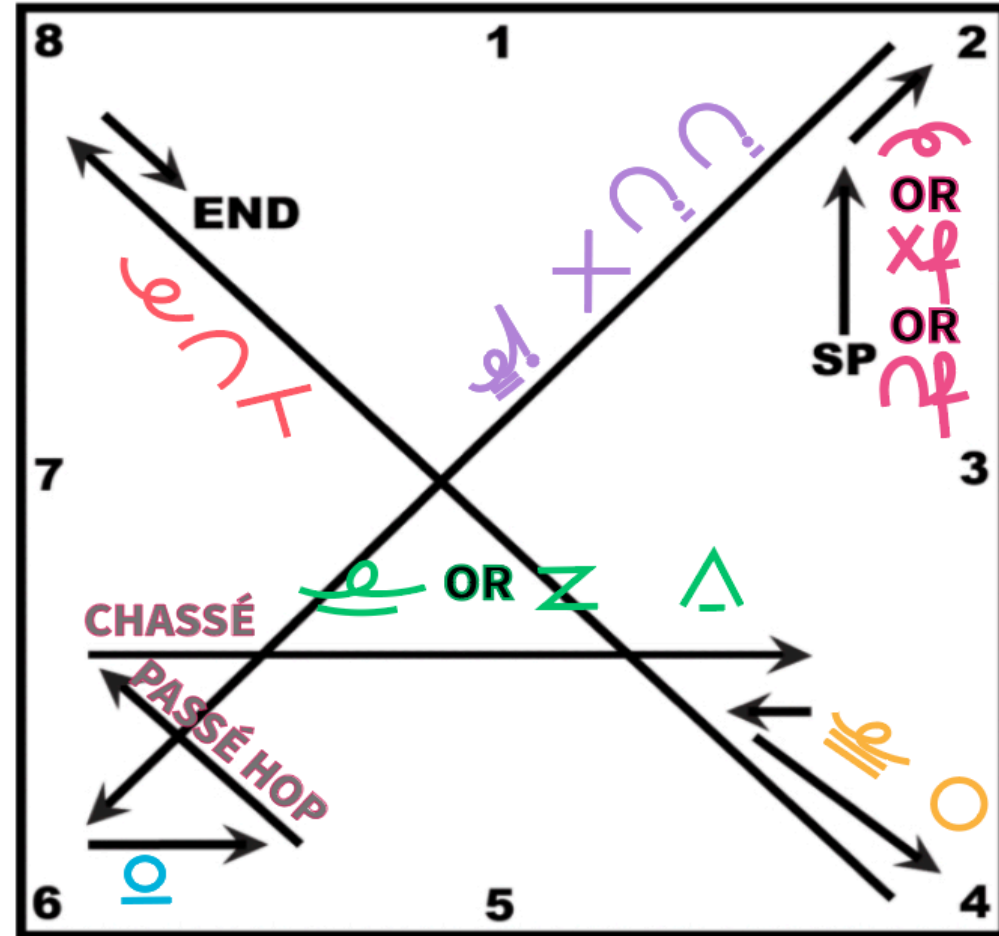
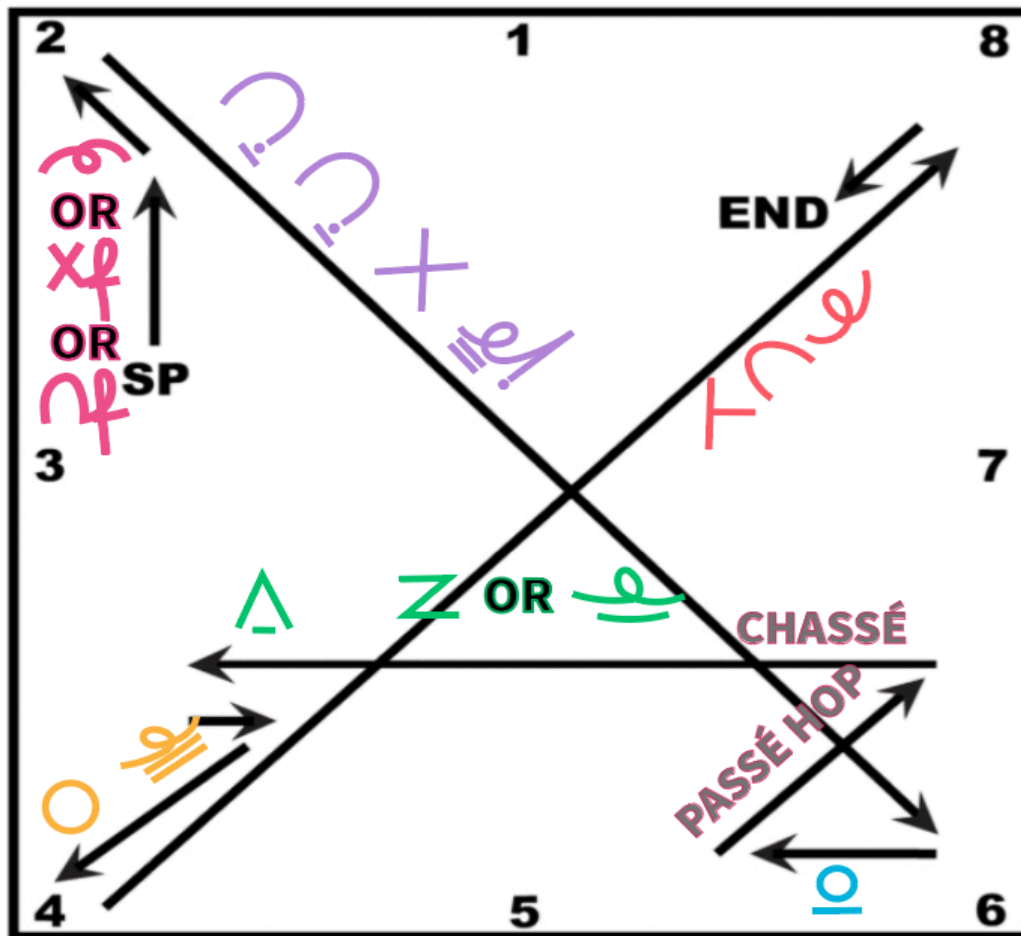


Level 5 Floor

LEFT

RIGHT



1. FORWARD SALTO TUCKED OR AERIAL CARTWHEEL OR AERIAL WALKOVER FORWARD
2. FRONT HANDSPRING STEP- OUT X2, CARTWHEEL, STRAIGHT ARM BACKWARD ROLL TO HANDSTAND
3. STRETCH JUMP 1/1 (360°) TURN
4. STRAIGHT LEG LEAP (150°) OR SWITCH LEG LEAP (150°), STRADDLE JUMP (150°)
5. FORWARD SPLIT, 1/1 (360°) TURN IN FORWARD PASSÉ
6. ROUND-OFF, FLIC-FLAC, BACKWARD SALTO TUCKED

J.D. MacDonald

