

# Discovery I - U7/U8 - TESTING – 3/23/2020

<b>ACTIVITY</b>	<b>DURATION</b>	<b>SCORE</b>
<b>Juggling – Dominant Foot</b>	<b>30 seconds – Total Number</b>	
<b>Juggling – Non-Dominant</b>	<b>30 seconds – Total Number</b>	
<b>Juggling – Both Feet Alternating</b>	<b>30 seconds – Total Number</b>	
<b>Juggling – Dominant Thigh</b>	<b>30 seconds – Total Number</b>	
<b>Juggling – Non-Dominant Thigh</b>	<b>30 seconds – Total Number</b>	
<b>Juggling – All Surfaces</b>	<b>30 seconds – Total Number</b>	