

# LONE STAR FOOTBALL '21

PARENT / PLAYER MEETING



# COACHING STAFF

AC/ Head Coach – Jeff Rayburn  
Associate HC / OC / QB – John Fish  
DC/ ILB – Kyle Mossakowski  
Asst. HC / Co-OC – Clint Surratt  
Co-DC / Safeties – Barrett Earnest  
Run Game Crd. / OL – Kevin Wheat  
SPT / OLB – Jon Alvarado  
Receivers – Jared Cate  
Corners – Jeroid Johnson  
Defensive Ends – Tom White  
Nose / DT – Rashad Robinson  
Offensive Line – Austin Reese  
Kickers / Punters – Kelly Spann  
Defensive Assistant – Matt Cobb





**JEFF  
RAYBURN**  
  
@COACHJRAYBURN  
  
HEAD COACH



**JOHN FISH**  
  
@COACHJ\_FISH  
  
ASSOCIATE HEAD COACH  
OFFENSIVE COORDINATOR



**CLINT SURRATT**  
  
@CLINTSURRATT  
  
ASSISTANT HEAD COACH  
CO-OFFENSIVE COORDINATOR



**KEVIN WHEAT**  
  
@KEVIN\_WHEAT  
  
RUN GAME COORDINATOR  
OFFENSIVE LINE



**JARED CATE**  
  
@COACHJAREDCATE  
  
WIDE RECEIVERS



**AUSTIN REESE**  
  
@COACHREESE70  
  
OFFENSIVE LINE



**KELLY SPANN**  
  
@COACHKSPANN  
  
FRESHMAN HC



**KYLE MOSS**  
  
@KYLEMOSSAKOWSKI  
  
DEFENSIVE COORDINATOR  
INSIDE LINEBACKERS



**BARRETT  
EARNEST**  
  
@COACHHONEYBEAR1  
  
CO-DEFENSIVE COORDINATOR  
SAFETIES



**JON ALVARADO**  
  
@JONALVARADO45  
  
OUTSIDE LINEBACKERS



**JEROID  
JOHNSON**  
  
@COACH\_JOHNSON05  
  
CORNERBACKS



**TOM WHITE**  
  
@LSHS\_COACHT  
  
DEFENSIVE LINE



**RASHAD  
ROBINSON**  
  
@LS\_COACHROB  
  
DEFENSIVE LINE



**FOLLOW US ON TWITTER**

# ACADEMIC ADVISOR

## DR. KELLY HARPER

- Daily Grade Checks
- Tutorial Schedules
- Sign up for SAT/ACT – Waivers
- KAHN ACADEMY
- Ensure proper accommodations for Tests
- Compile Test Scores for file to send to Colleges
- Academic work ups (Core GPA)
- Time Management / Study Skills workshop
- NCAA Eligibility Center – sign up
- NCAA Recruiting Compliance
  - 6 WEEKS AND 9 WEEKS ELIGIBILITY!!



# ATHLETIC TRAINERS

- Athletic Trainers: Tysha Beaty / Corwin Anschutz
- Team Orthopedic – Dr. Sean Haslam
- See trainer first! Trainers will evaluate and refer to doctor.
- Role of Trainer
- Rank one Paperwork / Impact Test / Operation Fee acknowledgement
- Coaches are not doctors or trainers: medical decisions will be made by training staff / doctors.
- Communication with trainer.
- Treatments AM / PM Before/After Practice, Includes Meetings / Lifts
- Injured athletes will dress and be a part of all team activities
- Team physician(sports related) will be on campus once a week.



# ARORA CHIRO

- Team Chiropractor – Dr. Arora –
- Arora Chiropractic
  - Full Service facility – Physical Therapy – RECOVERY!!
  - Communication with LSHS Staff – TRUST!

RECOVERY!!!

PLAN TO PLAY THROUGH DECEMBER!



