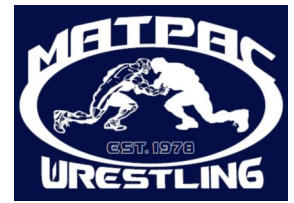


2019 ND USA STATE FOLKSTYLE GIRLS INDIVIDUALS WRESTLING TOURNAMENT

Hosted by:



USA wrestling

**MARCH 22nd, BISMARCK
EVENT CENTER MAIN ARENA**

315 South 5th Street

No Coolers, Outside Food/Beverages Allowed

Twitter @matpacwrestling
facebook.com/matpacwrestling.nd
www.matpacwrestling.org

Contacts:
Email: info@matpacwrestling.org
Dyke Boese 701-426-9367
Chad Renner 701-400-4689
Jeff Schumacher 701-471-9237

**NO WALK-INS WILL BE ALLOWED, YOU MUST
PREREGISTER ONLINE AT TRACKWRESTLING.COM**

- ALL PARTICIPANTS MUST REGISTER ON THE WEB at trackwrestling.com by MARCH 20, 2019 at 8 p.m.
- Entry fee is \$25 paid online at time of registration.
- A 2019 USA Wrestling Card will be required to register on trackwrestling. Instructions at www.usawrestlingmembership.com
- Check-in & weigh-ins will take place at the Event Center Arena on Friday, March 22nd from 11 am-2 pm. Wrestlers must weigh-in with a singlet. (enter at the main front doors)
- If you do not make the weight you registered at, you will be moved into the appropriate weight class automatically.
- Wrestlers must be a ND resident or a paid member of a ND Wrestling Club and have not wrestled in another 2019 USAW State Tournament
- Cadets & Juniors will wrestle Freestyle
- Check posted brackets prior to start of wrestling to ensure your child has been placed in the proper division and weight class
- All wrestlers should be at the gym at least 30 minutes prior to starting time
- The head coach must email a list of coaches to misti.boese@outlook.com by Wed. March 20. The coaches must have a current USA Coaches Card (copper certified) prior to emailing the list. Coaches will NOT have free admission, they must purchase an admission ticket. No other Floor Passes will be sold. One photographer pass per club, and must purchase an admission ticket. Name must be submitted along with the coaches list to misti.boese@outlook.com
- Admission: Adults \$10 Students \$5, ages 5 & under free

**All Girls Divisions will wrestle on
Friday, March 22nd beginning at
approximately at 6:00 pm.**

**Weights will be determined based on
the number of participants and will
follow USAW guidelines.**

9U (Intermediate) 2010-2012

12U (Novice) 2007-2009

14U (School Girl) 2005-2006

16U (Cadet) 2003-2004

**JUNIOR (Born 9/1/1999-12/31/2004,
plus enrolled in grades 9-12)**

Official Tournament Hotel:

Quality Inn

1030 E. Interstate Ave

Phone: 701-223-1911

***~ TROPHIES FOR 1st - 6th PLACE ~
Champions receive a shirt & Trophy***