - ii. Less stringent undergarment rules.
 - iii. Game time adjustments for regional games.

Open Bids

At each AGM, championship hosts for the upcoming year, and following year, are determined by district rotation and open bids. The championships for 2019-2020 have been confirmed as posted on the SHSAA website (<https://www.shsaa.ca/page/show/1004061-championship-host-site-projection>). Below are championships that are OPEN for bid in the 2020-2021 school year:

<u>2020 - 2021 **Bids for all championships due by November 25, 2019</u>	
Cross Country	3A (7v7) Boys Soccer
4A Girls Soccer	5A Boys Soccer
1A Boys Volleyball	2A Boys Volleyball
4A Boys Volleyball	5A Boys Volleyball

A few districts were unable to name their championship host sites for the 2020-2021 activities that are assigned by district rotation. Districts will be asked to declare a host no later than the Presidents' meeting in December, after which time all championships in 2020 - 2021 without a host site will be declared OPEN. A list of these OPEN championships and the deadline for bids to host will be published in the January newsletter.

Awards

The AGM was also a time to recognize individuals for their contributions to high school sport and the SHSAA.

The Merit Award was bestowed upon two very deserving individuals:

**Brian Grest, Horizon Central
Jay Elder, North West**

The following individuals were recognized with an SHSAA Service Award from their district:

Greg Knot	Battle West	Doug Gheysen	Qu' Appelle Valley
Scott Cory	Central Valley	Wade Bartlett	Regina
Dan Alspach	East Central	Brad Smith	Saskatoon
Terry Gaudet	Horizon Central	Michel Forest	South Central
Adam Svenkeson	North Central	Jeff Cameron	South East
Terry Andrusiak	North East	Rob Englot	South West
Brad Freyman	North West	Will Johnson	West Central



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Districts are also asked to name recipients of the SHSAA Outstanding Coach & Official Awards. These individuals are recognized at the Presidents' Luncheon and then at a later time by each district during a district or school function. Congratulations to the following individuals:

2019 SHSAA Outstanding Coach & Official Awards

DISTRICT	MALE COACH		FEMALE COACH		OFFICIAL	
Battle West	Ryan Nickell	Maymont	Kirstin Buswell	Spiritwood	Jill Barnstable	Hafford
Central Valley	Michael Neufeld	Langham	Deane Martin-Gray	Aberdeen	Kevin Cumming	Aberdeen
East Central	Curtis Baillie	Canora	Rachel Sterzuk	Sacred Heart	Luke Quiring	Yorkton
Horizon Central	Ryan Trumbley	St. Brieux	Karla Gardiner	Humboldt	Dennis Corcoran	Humboldt
North Central	Darren Rask	Birch Hills	Kim Kuperis	Birch Hills	Mike St. Amand	Prince Albert
North East	Riley Hobbins	Porcupine Plain	Morag Wagner	Star City	Terry Andrusiak	Tisdale
North West	Trent Marsh	Meadow Lake	Ruby Fehr	Maidstone	Jay Elder	Lashburn
Qu' Appelle	Luke Dunville	Lumsden	Janelle Gheyssen	Indian Head	Daryl Sametz	Regina
Regina	Derek Pilon	Riffel	Julie Schmidt	O'Neill	Glen Hoffman	Regina
Saskatoon	Bill Mantyka	Evan Hardy	Amy Pearson	Bethlehem	Mike Thorson	Saskatoon
South Central	Marc Spagrud	Coronach	Crystal Bouffard	Lafleche	Roger Morgan	Kincaid
South East	Riley Singleton	Oxbow	Margie Gibson	Moosomin	Andrew Sharpe	Regina
South West	Dan Marchand	Swift Current	Lana Steckler-Marshall	Leader	Bryan Schlamp	Cabri
West Central	Lloyd Tulp	Outlook	Laurie Slocombe	Rosetown	Kim Sobkowicz	Outlook

Coach Education Reminders and Requirements

Over the past few years, the SHSAA has implemented a number of initiatives in the area of coach education for those involved with the student athletes of our province. In addition to the initiatives listed below, there are a number of Coach Education resources available through SchoolCoach.ca (<https://www.schoolcoach.ca>) and the NFHS Learning Center (<http://nfhslearn.com/>). The SHSAA initiatives are listed below with references as to how to access the information:

Respect in Sport

On behalf of Sask Sport, the SHSAA continues to request that every coach (head coach, associate coach, or assistant coach) involved with a school team complete the Respect in Sport (RiS) for Activity Leaders on-line training program. Upon completion of the three-hour course, each individual will be provided with a certificate number which schools are asked to enter into the coach information section for each team registration. Once the training has been completed, it does not have to be repeated in future years. When registering for the course, please select Saskatchewan High Schools Athletic Association as one of the sponsor groups along with any other sport groups you may be wishing to register with. There is no cost to the individual or school when registering and completing the course.

There is now an easy and quick way for coaches who have already taken RiS to access their certification number; please use the following link: <https://validation.respectgroupinc.com>. Simply enter your name and date of birth and the validation tool will recall your certificate number.

For more information and access to the on-line RiS course and the Respect in Sport Resource Line, please visit: <http://www.sasksport.sk.ca/RiS/index.html>

Concussion Protocol

Every coach involved in school sport needs to complete the on-line concussion course "Concussion in Sports - What you need to know" or NCCP "Making Head Way" on-line training available at <https://www.coach.ca/making-head-way-concussion-elearning-series-p153487%20/>. There is no cost to take either course. At the end of the course, each individual is provided with proof of certification. The certificate number for each coach should be kept on file by the school and entered into the coach information section for each E-5.

SHSAA is currently in the process of revising the current Concussion Protocol – Policy Statement. Schools will be notified when the updated documents are ready and they will replace the current documents housed at:

<https://www.shsaa.ca/page/show/965463-shsaa-concussion-protocol-and-educational-materials>



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An on-line concussion course designed for students is now available through <https://nfhslearn.com/>. This is not a mandatory course but the SHSAA is encouraging schools to provide this information to their student athletes so that concussion awareness and student safety becomes a maintained priority for our Association.

Fundamentals of Coaching

Continuing this year is the requirement that first-time registered, non-faculty coaches must complete the on-line course "Fundamentals of Coaching" available at schoolcoach.ca. The course is designed to acquaint the non-faculty coach with the philosophy, aims, and goals of school sport. There is a cost associated with registering and completing the course.

For more information and access to the on-line course, please visit:

<http://www.shsaa.ca/page/show/968458-shsaa-coach-education-and-resources>

Website

Message Board

Coaches are encouraged to use the message board for their tournaments and scheduling as well as reporting results or general discussion. To post on the message board, you must first register to use the message board and await approval from the moderator of the message board. Please contact the SHSAA office (shsaa@shsaa.ca) to become a registered user.

The message board is available by using Quick Links on the SHSAA homepage (www.shsaa.ca) or at <http://ext.shsaa.ca/members/index.php>

Sanctioned Tournaments

If your school is travelling out-of-province for competition or will have an out-of-province team involved in a competition you are hosting, check the Sanctioned Tournaments listed on the SHSAA website at <http://ext.shsaa.ca/exnet/tournaments.php>. Schools cannot attend or host tournaments that are not sanctioned by SHSAA. As a host, it is your responsibility to begin the sanction process by submitting form E-4 (https://cdn4.sportngin.com/attachments/document/0046/1577/E-4_Tournaments.pdf) to the SHSAA office. As a visiting team, it is your responsibility to check the list of sanctioned tournaments and make appropriate inquiries if the tournament you are planning to attend is not listed.

Tournaments hosted by a Member high school involving only Saskatchewan high schools do not have to request sanction from the SHSAA and will not be listed.

School Logos

Many schools have contributed to the depository of school logos. The process began a few years ago with the development of the school logo page (<http://www.shsaa.ca/page/show/1405446-school-logos>) on the SHSAA website. Please check the page to see if your school logo appears. Please submit your logo or updated logo to shsaa@shsaa.ca.

Twitter / Facebook / Instagram

A reminder that the SHSAA is on Twitter, Facebook, and Instagram. Check out our homepage (www.shsaa.ca) to link to these sources of information.

Forms

All SHSAA forms and due dates are available in the SHSAA Handbook and under Quick Links on the website (<http://www.shsaa.ca/page/show/968456-forms-and-due-dates>). Most of the forms appear in both PDF and Word version. Note that many of the forms have been updated for the 2019-20 school year and forms submitted to SHSAA should be the most current version of the form.