# LONE STAR RECORD - Last 8 Years

## 84 - 22

- 2020 5A (9-4\*) Regional Semi's
- 2019 5A (14-1) Semi-Finalist
- 2018 5A (10-3) Regional Semi's
- 2017 5A (12-2) Regional Finals
- 2016 5A (10-2) Area Finalist
- 2015 5A (14-2) State Finalist
- 2014 5A (7-3) N/A (tiebreaker)
- 2013 3A (8-5) Regional Semi's



# MISSION

- Winning is our goal, but not our **PURPOSE!!**

- Our purpose is providing life lessons through teachable moments.

- Everyday we influence with: Words (tone), Attitude, and Action.

- Winning is a byproduct of doing things right daily.

# VISION

- Win opener, Playoffs, Win District, Play on Thanksgiving, **STATE CHAMPIONS!!!**

- Play with effort, and enthusiasm

- Know your assignments - A smart team is a hard team to beat!

- Have an outstanding academic support system - 100% passing rate.

- Be the best coached team in the district - **VITAL** details win!

- Be the hardest working, most disciplined, best conditioned team in the state.

- Be the most enthusiastic team in the state.

- Be the classiest team in the state - **WE - TEAM - US**

# CORE VALUES

## DISCIPLINE

*DYJ!* Every time - then do it again!

## PHYSICAL CONDITIONING

*Play longer and harder than  
everyone in the state!*

## RELATING TO PEERS

*Love your teammates!*

## RELATING TO AUTHORITY

*Love your coaches!*

## REACTING TO/HANDLING EMOTIONS

*Play the next play - RELOAD!*





# COACHES EXPECTATIONS

- LOVE AND CARE ABOUT OUR PLAYERS!
- 100% EFFORT IN DEVELOPMENT OF THE STUDENT ATHLETE
- Create a positive, enthusiastic, family atmosphere that builds confidence and character.
- Make sure Football is FUN!
- Hold your son accountable for his actions.
- Open line of communication with players and parents
- Help in placement/recruiting (after the season) for your sons plans after high school. (Webinar on website) ACADEMICS!!
- 24/7 – 365 – Do what is right for kids! FAIR BUT NOT THE SAME



# PLAYER EXPECTATIONS

- Student – athlete: student comes first
  - No Zero Tolerance Policy; Mandatory tutorials for 75- below
- ATTENDANCE, ATTITUDE, EFFORT
- BE COACHABLE – WILLING TO DO WHATEVER IS BEST FOR THE TEAM!
- POSITION / TEAM PLACEMENT – results, productivity, trust, knowledge. Players will EARN everything!
- Understand you represent LSHS Football 24/7 – SOCIAL MEDIA!
- Grooming/shaving/earrings/hair length – Locking Lockers at all times!
- Communication with coaching staff – should come from PLAYER!
  - Late, Sick, Academics, any issue, etc...



# ROLES

# OPPORTUNITIES

- EVERYONE has value! EVERYONE has an important role! EMBRACE your role!
  - It is amazing what you can accomplish if you do not care who gets the credit. – Harry Truman
  - WE-TEAM-US vs. I-me-my
- Control what you can Control!
  - ATTITUDE / EFFORT
  - Don't Compare



# PARENT COMMUNICATION

- IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH-PLEASE FOLLOW THE PROCEDURE BELOW
- 1. Make sure your SON / ATHLETE openly communicates with his position coach, coordinator, and head coach. We cannot help if we do not know there is a problem. This should occur BEFORE a coach receives an email or phone call from parent. We are trying to teach these young men responsibility.
- 2. Request a time to meet with the coach and your son/daughter.
- 3. Please do not confront a coach before or after a practice or game. These can be emotional times for the parent, athlete, and the coach. These meetings rarely yield positive results.
- 4. Avoid long emails that make accusations without knowing all the facts. At Lone Star High School we prefer personal communication.
- 5. SUPPORT IS A MUST! You may not Agree, but players need to hear the same message! It takes all of us!



# PRACTICE

- In order for us to maintain a great program we must have our kids present and committed to practice. Missing practices will directly affect playing time.
- On Saturday's Varsity team will be required to be at LSHS for video/practice; this will go on through out the football season every Saturday. This is the same as a practice.
- If players are injured they are expected to be at all team meetings, practices, video sessions; dressed out, obtaining mental reps. Trainers and doctors will oversee rehab and make decisions regarding injuries.



# IMPORTANT DATES

- August 2<sup>nd</sup> First day 9<sup>th</sup> Grade
- August 9<sup>th</sup> First day V – JV Practice
- First Day of School Thurs. Aug. 12<sup>th</sup>
- Sat. August 7th Picture Day-ALL
- August 19 Thursday scrimmage at Lake Ridge –
  - Newsome Stadium
- August 26 Thursday Game 1 vs. SA Cornerstone Christian
  - at Ford Center
- Mon. Sept. 6 NO SCHOOL – MANDATORY PRACTICE (AM)



# 9<sup>th</sup> FALL CAMP SCHEDULE WEEK 1

## 9<sup>TH</sup> Only

### \*\*EQUIPMENT – FRIDAY – July 30 9AM

#### Mon. Aug. 2<sup>nd</sup> / Tues Aug. 3<sup>rd</sup>

7:30am Report 9<sup>th</sup> Grade  
7:45am-8:00am Team Meeting  
8:00am-8:10am Pre-practice  
8:10am-8:15am Dynamic  
8:15am-10:00am 20 Periods

#### Weds. Aug. 4<sup>th</sup> & Thurs. Aug. 5<sup>th</sup>

5:15am 9<sup>th</sup> Grade Report  
5:35am-5:45am Pre-Practice  
5:45am-5:50am Dynamic  
5:50am-7:20am 18 Periods

#### Friday August 6<sup>th</sup>

5:15am 9<sup>th</sup> Grade Players Report  
5:30am-5:40am Pre-Practice  
5:40am-5:50am Dynamic  
5:50am-7:20am 18 Periods

#### Saturday August 7<sup>th</sup> – Picture Day

8:00am 9<sup>th</sup> Players Report





\* = DISTRICT



08.26  
@ THE STAR  
vs. SA CORNERSTONE

09.02  
@ TOYOTA  
vs. ALEDO

09.10  
@ THE STAR  
@ HERITAGE\*

09.17  
@ KUYKENDALL  
vs. INDEPENDENCE\*

09.30  
@ TOYOTA  
@ REEDY\*

10.08  
@ KUYKENDALL  
vs. DENTON\*

10.15  
@ TOYOTA  
@ WAKELAND\*

10.22  
@ THE STAR  
vs. CENTENNIAL\*

10.29  
@ THE COLONY\*

11.05  
@ THE STAR  
vs. DENTON RYAN\*





# BOOSTER CLUB

- Join the Booster Club!! Membership!
- It takes all of us – Best experience for your son
- Booster Club contributions go directly to the players
- Sponsorships / Program Ads
- Varsity Banner photos / Spirit Wear
- VOLUNTEERS FOR CHAINS/CLOCK 9TH/JV GAMES
- Scholarships / Banquet / Signage / SUPPORT!
- Booster Board
  - President – Anders Grove



# EQUIPMENT NEEDS

- ATHLETES ONLY WEAR WHAT WE PROVIDE or APPROVED BY HC
- SHOES, GLOVES, SLEEVES, TOWELS, ETC...
- UNIFORM – TEAM
- VARSITY – JV EQUIPMENT – THURS AFTER PC



# WEEKLY NEWSLETTER

STAY INFORMED

PLAYER NEEDS

SUCSESSES / AREAS TO IMPROVE

WWW.LONESTARFOOTBALLNATION.COM

TWITTER - @COACHJRAYBURN; @LSFNBOOSTERS

JV Contact: [wheatk@friscoisd.org](mailto:wheatk@friscoisd.org)

9<sup>th</sup> Grade: [catej@friscoisd.org](mailto:catej@friscoisd.org)



# IMPORTANT TO DO

- PHYSICALS TURNED IN (email to: [anschutzc@friscoisd.org](mailto:anschutzc@friscoisd.org))
- RANK ONE PAPERWORK
- IMPACT TEST (INCOMING 9<sup>TH</sup> / 11<sup>TH</sup> / NEW TO LSHS)
- PLAYER REGISTRATION (BOOSTER CLUB)
- SIGN UP FOR SPORTSYOU APP



# THANK YOU!!

## 44 MILES!

