

6-weeks of Training to Sand Legs!



SoFLO SandBox Training

Nov 2nd - December 16th

Dev/Intermediate: Mon-Wed-Sun 315-445P

Dev/Intermediate: Mon-Wed 500-630P

Adult: Thur 7-830PM Sun 500-630PM

Cost:

Drop-in \$35

8 Sessions: \$200

12 Sessions: \$250

Registration fee: One time fee incl package

Current SoFLO Member: \$75 fee

Non-SoFLO Member: \$100 fee

Girls Package: Visor or Tank/Shorts/Long Sleeve/Towel

Boys Package: Visor or Tank/Long Sleeve/Shorts/Towel

Online Registration @ www.SoFLOvolleyball.org

Contact: (954) 600-9810

admin@soflovolleyball.org



Future tournaments through:



AVP America membership required

**NEVER ENDING
IMPROVEMENT**

**RAISE YOUR
STANDARD**

**Do not miss the
opportunity to get
ahead on the
indoor court by
training in the
sand!**

**Need a partner for
any upcoming
beach tournament
event?**

**Let us know and
we'll find you a
partner!**

All practices will be at
The SandBox @ Soref JCC
6501 W. Sunrise Blvd
Plantation FL 33313
Courts behind gym, next to pool
Park in Parking Lot