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ExNet

This area of the website is where school information is recorded (school contact, student enrolment, team registration, and student registration). Each school principal has been provided a username and password to access ExNet. If your school has misplaced this information, please contact the SHSAA office for assistance.

School Information

The first item we ask all schools to attend to is ensuring that the school contact information is correct. Please update the School Info as needed and contact our office to let us know of the changes. Multiple email addresses should be separated by a semi-colon (e.g. l.mckellar@shsaa.ca; d.sandomirsky@shsaa.ca)

Team Registrations

1. Select the activities that will be offered at the school using School Team Registration Form (found under Registration tab) **DUE DATE - September 11**. After September 11, the option to save changes to the School Team Registration Form will not be available to schools - please contact the SHSAA office to make changes after September 11.
2. Invoices for team fees will be sent to schools on October 1. Prompt payment of fees is appreciated.
3. Create eligibility forms for each team. **Eligibility forms must be created by the due date for each activity or prior to the first competition, whichever occurs first**. To complete the eligibility form, choose Activity Eligibility Form (under the Registration tab) and complete the information requested:
 - a. Coach information including first and last name, phone number, email address, NCCP certification, RiS certification, and Concussion certification
 - b. Intent to participate in SHSAA playoffs – YES/NO
 - c. Joint sponsorship - only joint sponsorships approved by the SHSAA office can be created
 - d. Assistant Coach info: first and last name, NCCP, RiS, and Concussion certification
 - e. Team roster
4. Remember that an E-5 needs to be completed for any team that is participating in competition (regular, season, exhibition, tournament, playoff, etc.). There is an option when registering the team to indicate the intent to participate in SHSAA playoffs. **A school should register a school representative team before selecting any other Grade 9 - 12 options** (Jr. Varsity, Blue, Green, "B", Developmental, etc.)
5. The team roster is completed by selecting students from the database that exists for your school. If a student does not appear, add the student using the options shown at the bottom of the eligibility form. **NOTE: THE STUDENT LEARNING NUMBER IS NOW A REQUIRED FIELD**. If an attempt to enter a student is not accepted, please contact the SHSAA office as this would indicate an eligibility or transfer issue.
6. In schools where multiple teams exist in a specific gender activity but there is no option to select multiple teams, all students in grades 9 - 12 that will be representing the school should be listed on the one E-5 created for that activity.
7. If a school is utilizing a home school or distance learning student, the student must be correctly entered into the school's exnet database and form E-18 must be completed and submitted to the SHSAA office.

School Enrolments

School Enrolments are to be submitted into ExNet using the enrolment numbers of September 30, 2019. The information to enter includes the total number of male and female students in each grade (9-12) and the number of ineligible male and female students in each grade (9-12). **An ineligible student is a student that has exhausted their period of eligibility (see page 34 of the handbook)**. If you need assistance when completing this information, please contact the SHSAA office. A student that has identified as unspecified will need to be included in the count of the gender with which they have chosen to participate.

To enter the enrolment information, please use the School Enrolment Registration option (under the Registration tab). The ability to save entered information will only be available to schools from **September 30 - October 2**. Any submissions after October 2 will need to be completed by contacting the SHSAA office and will be considered a late submission and subject to a late filing penalty.



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Notices

District Meetings

Each District will be holding fall organizational meetings and it is imperative that each school has at least one representative at the meeting. The SHSAA office staff or an Executive member will be present at each meeting to distribute the SHSAA annual publications including handbooks, calendars, and yearbooks. Districts use the meetings for planning yearly activities and setting the course for their District. Your attendance is crucial to ensure communication from the province and district levels is relayed to the school and coach level.

DISTRICT	PRESIDENT	SCHOOL	PHONE	MEETING LOCATION	DATE	TIME
<i>Battle West</i>	Ryan Nickell	Maymont	389-2045	North Battleford - TBD	August 28	4:00pm
<i>Central Valley</i>	Syd Laskowski	Osler VCA	239-2196	Warman - PSSD Office	August 29	4:00pm
<i>East Central</i>	Dan Alspach	Melville	728-4181	Yorkton Regional	August 28	1:00pm
<i>Horizon Central</i>	Curtis Strueby	Lake Lenore	368-2333	Humboldt Collegiate	August 27	3:00pm
<i>North Central</i>	Rylan Michalchuk	Birch Hills	749-3301	PA Carlton	August 30	1:00pm
<i>North East</i>	Tim Johnstone	Melfort	752-2891	Tisdale - TMSS	September 10	5:00pm
<i>North West</i>	Kendra Paramchuk	Meadow Lake	236-5236	Meadow Lake Carpenter	September 11	2:00pm
<i>Qu' Appelle</i>	Trevor Viergutz	Indian Head	695-3929	Wolesey Town Hall	September 11	5:30pm
<i>Regina</i>	Lance Ford	Winston Knoll	523-3400	Regina Public Board Office	September 9	1:15pm
<i>Saskatoon</i>	Carla Puetz	St. Joseph	659-7650	City Park Collegiate	August 27	7:30am
<i>South Central</i>	Mitch Singleton	Rouleau	776-2332	Assiniboia Composite	September 5	2:30pm
<i>South East</i>	Nathan Johnson	Estevan	634-4761	Weyburn Comprehensive	August 29	4:30pm
<i>South West</i>	Jennifer Foley	Shaunavon	297-2733	Gull Lake School	September 4	5:00pm
<i>West Central</i>	Lance Morrison	Dinsmore	846-2188	Rosetown - Sun West SD	August 27	4:00pm

School Sport Week

School Sport Week will be recognized from October 6 - 12, 2019. Promote school sport in our province:

- Plan to have activities that week to recognize individuals and groups that help make school sport possible at your school.
- Schedule school sport competitions that week
- Notify local media of the week's activities
- Promote the many benefits that school sport plays in the education of our students

Everything wraps up with the Provincial Cross-Country championships in Prince Albert on October 12.

Sport Advisory Groups

This will be the 8th year for SHSAA Sport Advisory Groups. Each group is chaired by a member of the Executive Council; most correspondence occurs electronically but some groups have made arrangements to meet in person once during the year. The process for finalizing the 2019 - 2020 Sport Advisory Groups has already begun but if you are interested in becoming a member of a Sport Advisory Group, please complete the registration form that is found on our website (<https://shsaa.sportngin.com/register/form/348760507>) - DUE DATE September 13, 2019.

Hotel Room Bookings

SHSAA continues arrangements with Silver Birch Hotels (Regina Double Tree) and InnVest Hotels (Saskatoon, Regina, Swift Current, and Prince Albert Comfort Inns), and Airline Hotels (Hilton Garden Inn & Travelodge in Saskatoon; Country Inn & Suites in Regina and Saskatoon). Schools are encouraged to use these properties when travelling during the season. SHSAA has established room blocks with these properties for championships in and around the centres listed. Please see the SHSAA Accommodations page (<http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>) for links to the hotel groups, booking links, and information about room blocks at the various regional and provincial championships.

InnVest Hotels is once again featured on the current edition of the SHSAA Coaches Card.

When booking with any of these groups, please inform them that you are a member school of the SHSAA.



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SIAAA / CIAAA

The development of this professional organization (Saskatchewan Interscholastic Athletic Administrators Association) continues under the umbrella of the SHSAA. In addition to the hundreds of Saskatchewan athletic directors who have benefited from attending courses and conferences delivered, hosted, and promoted by the SIAAA, there have been numerous individuals from the province that have utilized the courses provided to complete a M.Sc. in Athletic Administration through Grace College. This past year, an ad hoc committee of the SHSAA was created to work closely with CIAAA office staff in promoting CIAAA and planning Leadership Training Institutes for Saskatchewan. SIAAA Committee members include Sandra Surkan (Regina), Tyler Baier (Saskatoon), Nathan Noble (Meath Park), Troy Snider (Kerrobart), Roger Morgan (Kincaid), Margie Gibson (Moosomin), Ryan Trumbley (St. Brieux), and SHSAA office staff. The national conference was held in Canmore in April and was very well attended including a number of delegates from Saskatchewan.

Drew Hanson is the Executive Director of the CIAAA. Drew can be reached at drew@ciaaa.ca.

