



The Torch

SYC Weekly Digest

November 9, 2021

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NEW
NEW
NEW
NEW



DISC
GOLF

ONE-DAY INTRODUCTORY CLINIC
NOVEMBER 20

Welcome to SYC Disc Golf! Disc golf is played and scored just like traditional golf or putt putt golf, but is played with a frisbee (disc) and a metal basket. Disc golf courses range from free public courses to private pay to play, making the sport accessible to a large audience!

Join us for an **Introductory Clinic on Saturday, November 20th at 10AM with Matt Hammersten**, currently ranked in the top 100 disc golfers in the world. **Clinic is open to players in grades 6 - 12 and is just \$10 to try it out.** Space is limited. Register today!

[Read More and Register Here](#)

OPEN REGISTRATIONS

[Select Volleyball Tryouts](#) - **JUST ADDED!**

FALL SPORTS

[Fall Disc Golf Clinic](#) - **JUST ADDED!**

[Fall Rugby](#)

WINTER SPORTS

[Winter Basketball](#)

[Winter UP Basketball](#) - **ON-TIME ENDING!**

[Winter Cheer](#) - **ON-TIME ENDING!**

[Winter Flag Football](#)

[Winter Powerlifting](#)

[Winter Rec Soccer Pick-Up](#)

FEATURED SPORT



**SYC WINTER BASKETBALL
SYC WINTER CHEER**

TICK TOCK!

**TIMES RUNNING OUT!
REGISTER TODAY!**

On-time registration is ending for Winter Basketball and Winter Cheer. Get those registrations completed!

- Prices go up for Winter Basketball on November 13th.
- Prices go up for Winter Cheer on November 18th.

Keep the kids moving this winter and register today!

[Winter Basketball](#)

[Winter Cheer](#)

NEWS AND SPECIAL EVENTS



TACKLE FOOTBALL EQUIPMENT RETURN DATES

NOV 15, 16, 18 | 6PM-8PM
NOV 17 | 10AM-12PM

Tackle Football Equipment Returns are scheduled for:

- **MONDAY:** Nov 15, 6PM-8PM
- **TUESDAY:** Nov 16, 6PM-8PM
- **WEDNESDAY:** Nov 17, 10AM-12PM
- **THURSDAY:** Nov 18, 6PM-8PM

Location: SYC, 7201 Lockport Place, Lorton

- **Helmet:** Sanitize the helmet by thoroughly cleaning the inside with disinfecting wipes. Return the SYC issued chin strap as well. All small award stickers placed on the helmet during the season **MUST** be removed before returning the sanitized helmet.

- **Shoulder pads:** Sanitize the pads by thoroughly cleaning the interior/exterior/collar with disinfecting wipes.
- **Pants:** