

**SHSAA Provincial Wrestling Championships**  
**March 8 - 9, 2019 in Regina**  
**Campbell Collegiate - 102 Massey Road**

Welcome to Regina and the 2019 Provincial High School Wrestling Championships. Our city, the Regina District and Campbell Collegiate are pleased to welcome you and act as your host. We hope your stay will be enjoyable and find the championships to be a valuable, educational experience for your student athletes.

1. Host High School: Campbell Collegiate, 102 Massey Road. We remind you and your athletes to respect the school and school property during the tournament.
2. Host Coordinators: Aaron Anderson (306-533-5679) / Kelly Adams (306-581-6042)  
- Campbell Collegiate 306-523-3250
3. Parking: Please observe all parking restrictions around the school and in lots. **This will be an issue until school lets out on Friday afternoon at 3:25 p.m. After school hours, the lots should open up somewhat.** Buses should drop off students on Friday for weigh-ins along Massey Road. **\*Note: The lower lot south of the school is for Campbell staff only.**
4. Smoking is NOT permitted anywhere on school property.
5. Medical Personnel will be available to treat injuries. Please make sure you supply tape or tensors for the therapists. Ice will be available for injuries from the designated medical room (Parent Council Room in Campbell) located between Gym 1 & 2. Tournament personnel will be able to direct you and your athletes to the nearest "Emergency Treatment Center" should the need arise.
6. Milk will be provided for athletes and coaches at the concession. Show participant ribbon and/or milk tickets to the concession worker. Limit is 1 per person per day for the tournament.
7. Locker rooms will be available, Boys in the upper level of Gym 1 and Girls in the lower level of Gym 1. Please do not leave any valuables in the lockers, as we will NOT assume responsibility for lost or stolen items. Please do your part in keeping them clean.
8. Towels will **not** be provided to the teams for showering.
9. Skin Checks will begin at 11:30 a.m. and conclude at 1:00 p.m. Boys will be in Gym 1, Girls in Gym 2. Skin checks will be conducted by certified medical personnel.  
**\*\*The decision of the on-site medical personnel will be final.\*\***

Wrestlers must be stamped by the attendant before they can proceed to the weigh-in.

10. Weigh-ins will begin at 12:00 noon for those that have passed the skin check and conclude at 1:00 p.m. In order for there to be no discrepancy between watches, the time will be kept on the main score clock in the gym. There will be two to four official scales for "check" weigh-in between 11:00 – 11:30 a.m.

Female weigh-ins will occur in Gym 2. Male weigh-ins will occur in Gym 1.

**\*\* Coaches will not be allowed in the weigh-in areas\*\*** with exceptions as noted in the SHSAA Handbook. All competitors are weighed in their wrestling attire with their straps up and bare feet.

11. Registration deadline for athletes is Sun. Mar. 3, 2019. Substitutions from your original entries may be made up to 12:00 noon on Thur. Mar. 7, 2019. (as per P. 135 of the SHSAA Handbook)
12. Draw sheets will be posted in the hallway outside of Gym 1 at approximately 3:00 p.m. on Friday, March 8, 2019.
13. **Opening ceremonies will begin at 3:15 p.m.** and conclude by 3:40 p.m. The ceremony will include opening remarks and the singing of O' Canada. After, wrestlers will have a short time to practice and meet with their coaches. **Wrestling will begin at 4:00 p.m. sharp.**
14. **Daily admission for spectators will be charged at SHSAA Provincial rates.** Please make your team and its supporters aware of this. (**Adults - \$7.00 Students Gr. 7-12 - \$5.00**)
15. Tournament Procedures – to avoid congestion around the mats we are asking athletes and coaches to remain in the stands. Wrestling at the Provincial Championships will use a silent draw. Only **ONE** coach will be permitted in the corner (or area around the mat) at one time. There is a **zero tolerance** for abuse of officials before, during, or after a match. ***Athletes must have a coach in their corner.*** On deck wrestlers must be on the side of the mat away from the stands. There should be no one standing between the stands and the mats. We ask that coaches help ensure this happens.
16. Jury of Appeal – set up to settle “on the spot” disputes will include:
  - Head Referee – TBA
  - RHSAA Commissioner – Aaron Anderson
  - SHSAA Executive Director – Lyle McKellar
17. Coaches Meeting – Campbell Collegiate Library – Saturday, March 9 (approx. 12:00 noon but the time will be finalized by the jury of appeal and pairing master). Lunch will be provided for 2 coaches per school; pick up the lunch from Campbell Collegiate Cafeteria “McTavish’s” and take to the library for the meeting.
18. Closing Ceremonies - all individual and team awards will be presented upon completion of the final match. Wrestlers are reminded that when receiving medals and team awards, they must do so in their singlets.
19. Sportlogo will be set up in the main hallway across from the Auditorium and will have championship souvenir clothing available for purchase.