Schools in BC have recently been added to the list of the CIAAA membership. The National Conference for the 2019-20 school year will be held in Vancouver from April 16-18, 2020. More information about the conference will be made available as the year progresses.

A reminder that each school is provided with one membership in CIAAA that is intended for the school athletic director. To activate your membership contact Drew at the CIAAA office. One of the many benefits of membership includes access to an on-line resource bank loaded with materials that will assist you in your role as an athletic director.

Additional Professional Development opportunities are always available for those involved in school sport administration. If you are interested in any of the following, please contact our office for more information and assistance:

- School Sport Canada Annual Meetings (St. John's, Nfld) – September 26-28, 2019
- National Athletic Directors Conference (National Harbor, Maryland) – December 13-17, 2019
- CIAAA National Athletic Directors Conference (Vancouver, BC) – April 16-18, 2020
- NFHS Summer Meetings (Denver, Colorado) – June 28-July 2, 2020



SHSAA MAJOR SPONSORS





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SHSAA Coaches Card (2019 - 2021)



ABOUT THE CARD

The purpose of the SHSAA Coaches Card is to show appreciation to those who volunteer their time for the students of Saskatchewan schools. The card is intended for personal or family use but some sponsors may extend their discounts to teams. The principal/athletic director will designate those eligible in the school but we suggest that the following be considered.

- ❖ SCHOOL ATHLETIC COACHES
- ❖ SCHOOL ADMINISTRATORS
- ❖ DIRECTORS / SUPERINTENDENTS OF EDUCATION
- ❖ RETIRED COACHES
- ❖ OTHER TEACHERS ACTIVE IN THE INTERSCHOOL PROGRAM

CARD EXPIRY

The Coaches Card is valid for a period of TWO years. The 2017-2019 version (Green Card) has expired, as of August 31, 2019 and will not be accepted by the card sponsors. The latest version (2019-2021) is now available from the SHSAA office. Fill out the application form available on-line at https://cdn2.sportngin.com/attachments/document/0061/3336/Coaches_Card_Flyer_and_Order_Form_1921_1.pdf or contact our office to place your order. Over 2000 volunteer teacher coaches and others involved in educational athletics held the last edition of the card.

COST

Cards are available at a cost of **\$12.00 each** and are valid for TWO years (September 1, 2019 - August 31, 2021).

SPONSORS

The following COACHES CARD SPONSORS have agreed to offer discounts and values to Coaches Card holders:

SHSAA

FREE Admission to SHSAA Playoffs & Championships.

SHSAA BOUTIQUE - SPORT LOGO

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SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



Making High School Sport Impactful

Kinesiology Review, (Ahead of Print)

Publication: Human Kinetics

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Stéphanie Turgeon, Kelsey Kendellen, Sara Kramers, Scott Rathwell, and Martin Camiré

Executive Director's note: As referenced earlier in the newsletter, we have been provided with a recent paper published by Dr. Martin Camiré that follows on the heels of a news item that SHSAA promoted at the end of March https://www.shsaa.ca/news_article/show/1007485 identifying 7 considerations on how to make high school sport impactful.

Below is an excerpt from the published paper Making High School Sport Impactful. For a complete copy of the paper which includes "a brief history of high school sport in North America, followed by the mission statements guiding the practice of high school sport. We then review the literature, examining the positive and negative psychosocial outcomes associated with high school sport participation and how coaches play key roles in influencing such outcomes. Based on the conclusions drawn from the literature review, we explore the role of coach education as a catalyst for impact. We conclude the paper by sharing future research directions, as well as policy and practical implications" please click the following link https://cdn3.sportngin.com/attachments/document/a78d-1943874/Making_High_School_Sport_Impactful.pdf.

What Sport Do We Want?

The 40th Anniversary Conference of the Institute for the Study of Youth Sports at Michigan State University, and this Kinesiology Review special issue attached to it, offer ideal platforms to critically discuss the state of affairs in youth sport. Such platforms, when presented, must be strategically used. On that note, it is essential to note that high school sport, even if it is housed in our social institutions of learning, is not immune to the confluence of freemarket forces that are driving the ever-increasing professionalization of community youth sport, vividly captured by Sean Gregory in his Time magazine piece showcasing this \$15 billion industry (Gregory, 2017). In the case of many sports, the high school system represents, for the few, the gateway or stepping-stone to a university sport career and then, for the very few, a professional or Olympic career. However, in a recent analysis by the National Collegiate Athletic Association (2018), in most sports fewer than 10% of high school participants go on to compete at the university level, with far fewer reaching professional sports or the Olympics. As we close in on the third decade of the 21st century, the age-old question remains as pertinent (and loaded) as ever. Do we want a competitive and talent-driven sport system that primarily serves the interests of the select and gifted few or one in which access is democratized with a focus on participation and skill (i.e., physical skills, life skills) acquisition for the benefit of the citizenry? Although winning/performance and development/participation should not be dichotomized (i.e., several examples exist of both outcomes being successfully integrated in select sport programs), it remains inevitable that (hard) choices must be made if the sport we want is to be enacted at a societal level. If we accept the premise that youth sport, including high school sport, has shifted from its main raison d'être (i.e., if we consider mission statements) and is becoming increasingly commoditized, perhaps it is the case that policy and/or practical recommendations are insufficient and fated to a lack of impact. Rather, it is conceivable that fundamental culture changes are needed to unseat deeply engrained beliefs about the place, and future direction, of youth sport in our society. Such unseating of belief is undeniably difficult but not unprecedented (e.g., aftermath of the 1964 Surgeon General's Report on Smoking and Tobacco Use); it takes time, usually on a generational scale. As it pertains to youth sport, for real change to occur, direct action is needed from everyone who has a stake in the current system. For administrators of all levels, change starts with concrete initiatives that unseat win/loss records as the sole metric to judge coaching quality. It is only when coaches sense a legitimate openness to life skills, without risking derision or even removal from their position, that more will venture to teach life skills in a deliberate manner. Along with administrators, parents have an important role to play in unseating current beliefs by reframing how they assess athlete and coach performance, which starts by outlining new expectations for youth sport, not as a feeder system to higher levels of play but rather as a setting where the number one priority is for children to have fun and learn skills. Once provided with a platform where the teaching of life skills is genuinely valued and appreciated by administrators and parents, coaches have a duty to seek out learning opportunities on



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how to deliberately and effectively teach life skills. Ultimately, if our next generation of athletes experience youth sport as a setting where the teaching of life skills is naturally embedded as an everyday activity, that becomes the established norm for them. As many athletes one day transition to coaching roles, it is hoped that they have the propensity to perpetuate the “teaching life skills” cycle. Such efforts are not guarantors of unseating change but do represent a push in the right direction in making youth sport a meaningful context of impact. As we move into the next 40 years of youth sport research, as a society, we must incessantly ask ourselves “What sport do we want?” and “What impact do we want sport to have?” As researchers, our duty consists of continuing to be constructively critical of the status quo and ensuring that we push agendas (e.g., social, cultural, research) that enable us to answer these two fundamental questions, whatever the answers may become as society evolves.

Conclusion

When it is appropriately structured, high school sport appears to be a social practice that can have a positive impact on student-athletes. Nevertheless, despite being heralded as having developmental potential, we researchers, as gatekeepers of knowledge, should always guard against being (blindly) evangelical about the power of sport (Coakley, 2011). Rather, we must, as several researchers have already ventured to do, direct our efforts at equipping coaches, the front-line purveyors of sport experiences, with the tools necessary to promote high-quality developmental experiences for sport participants. Given that high school sport touches millions of students every school year, the concept of access, not just financial but in its multiple forms, must remain a core value, particularly in the face of current corporate pressures put on the entire system. Moving forward, informed discussions surrounding the sport we want must continue to occur if high school sport is to be genuinely prefaced in the social discourse as a worthwhile public health strategy serving our adolescent population.

