

Event	Age Group	AOP / AREA Times
4x200 Relay	Novice (Boys/Girls)	9:30 AM
	Minor (Boys/Girls)	9:50 AM
	Cadet (Boys/Girls)	10:10 AM
4 X 800 Open Relay	Open Girls	10:30 AM
	Open Boys	10:45 AM
100m Trials	Novice (Boys/Girls)	11:00 AM
	Minor (Boys/Girls)	11:10 AM
	Cadet (Boys/Girls)	11:15 AM
1600m	Novice (Boys/Girls)	11:25 AM
	Minor (Boys/Girls)	11:45 AM
	Cadet (Boys/Girls)	12:00 PM
4x100m Relay	Novice (Boys/Girls)	12:15 PM
	Minor (Boys/Girls)	12:25 PM
	Cadet (Boys/Girls)	12:35 PM
400m	Novice (Boys/Girls)	12:50 PM
	Minor (Boys/Girls)	1:00 PM
	Cadet (Boys/Girls)	1:10 PM
100m Finals	All Age Groups	1:30 PM
800m	Novice (Boys/Girls)	1:40 PM
	Minor (Boys/Girls)	1:50 PM
	Cadet (Boys/Girls)	2:00 PM
200m	Novice (Boys/Girls)	2:15 PM
	Minor (Boys/Girls)	2:25 PM
	Cadet (Boys/Girls)	2:35 PM
4x400m Open Relay	Open Girls	2:45 PM
	Open Boys	2:55 PM

Shot Put	Long Jump	Triple Jump	High Jump
Novice Boys / Girls	Cadet Boys / Girls		Minor Boys / Girls
Minor Boys / Girls	Novice Boys / Girls		Cadet Boys / Girls
Cadet Boys / Girls	Minor Boys / Girls		Novice Boys / Girls
		Cadet Boys / Girls	