

AJRA 2015 Transition Rules Summary

U7 Flag Rules	New Rules	Previous Rules
Team Size	4 (or 5) players	7
Maximum pitch size	12x20m	Half Field
Ball Size	3	3
Time per ½	10min	10min
Substitutes	Rolling	Rolling
# Flags to turnover	5	6
Knock-on's	Not called	Called
Contact	None	None
Restarts	Free Pass	Free Pass

- Coaches not allowed on pitch

U9 Flag Rules	New Rules	Previous Rules
Team Size	6	7
Maximum pitch size	25x45m	Half Field
Ball Size	3	3
Time per ½	10min	10min
Substitutes	Rolling	Rolling
# Flags to turnover	6	6
Knock-on's	Not called	Called
Contact	None	None
Restarts	Free Pass	Free Pass

- Coaches not allowed on pitch

U11 Transition Rules	New Rules	Previous Rules
Team Size	8 (or 7)	10
Maximum pitch size	60mx35m	60mx45m
Ball Size	4	4
Time per ½	Up to 15min	Up to 10min
Substitutes	Rolling	Rolling
Scrum	3v3 Uncontested	3v3 Uncontested
Tackle	Below Shoulders	Below Waist
Line out	None	3v3 Uncontested
Ruck	1v1 (plus carrier and tackler)	None
Maul	2v2 (includes carrier)	None
Kicking	None	None
Restarts	Punt	Drop Kick

- Coaches not allowed on pitch
- During the first 2 fixtures of season “grab tackle” will be allowed. Players must offload or go to ground if held on by another player for 3 seconds. Ref to call “tackle

AJRA 2015 Transition Rules Summary

U13 Girls Transition Rules	New Rules	Previous Rules
Team Size	8 (or 7)	n/a
Maximum pitch size	60mx35m	n/a
Ball Size	4	n/a
Time per ½	Up to 15min	n/a
Substitutes	Rolling	n/a
Scrum	3v3 Uncontested	n/a
Tackle	Below Shoulders	n/a
Line out	3v3 Uncontested	n/a
Ruck	1v1 (plus carrier and tackler)	n/a
Maul	2v2 (includes carrier)	n/a
Kicking	From own "10m"	n/a
Restarts	Drop Kick	n/a

- Coaches not allowed on pitch
- During the first 2 fixtures of season "grab tackle" will be allowed. Players must offload or go to ground if held on by another player for 3 seconds. Ref to call "tackle"

U15 Girls Transition Rules	New Rules	Previous Rules
Team Size	8 (or &)	n/a
Maximum pitch size	60mx35m	n/a
Ball Size	4	n/a
Time per ½	Up to 15min	n/a
Substitutes	Rolling	n/a
Scrum	3v3 contested	n/a
Tackle	Below Shoulders	n/a
Line out	3v3 contested (no lift)	n/a
Ruck	2v2 (plus carrier and tackler)	n/a
Maul	2v2 (includes carrier)	n/a
Kicking	From own ½	n/a
Restarts	Drop Kick	n/a

- Coaches not allowed on pitch