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2019 PROVINCIAL GOLF

- ENTRIES:** Please submit entries by email to event commissioner and SHSAA office on or before **Sunday, September 22, 2019**. Provincial entry forms are available from district presidents/commissioners. The qualifying scores submitted must be the scores that the qualifying golfers shot at their respective district competition.
 - ❖ The provincial tournament will consist of district representatives in individual competitions for both boys and girls, and a district team competition.
 - ❖ The boys' team may be made up of three members to a maximum of four; the total of the three best scores recorded by the team on each hole will determine team scoring. The girls' team may be made up of two members to a maximum of four; the total of the two best scores recorded by the team on each hole will determine team scoring.
 - ❖ In addition to the four district qualifying golfers in each gender from the district, the host school for the Provincial championship is allowed to enter additional golfers such that no more than four golfers of each gender are representing the host school.
- ELIGIBILITY:** Eligibility forms (**Form E-5**) for golf are due on or before **Wednesday, September 18, 2019**.
- COMPETITIONS:** Details regarding start time and other information will be sent to each district commissioner and posted on the SHSAA website. Please refer to the activities section of the SHSAA handbook (<http://www.shsaa.ca/page/show/992561-golf>) for more details regarding the golf championships.
- PLAYOFFS:**
 - **Tie for 2nd place** – no playoff and all who are tied receive silver medals. The bronze medals will not be awarded.
 - **Tie for 3rd place** – no playoff and all who are tied receive bronze medals.
 - **Tie for 1st place** – a sudden death playoff will occur with the hole(s) to be played determined by the SHSAA and Host.
 - *Individual* – all of those who are tied will play together
 - *Team* – Teams will play separately with each team accompanied by an observer

PROVINCIAL GOLF CHAMPIONSHIP

SITE: TS&M Woodlawn Golf Club (3km S on Hwy 47, Estevan, SK, S4A 2A3)

DATES: September 27 - 28, 2019

COMMISSIONER: Wes Kreklewich, Estevan Comprehensive School
Phone: 306-634-4761
Email: wes.kreklewich@secpsd.ca

ACCOMMODATIONS: Information is posted at:
<http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>.

SCHEDULE:

Thursday: Practice times arranged through golf course at 306-634-2017
\$25.00 for athletes / \$51.75 for coaches; cart rentals for \$45

Friday: Registration - 8:00am; Range - 8:15am; Coaches' Meeting - 9:45am; Opening Ceremonies & Players' Meeting - 10:25am; Shotgun start - 11:00am

Saturday: Range - 8:00am; Players' Meeting - 8:45am; Shotgun start - 9:00am

MISCELLANEOUS: Driving Range: \$5 (small bucket), \$7 (medium bucket), and \$11 (large bucket).
Food at clubhouse available for purchase throughout the competition.
Power cart rentals for coaches/spectators for \$25/day.
Limited number of pull carts available for rent.



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2019 PROVINCIAL CROSS COUNTRY

PROVINCIAL SITE:

Prime Ministers Park
Carlton Comprehensive, Prince Albert

DATE:

Saturday, October 12, 2019

1. ENTRIES:

Senior – 16 and over as of August 31st, 2019

Junior – under 16 as of August 31st, 2019

Midget – under 15 as of August 31st, 2019

Entries are submitted electronically on the forms provided by the SHSAA Office to the District Presidents. Entries to the provincial meet must be sent to the **Provincial Commissioner** (Tim Strom – tstrom@srsd119.ca) and the **SHSAA office** (dave@shsaa.ca) before **October 6, 2019**.

Please Note:

Substitutions for original entries are accepted until 4:00pm October 9, 2019 and must be sent to the SHSAA Office and Provincial Commissioner. A scratch meeting will be held one hour prior to the start of the first race on Saturday, for scratches ONLY.

2. ELIGIBILITY:

Student athlete eligibility forms (**Form E-5**) for Cross Country are due on or before **September 18, 2019**. Forms must be completed on-line via the SHSAA website (www.shsaa.ca). Enter the SHSAA ExNet – Login. Your school Principal will have the school's USERNAME and PASSWORD.

3. PROCEDURES:

Please refer to the SHSAA handbook ([Cross Country Activity Section](#)) for competitive details and starting procedure.

4. ACCOMMODATION:

Schools are encouraged to use **room blocks created by SHSAA**. Please see SHSAA and host blocks at: <http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>..

5. LOCAL DETAILS:

Information, maps, and virtual tours will be posted at <http://www.shsaa.ca/page/show/992558-cross%20country> as they become available.

COMMISSIONER:

Tim Strom
Carlton Comprehensive

Phone: 306-922-3115

Email: tstrom@srsd119.ca

6. COMPETITION:

Order of races:

Midget Girls	3000 m - 12:00pm
Midget Boys	3000 m - 12:25pm
Junior Girls	4000 m - 12:50pm
Junior Boys	4000 m - 1:15pm
Senior Girls	4000 m - 1:40pm
Senior Boys	5000 m - 2:05pm

NOTE: The midget girls' race starts at 12:00 pm. All other times are approximations.

Athletes registration: 9:00 – 10:00am

Opening Ceremonies: 10:00am

Course familiarization walk: 10:15am

Coaches Meeting: 11:15am

School team champions will be declared in five classifications as per SHSAA classification rules:

1A: less than 41 total eligible students

2A: 41 to 85 total eligible students

3A: 86 to 200 total eligible students

4A: 201 to 450 total eligible students

5A: greater than 450 total eligible students

All final results will be posted on the SHSAA website after the meet.

Awards Presentation: Presentations will follow the Senior Boys race and tabulation of final results. All teams are requested to be present for the presentations and wearing their district uniforms.

7. INQUIRIES:

Please contact the commissioner or the SHSAA office.



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2019 PROVINCIAL SOCCER

SPORT SPECIFICS:

Please refer to the SHSAA handbook (<https://www.shsaa.ca/page/show/964576-constitution-bylaws-policies-activity-policy>) for details of hosting and playoff procedures. Follow all registration and competitive procedures as outlined in the **BYLAWS** section of the handbook.

ELIGIBILITY:

Student athlete eligibility forms (**Form E-5**) for Soccer are due on or before **September 18, 2019**. Forms must be completed on-line via the SHSAA website (www.shsaa.ca). Enter the SHSAA ExNet – Login. Your school Principal will have the school's USERNAME and PASSWORD.

REGIONAL CHAMPIONSHIPS – playoffs will take place on October 18 - 19, 2019.

Regions for soccer will be created following the Enrollment Declaration Deadline, September 30, 2019. The projected classifications are listed below and posted on the website (<https://www.shsaa.ca/page/show/992562-soccer>). Districts will be notified regarding Regional hosting responsibilities after September 30, 2019. The district designated to host will need to declare a host school and notify the SHSAA office.

The SHSAA office will seed all regional tournaments as well as the 3A (7 v 7) and 4A provincial tournaments. ***It is imperative that all soccer teams complete and forward a seeding form (E-16) to the SHSAA office by October 10, 2019:*** <http://www.shsaa.ca/page/show/968456-forms-and-due-dates>.

In the 3A (7 v 7) and 4A classifications, there will be 2 or 4 regional tournaments depending on the number of entries into the playoffs. If there are more than 15 entries, then four regional tournaments will be created each advancing two teams to an eight-team provincial championship. If 15 or fewer teams are entered in the playoffs, there will be two regional tournaments created each advancing two teams to a four-team provincial championship. *In each instance, the region with the team hosting the provincial championship will only advance one team in addition to the provincial host.*

In the 5A classification, each of the four regions will advance two teams to an eight-team provincial championship. Regina and Saskatoon will advance teams from their league playoffs while Region A and D will advance teams from a seeded tournament of the teams listed. *In each instance, the region with the team hosting the provincial championship will only advance one team in addition to the provincial host.*

PROVINCIAL CHAMPIONSHIPS – playoffs will take place October 25 - 26, 2019.

The draw template and schedule for regional and provincial competitions can be found on the SHSAA website and are subject to change (Regional: <http://www.shsaa.ca/page/show/1010016-regional-draw-templates>; Provincial: <http://www.shsaa.ca/page/show/1010017-provincial-draw-templates>)

Host Sites:

3A Boys (7 v 7) – Stobart (Duck Lake)

Commissioner: John Davis 306-467-2185

4A Boys – Moose Jaw

Commissioner: Leigh Pethick 306-630-7361

5A Boys – Swift Current

Commissioner: Adam Jackson 306-773-2801

3A Girls (7 v 7) – Chief Little Pine (hosting in North Battleford)

Commissioner: Cam Foulds 306-398-2925

4A Girls – Yorkton Sacred Heart

Commissioner: Samantha Okrainec 306-783-3128

5A Girls – Lloydminster Holy Rosary

Commissioner: Ashley Fullarton 306-875-3600

Accommodations: Schools are encouraged to use **room blocks created by SHSAA**. Please see SHSAA and host blocks at: <http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>.

REMEMBER TO SEND IN YOUR SEEDING FORM BY OCTOBER 10, 2019: Seeding Form (E-16) available in the SHSAA handbook or on-line at <http://www.shsaa.ca/page/show/968456-forms-and-due-dates>.



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2019 SOCCER CLASSIFICATIONS (AS OF NOVEMBER 27, 2018)

Schools are shown by classification only. Regions will be created following the September 30th declaration of enrollment. The regions may be revised following the October 9th withdrawal deadline. The schools listed in 7 v 7 are those that played in that classification last year.

BOYS

3A BOYS			
(7V7) (1-200)	Maymont - BW Cst. Robin Cameron - CV Delisle - CV Osler VCA - CV Rosthern JC - CV Stobart - CV	Lake Lenore - HC Lanigan - HC Middle Lake - HC Muenster - HC St. Brieux - HC	Ahtahkakoop - NC Fort Qu'Appelle - QV Stoughton - SE Herbert - SW LCBI/Outlook - WC
4A BOYS			
(1-450)	NB John Paul II - BW Poundmaker - BW Martensville - CV Sacred Heart - EC	Humboldt - HC Se Se Wa Hum - NC Luther - RG Regina Christian - RG	Kipling - QV Notre Dame - QV MJ Central - SC MJ Vanier - SC
5A BOYS			
(>450)	Yorkton Regional - EC Warman - CV PA Carlton - NC PA St. Mary - NC Balgonie Greenall - QV MJ Peacock - SC Weyburn - SE Swift Current - SW	Campbell - RG LeBoldus - RG Martin - RG Miller - RG O'Neill - RG Riffel - RG Sheldon Williams - RG Winston Knoll - RG	Aden Bowman - ST Centennial - ST Evan Hardy - ST Holy Cross - ST St. Joseph - ST Walter Murray - ST

GIRLS

3A GIRLS			
(7V7) (1-200)	Chief Little Pine - BW Maymont - BW Cst. Robin Cameron - CV	Dalmeny - CV Rosthern JC - CV Stobart - CV	Waldheim - CV Middle Lake - HC Herbert - SW
4A GIRLS			
(1-450)	Martensville - CV Sacred Heart - EC Humboldt - HC Meadow Lake - NW	Notre Dame - QV Luther - RG MJ Central - SC MJ Peacock - SC	MJ Vanier - SC Moosomin - SE LCBI - WC
5A GIRLS			
(>450)	Warman - CV Yorkton Regional - EC PA Carlton - NC PA St. Mary - NC Holy Rosary - NW Balgonie Greenall - QV Estevan - SE Weyburn - SE Swift Current - SW	Balfour - RG Campbell - RG LeBoldus - RG Martin - RG Miller - RG O'Neill - RG Riffel - RG Sheldon Williams - RG Winston Knoll - RG	Aden Bowman - ST Bishop Mahoney - ST Centennial - ST Evan Hardy - ST Holy Cross - ST Marion Graham - ST St. Joseph - ST Walter Murray - ST



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2019 PROVINCIAL FOOTBALL

ELIGIBILITY: Student athlete eligibility forms (**Form E-5**) for Football are **due prior to the first game** or before September 18, 2019, whichever comes first. Forms must be completed on-line via the SHSAA website (www.shsaa.ca). Enter the SHSAA ExNet – Login. Your school Principal or Athletic Director will have the school's USERNAME and PASSWORD.

OFFICIALS: Game officials for all post conference or post league games are paid by the SHSAA office (four for 6-man, five for 9-man, six for 12-man). The assignments are done by the District Officials Commissioner and must be approved by the SHSAA office.

SPECIAL RULES: Please note the information in the SHSAA handbook or on the football activity page on the SHSAA website (<http://www.shsaa.ca/page/show/948235-football>); refer to your particular category of football in the Activities section. Note the overtime procedure for high school football.

GAME TIME: Playoff games are scheduled for 1:00 p.m. unless otherwise stated or the teams and officials involved agree to a time change and receive approval from the SHSAA office.

GAME BALL: The official game ball for football will be the **Wilson F2000**.

TEAM COLORS: See SHSAA Football Activity policy.

PROVINCIAL PLAYOFF DRAW: The draw template and schedule for each provincial championship is listed on the website (<http://www.shsaa.ca/page/show/948235-football>) and is subject to change.

FOOTBALL CONFERENCES 2019

1A 6-MAN (1-85)	CONFERENCE 1 Ituna/Keliher – HC Raymore – HC Cupar – QV Kahkewistahaw – QV Lemberg – QV Southey – QV	CONFERENCE 2 Kerrobart – BW Macklin – BW Eatonia – WC Plenty – WC	CONFERENCE 3 Hague – CV Hanley – CV Viscount – HC Central Butte – SC Gull Lake – SW LCBI – WC	CONFERENCE 4 Preeceville – EC St. Brieux – HC Carrot River – NE Hudson Bay – NE Porcupine Plain – NE
2A 6-MAN (86-200)	CONFERENCE 1 Sandy Bay – NC Charlebois – NE Creighton – NE Pinehouse Lake – NW	CONFERENCE 2 Unity – BW Clavet – CV Biggar – WC Davidson – WC Kindersley – WC Outlook – WC Rosetown – WC	CONFERENCE 3 Canora – EC Lanigan – HC Watrous – HC Wynyard – HC Assiniboia – SC Caronport – SC	CONFERENCE 4 Hafford – BW Dalmeny – CV Rosthern – CV Wakaw – HC Big River – NC Birch Hills – NC Shellbrook – NC
9-MAN (<451)	CONFERENCE 1 Churchill – NC 4A Melfort – NE 4A Nipawin – NE 4A Tisdale – NE 3A	CONFERENCE 2 Fort Qu'Appelle – QV 4A Indian Head – QV 3A Lumsden – QV 3A Notre Dame – QV 3A Maple Creek – SW 3A Shaunavon – SW 3A	CONFERENCE 3 Esterhazy – EC 4A Melville – EC 3A Sacred Heart – EC 3A Foam Lake – HC 3A Broadview – QV 4A	CONFERENCE 4 John Paul II – BW 4A Delisle – CV 3A Martensville – CV 4A Humboldt – HC 4A
5A 12-MAN (>450)	SASKATOON North Battleford – BW Bedford Road – ST Bishop Mahoney – ST ED Feehan – ST Evan Hardy – ST Marion Graham – ST Mount Royal – ST Tommy Douglas – ST	REGINA Balgonie – QV Balfour – RG Johnson – RG Luther – RG Martin – RG **Thom – RG	RURAL Yorkton Reg. – EC MJ Central – SC MJ Peacock – SC MJ Vanier – SC Estevan – SE Weyburn – SE Swift Current – SW	
6A 12-MAN (>450)	SASKATOON PA Carlton – NC PA St. Mary – NC Aden Bowman – ST Bethlehem – ST	SASKATOON Centennial – ST Holy Cross – ST St. Joseph – ST Walter Murray – ST	REGINA Campbell – RG LeBoldus – RG Miller – RG	REGINA O'Neill – RG *Riffel – RG Sheldon Williams – RG Winston Knoll – RG

* 5A by enrolment but reclassified to play 6A. ** 6A by enrolment but playing 5A - No Playoffs



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2019 PROVINCIAL VOLLEYBALL

This information will include all preliminary material that teams need for the volleyball playoffs leading to the provincial championship. Templates and information are found in the SHSAA handbook and on the volleyball activity page of the SHSAA website <http://www.shsaa.ca/page/show/992566-volleyball>.

- **Seeding** conference, regional, and provincial tournaments is important to the success of the events. **Form E-16** can be found at: <http://www.shsaa.ca/page/show/968456-forms-and-due-dates>. All teams **MUST** submit the results of their season to the **SHSAA office by October 23, 2019**. Include results of all matches played up to that date. Games played after the due date may be submitted to the SHSAA office to be used in the seeding process.
- All provincial tournaments (1A – 5A) will follow the ten-team 2 pools – 2 courts schedule found in the SHSAA handbook or at: <http://www.shsaa.ca/page/show/1208351-provincial-volleyball-championship-draw-template>. Some modification of the draw times may be necessary to accommodate host plans. The SHSAA office must approve changes to the draw.
- **Accommodations:** Schools are encouraged to use **room blocks created by SHSAA**. Please see SHSAA and host blocks at: <http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>.
- **Results** for conference, regional, and provincial events will be posted on the SHSAA website (<https://www.shsaa.ca/page/show/1084069-shsaa-volleyball-results>) as the events occur. Immediately following conference and regional tournaments, the host sites are reminded to notify the SHSAA office of the teams that will be advancing to the next level of playoff.

PLAYOFFS LEADING TO THE PROVINCIAL CHAMPIONSHIP:

CONFERENCE CHAMPIONSHIP

All teams registered for volleyball will be placed in one of three (3) regions for classifications with 54 or less teams. For classifications of 55 teams or more, distribution of teams will be into four (4) regions. Regions with nine or more teams will be divided into conference tournaments as determined by the SHSAA office with two or more teams advancing from each conference tournament to the regional tournament. Regions with eight or fewer teams entered will advance directly to a regional playoff with no conference playoff conducted.

The projected conferences and regions have been listed later in the newsletter and on the SHSAA website. The lists are according to last year's entries in the playoffs and will be subject to change based on registration and enrollment of teams this year. The District designated to host will need to declare a host school and notify the SHSAA office. After September 30, 2019, enrolment declarations are to be completed by the school; schools that change classification will be placed in an appropriate conference or region.

Conference playoffs will consist of one of the following draws: **less than six teams** – the conference tournament will consist of a full round-robin tournament with no playoff round. The **six-team conference** tournament will consist of two pools of 3, with the top two teams from each pool advancing to the playoff round. All of these conference tournaments will be played as one-day events. A **seven or eight team conference** tournament will consist of two pools, with the top 2 teams in each pool advancing to the playoff round. These conference tournaments will be played as 1.5 day events. Details for the various draws will be listed on the SHSAA website <http://www.shsaa.ca/page/show/1007542-conference-draw-templates>.

In the 1A – 4A classifications, conference playoff for girls will be held on November 2, 2019. Conference playoffs for boys will be held on November 9, 2019. ***Districts/Schools wanting to host on a different date must first contact the SHSAA office to seek further direction.*** In the 5A classification, no conference playoffs will be held and all teams will advance to either the city league playoff or the north/south regional tournament to determine the provincial representatives.



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REGIONAL CHAMPIONSHIP

Conference tournaments will advance two or three teams, as previously noted, to the regional level of playoffs. Regional tournaments, in most instances, will be six-team tournaments in two pools played in one day, with the top two teams from each pool advancing to a playoff round that will determine the teams to advance to the provincial tournament. In some instances, when a conference playoff is not necessary, the regional will be conducted as designed by the SHSAA office to determine representatives to advance to the provincial tournament.

REGIONAL DATES:

5A Boys and Girls **Nov 8-9, 2019**
1A, 2A, 3A, 4A Girls **Nov 9, 2019**
1A, 2A, 3A, 4A Boys **Nov 16, 2019**

The following districts have been designated to host the regional tournament. There is no provision for a host team in any regional tournaments; therefore, the host locations will be finalized once the conference championships have been completed. Each District is responsible to ensure a host for the regional event has a suitable venue and tournament committee. The District designates a host from the schools that advance to the regional playoffs. In the event that a District does not have any teams that qualify from the conference playoffs, the SHSAA office will select the regional host site from the qualifying teams.

Classification	Regional			
	NORTH	WEST	EAST	SOUTH
1A Boys	Battle West	West Central	South East	
2A Boys	North West	North East	Regina	
3A Boys	Central Valley	North Central	Regina	
4A Boys		Battle West	North Central	East Central
5A Boys	North Central - Carlton			East Central – Yorkton Reg
1A Girls	Central Valley	South Central	Qu'Appelle Valley	South Central
2A Girls	Battle West	Saskatoon	Horizon Central	South East
3A Girls	North Central	Central Valley	Regina	
4A Girls	North West	Horizon Central	Qu'Appelle Valley	
5A Girls	North West - Lloydminster			South East - Estevan

PROVINCIAL CHAMPIONSHIP

Provincial Tournaments will consist of ten teams in all categories, decided in the following manner:

- 1) The host team
- 2) In 1A-4A classifications comprised of only three regions, the top three teams from each of the three regional tournaments will advance to the provincial championship.
- 3) In 1A-4A classifications comprised of four regions, the top two teams from each of the four regional tournaments will advance to the provincial championship. In addition, the third-place team from the region of the previous year's gold medalist will advance to the provincial championship.
- 4) In the 5A classification, the provincial championship will consist of ten teams. Districts are assigned to the North and South only for purposes of determining the number of provincial championship berths:
(North: CV, NC, ST, WC, BW, NW, NE)
(South: QV, SC, RG, EC, HC, SW, SE)
5A representatives are selected from North Rural, South Rural, Saskatoon, and Regina. When the 5A championship is in the South, then South Rural has 3 reps, Regina has 3 reps, North Rural has 2 reps, and Saskatoon has 2 reps. When the 5A championship is in the North, then South Rural has 2 reps, Regina has 2 reps, North Rural has 3 reps, and Saskatoon has 3 reps.

Information on each provincial championship event is listed below:

PROVINCIAL DATES: **5A Boys and Girls** **November 15 - 16, 2019**
1A, 2A, 3A, 4A Girls **November 15 - 16, 2019**
1A, 2A, 3A, 4A Boys **November 22 - 23, 2019**



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



2019 PROVINCIAL VOLLEYBALL CHAMPIONSHIPS

"5A" GIRLS

Host School: Weyburn Comprehensive
(Weyburn Gym and Cugnet Center)
Commissioner: Blake Johnson
Phone: 306-842-7494
Fax: 306-842-5594
Email: blake.johnson@secpsd.ca
Team Entry: 10 Teams: **Two** teams from north region, **Three** teams from south region (including the host), **Two** teams from Saskatoon, **Three** teams from Regina.

"4A" GIRLS

Host School: Fort Qu'Appelle
(Bert Fox and Balcarres)
Commissioner: Shane Morrow
Phone: 306-332-4343
Fax: 306-332-4302
Email: shane.morrow@pvdsd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"3A" GIRLS

Host School: Assiniboia (Assiniboia High and Prince of Wales Center)
Commissioner: Al Wandler
Phone: 306-642-3319
Fax: 306-642-5347
Email: wandler.al@prairiesouth.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"2A" GIRLS

Host School: Foam Lake
(Foam Lake Comp and Community Hall)
Commissioner: Nevin Halyk / Graham Farrell
Phone: 306-272-3308
Fax: No Fax
Email: nevin.halyk@horizonsd.ca
graham.farrell@horizonsd.ca
Team Entry: 10 Teams: **Host school**, the top **Two** teams from the four regions & a third team from region with 2018 Gold Medalist (Rocanville).

"1A" GIRLS

Host School: Muenster (Muenster School and St. Peter's College)
Commissioner: Joel Taphorn
Phone: 306-682-4538
Fax: 306-682-3972
Email: joel.taphorn@horizonsd.ca
Team Entry: 10 Teams: **Host school**, the top **Two** teams from the four regions & a third team from region with 2018 Bronze Medalist (Fox Valley).

"5A" BOYS

Host School: Regina (Winston Knoll and Riffel)
Commissioner: Curtis Lothian
Phone: 306-523-3400
Fax: 306-751-4831
Email: curtis.lothian@rbe.sk.ca
Team Entry: 10 Teams: **Two** teams from north region, **Three** teams from south region, **Two** teams from Saskatoon, **Three** teams from Regina (including the host).

"4A" BOYS

Host School: North Battleford John Paul II (2 courts)
Commissioner: Vic Stynsky
Phone: 306-446-2232
Fax: 306-446-0757
Email: v.stynsky@lccsd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"3A" BOYS

Host School: Tisdale (Tisdale Gym and Auditorium)
Commissioner: Scott Brinklow
Phone: 306-873-2352
Fax: 306-873-2941
Email: brinklow.scott@nesd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"2A" BOYS

Host School: Wilkie (McLurg High and St. George)
Commissioner: Greg Mamer
Phone: 306-843-2288
Fax: 306-843-2664
Email: greg.mamer@lskysd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"1A" BOYS

Host School: Glaslyn Central School
Second Site: Medstead Central School
Commissioner: Charmaine Hicks
Phone: 306-342-2114
Fax: No Fax
Email: charmaine.hicks@nwsd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

REMEMBER TO SEND IN YOUR SEEDING FORM BY OCTOBER 23, 2019

Seeding Form (E-16) available in the SHSAA Handbook or on-line at:
<http://www.shsaa.ca/page/show/968456-forms-and-due-dates>



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



2019 VOLLEYBALL CONFERENCES - BOYS (AS OF NOVEMBER 28, 2018)

- Conferences and Regions listed below are tentative. The groupings may be revised following the September 18th eligibility for volleyball, September 30th enrollment declaration, and October 9th withdrawal deadline for volleyball.
- For 1A - 4A Boys: Conferences will be held on Nov 9 (and Nov 8, if required); Regionals will be held on Nov 16 (and Nov 15 if required); Provincials will be held on Nov 22-23.
- 5A Boys: Regionals will be held on Nov 9 (and Nov 8, if required); Provincials will be held on Nov 15-16.
- All conferences will advance the bracketed number of teams to the regional tournament. In regions with 8 or fewer teams, all teams will participate in the regional tournament.

1A BOYS	NORTH REGION Host: BW		WEST REGION Host: WC		EAST REGION Host: SE	
(1-40)	HOST CV (2)	CONFERENCE 1	HOST CV (2)	CONFERENCE 1	HOST SC (2)	CONFERENCE 1
		Leoville - BW		Chief Poundmaker - BW		Avonlea - SC
		Mistawasis - CV		Cut Knife - BW		Eyebrow - SC
		Bellevue - HC		Perdue - CV		Mossbank - SC
		Cudworth - HC	Neilburg - NW		Rouleau - SC	
	HOST NW (2)	CONFERENCE 2	HOST SW (2)	CONFERENCE 2	HOST SE (2)	CONFERENCE 2
		Edam - NW		Fox Valley - SW		Coronach - SC
		*Glaslyn - NW		Hazlet - SW		Glentworth - SC
		Goodsoil - NW		Beechy - WC		Rockglen - SC
		Hillmond - NW	Dinsmore - WC		Gladmar - SE	
		Loon Lake - NW	Elrose - WC		Ogema - SE	
	HOST HC (2)	CONFERENCE 3	HOST SW (2)	CONFERENCE 3	HOST SE (2)	CONFERENCE 3
Annaheim - HC		Kincaid/E. Mathieu - SC		Cowessess - QV		
Englefeld - HC		Lafleche - SC		Bellegarde - SE		
LeRoy - HC		Frontier - SW		Maryfield - SE		
Middle Lake - HC		Ponteix - SW		Stoughton - SE		
Muenster - HC		Vanguard - SW		Yellow Grass - SE		
2A BOYS	NORTH REGION Host: NW		EAST REGION Host: NE		SOUTH REGION Host: RG	
(41-85)	HOST NW (2)	CONFERENCE 1	HOST NC (2)	CONFERENCE 1	HOST SW (2)	CONFERENCE 1
		Beauval - NW		Little Red River - NC		MJ Cornerstone - SC
		Buffalo River - NW		Meath Park - NC		MJ Riverview - SC
		Ile-a-la-Crosse - NW		Carrot River - NE		Leader - SW
		Pinehouse Lake - NW		Hudson Bay - NE		Eston - WC
					LCBI - WC	
	HOST NW (2)	CONFERENCE 2	HOST HC (2)	CONFERENCE 2	HOST RG (2)	CONFERENCE 2
		Chief Napew - NW		Hepburn - CV		Grenfell - QV
		Lashburn - NW		Osler VCA - CV		Kakisiewew - QV
		Paradise Hill - NW		Almighty Voice - HC		Nakoda Oyade - QV
		Pierceland - NW		Birch Hills - NC		Payepot - QV
	St. Walburg - NW	Kinistino - NC	Harvest City - RG			
					Laval - RG	
	HOST BW (2)	CONFERENCE 3	HOST ST (2)	CONFERENCE 3	HOST QV (2)	CONFERENCE 3
		Medstead - BW		Asquith - CV		Montmartre - QV
Pelican Lake - BW		Colonsay - CV		Arcola - SE		
*Wilkie - BW		Langham - CV		Radville - SE		
Thunderchild - NW		E. Canadienne - ST		Redvers - SE		
	Turtleford - NW	Biggar - WC		Wawota - SE		
3A BOYS	WEST REGION Host: CV		EAST REGION Host: NC		SOUTH REGION Host: RG	
(86-200)	HOST WC (3)	CONFERENCE 1	HOST EC (3)	CONFERENCE 1	HOST SC (3)	CONFERENCE 1
		Dalmeny - CV		Sturgis - EC		R. Christian - RG
		Waldheim - CV		Wadena - HC		Assiniboia - SC
		ST Christian - ST		S. Myles Venne - NC		Caronport - SC
		Kindersley - WC		Stanley Mission - NC		Gravelbourg - SC
		Rosetown - WC		*Tisdale - NE		Shaunavon - SW
	HOST BW (3)	CONFERENCE 2	HOST EC (3)	CONFERENCE 2	HOST QV (3)	CONFERENCE 2
		Spiritwood - BW		Esterhazy - EC		Kipling - QV
		Unity - BW		Langenburg - EC		Carlyle - SE
		Island Lake - NW		Balcarres - QV		Carnduff - SE
		Maidstone - NW		Fort Qu' Appelle - QV		Oxbow - SE



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



2019 VOLLEYBALL CONFERENCES - BOYS (AS OF NOVEMBER 28, 2018)

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- For 1A - 4A Boys: Conferences will be held on Nov 9 (and Nov 8, if required); Regionals will be held on Nov 16 (and Nov 15 if required); Provincials will be held on Nov 22-23.
- 5A Boys: Regionals will be held on Nov 9 (and Nov 8, if required); Provincials will be held on Nov 15-16.
- All conferences will advance the bracketed number of teams to the regional tournament. In regions with 8 or fewer teams, all teams will participate in the regional tournament.

4A BOYS		WEST REGION Host: BW	EAST REGION Host: NC	SOUTH REGION Host: EC	
(201-450)		*NB John Paul II - BW	Humboldt - HC	Melville - EC	
		Eagleview - NW	PACI - NC	Sacred Heart - EC	
		La Loche - NW	Melfort - NE	Lumsden - QV	
		Meadow Lake - NW	Nipawin - NE	MJ Central - SC	
		ED Feehan - ST	Bedford Road - ST	MJ Peacock - SC	
				MJ Vanier - SC	
5A BOYS		NORTH REGION	REGINA	SASKATOON	SOUTH REGION
(>450)		NB Comprehensive - BW	Campbell	Aden Bowman	Yorkton Regional - EC
		Warman - CV	LeBoldus	Bethlehem	Balgonie - QV
		PA Carlton - NC	Martin	Bishop Mahoney	Estevan - SE
		PA St. Mary - NC	Miller	Centennial	Weyburn - SE
		Lloydminster - NW	O'Neill	Evan Hardy	Swift Current - SW
			Riffel	Holy Cross	
			Sheldon-Williams	Marion Graham	
			*Winston Knoll	Mount Royal	
				St. Joseph	
				Tommy Douglas	
				Walter Murray	

Provincial Tournaments will consist of ten teams in all categories, decided in the following manner:

- 1) The host team (designated by *)
- 2) In 1A-4A classifications comprised of only three regions, the top three teams from each of the three regional tournaments will advance to the provincial championship.
- 3) In 1A-4A classifications comprised of four regions, the top two teams from each of the four regional tournaments will advance to the provincial championship. In addition, the third place team from the region of the previous year's gold medalist will advance to the provincial championship.
- 4) In the 5A classification, the provincial championship will consist of ten teams: two teams from the North Region and Saskatoon along with three teams from each of the South Region and Regina.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



2019 VOLLEYBALL CONFERENCES - GIRLS (As of November 28, 2018)

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- All conferences will advance the bracketed number of teams to the regional tournament. In regions with 8 or fewer teams, all teams will participate in the regional tournament.

1A GIRLS		NORTH REGION Host: CV		WEST REGION Host: SC		EAST REGION Host: QV		SOUTH REGION Host: SC	
(1-40)	HOST BW (2)	CONFERENCE 1	HOST SC (2)	CONFERENCE 1	HOST EC (2)	CONFERENCE 1	HOST SC (2)	CONFERENCE 1	
		Leoville - BW		Allan - CV		Churchbridge - EC		Avonlea - SC	
		Canwood - NC		Central Butte - SC		Broadview - QV		Bengough - SC	
		Goodsoil - NW		Craik - SC		Cowessess - QV		Coronach - SC	
		Hillmond - NW		Eyebrown - SC		Kahkewistahaw - QV		Glentworth - SC	
	Loon Lake - NW	Kenaston - WC	Kakisiewew - QV	Rockglen - SC					
		Loreburn - WC	Wolseley - QV	Rouleau - SC					
	HOST NW (2)	CONFERENCE 2	HOST WC (2)	CONFERENCE 2	HOST QV (2)	CONFERENCE 2	HOST SE (2)	CONFERENCE 2	
		Cut Knife - BW		Cabri - SW		Imperial - HC		Fillmore - SE	
		Medstead - BW		Fox Valley - SW		Cupar - QV		Gladmar - SE	
		Edam - NW		Hazlet - SW		Kelliher - QV		Midale - SE	
		Glaslyn - NW		Leader - SW		Paskwa - QV		Ogema - SE	
Neilburg - NW	Beechy - WC	Peepeskisis - QV	Yellow Grass - SE						
HOST HC (2)	CONFERENCE 3	HOST SW (2)	CONFERENCE 3	HOST HC (2)	CONFERENCE 3	HOST SE (2)	CONFERENCE 3		
	Borden - CV		Mankota - SC		Annaheim - HC		Manor - SE		
	Leask - CV		Consul - SW		Englefeld - HC		Maryfield - SE		
	Mistawasis - CV		Eastend - SW		Leroy - HC		Stoughton - SE		
	Vonda - CV		Ponteix - SW		*Muenster - HC		Whitebear - SE		
	Cudworth - HC		Vanguard - SW		Rose Valley - HC		Wawota - SE		
2A GIRLS		NORTH REGION Host: BW		WEST REGION Host: ST		EAST REGION Host: HC		SOUTH REGION Host: SE	
(41-85)	HOST NW (2)	CONFERENCE 1	HOST CV (2)	CONFERENCE 1	HOST NC (2)	CONFERENCE 1	HOST SW (2)	CONFERENCE 1	
		Big River - NC		Blaine Lake - CV		Middle Lake - HC		Milestone - QV	
		Beauval - NW		Cst. R. Cameron - CV		St. Brieux - HC		E. Mathieu - SC	
		Birch Narrows - NW		Rosthern JC - CV		Birch Hills - NC		Gravelbourg - SC	
		Buffalo Narrows - NW		Rosthern - CV		Kinistino - NC		MJ Cornerstone - SC	
		Canoe Lake - NW		Stobart - CV		Little Red - NC		MJ Riverview - SC	
		Ile-a-la-Crosse - NW		Wakaw - HC		Meath Park - NC		Gull Lake - SW	
		Pinehouse - NW		Sturgeon Lake - NC		Chociceland - NE		Davidson - WC	
		HOST NW (2)		CONFERENCE 2		HOST ST (2)		CONFERENCE 2	HOST HC (2)
	Chief Napew - NW		Colonsay - CV	Preeceville - EC	Balcarres - QV				
	Island Lake - NW		Hague - CV	Kelvington - HC	Grenfell - QV				
	Makwa - NW		Hanley - CV	Quill Lake - HC	Lemberg - QV				
	Paradise Hill - NW		Hepburn - CV	Wadena - HC	Nakoda Oyade - QV				
	Pierceland - NW		Osler VCA - CV	Hudson Bay - NE	Vibank - QV				
	St. Walburg - NW	E Canadienne - ST	Naicam - NE	Harvest City - RG					
	Waterhen - NW	ST Christian - ST	Porcupine Plain - NE	Laval - RG					
	HOST BW (2)	CONFERENCE 3	HOST CV (2)	CONFERENCE 3	HOST QV (2)	CONFERENCE 3	HOST QV (2)	CONFERENCE 3	
		Little Pine - BW		Hafford - BW		*Foam Lake - HC		Montmartre - QV	
Luseland - BW		Kerrobert - BW		Ituna - HC		Whitewood - QV			
Macklin - BW		Asquith - CV		Raymore - HC		Arcola - SE			
Wilkie - BW		Langham - CV		Strasbourg - HC		Lampman - SE			
Lashburn - NW		Eatonia - WC		Lipton - QV		Radville - SE			
Thunderchild - NW		Eston - WC		Payepot - QV		Redvers - SE			
Turtleford - NW		Plenty - WC		Southey - QV		Rocanville - SE			

In 1A Girls, the **East** region advances two teams to the provincial championship in addition to the provincial host (Muenster). The **West** region, 2018 bronze medal region (Fox Valley) will also advance three teams to the provincial tournament. <Rose Valley (gold) and Englefeld (silver) are projected in the same region as the provincial host>

In 2A Girls, the **East** region advances two teams to the provincial championship in addition to the provincial host (Foam Lake). The **South** region, 2018 gold medal region (Rocanville), will also advance three teams to the provincial tournament.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



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3A GIRLS		NORTH REGION Host: NC		WEST REGION Host: CV		EAST REGION Host: RG			
(86-200)	HOST NC (2)	CONFERENCE 1	HOST WC (2)	CONFERENCE 1	HOST EC (2)	CONFERENCE 1			
		Sandy Bay - NC		Delisle - CV		Canora - EC			
		S. Myles Venne - NC		Biggar - WC		Esterhazy - EC			
		Stanley Mission - NC		Kindersley - WC		Kamsack - EC			
		Creighton - NE		LCBI - WC		Langenburg - EC			
				Rosetown - WC		Sturgis - EC			
	HOST NC (2)	CONFERENCE 2	HOST SC (2)	CONFERENCE 2	HOST QV (2)	CONFERENCE 2			
		PACI - NC		*Assiniboia - SC		Indian Head - QV			
		S. Allen Bird - NC		Caronport - SC		Kipling - QV			
	Carrot River - NE		Maple Creek - SW		Notre Dame - QV				
	Red Earth - NE		Shaunavon - SW		RG Christian - RG				
HOST NC (2)	CONFERENCE 3	HOST CV (2)	CONFERENCE 3	HOST SE (2)	CONFERENCE 3				
	Spiritwood - BW		Clavet - CV		Carlyle - SE				
	Dalmeny - CV		Lanigan - HC		Carnduff - SE				
	Waldheim - CV		Punnichy - HC		Moosomin - SE				
	Ahtahkakoop - NC		Watrous - HC		Oxbow - SE				
	Shellbrook - NC		Wynyard - HC						
4A GIRLS		WEST REGION Host: NW		EAST REGION Host: HC		SOUTH REGION Host: QV			
(201-450)		NB John Paul II - BW		Sacred Heart - EC		Melville - EC			
		Unity - BW		Humboldt - HC		*Fort Qu' Appelle - QV			
		Martensville - CV		Churchill - NC		Lumsden - QV			
		Eagleview - NW		Melfort - NE		Luther - RG			
		La Loche - NW		Nipawin - NE		MJ Central - SC			
		Maidstone - NW		Tisdale - NE		MJ Peacock - SC			
		Meadow Lake - NW		Outlook - WC		MJ Vanier - SC			
5A GIRLS		NORTH REGION		REGINA		SASKATOON		SOUTH REGION	
(>450)		NB Comprehensive - BW		Balfour		Aden Bowman		Yorkton Regional - EC	
		Warman - CV		Campbell		Bethlehem		Balgonie - QV	
		PA Carlton - NC		LeBoldus		Bishop Mahoney		Estevan - SE	
		PA St. Mary - NC		Martin		Centennial		*Weyburn - SE	
		Lloydminster - NW		Miller		Evan Hardy		Swift Current - SW	
				O'Neill		Holy Cross			
				Riffel		Marion Graham			
				Sheldon Williams		St. Joseph			
				Winston Knoll		Tommy Douglas			
						Walter Murray			

In 3A Girls, the provincial tournament will consist of the provincial host (Assiniboia) and the top three teams from each region.

In 4A Girls, the provincial tournament will consist of the provincial host (Fort Qu'Appelle) and the top three teams from each region.

In the 5A classification, the provincial championship will consist of ten teams: two teams from the North Region and Saskatoon along with three teams from the South Region and Regina.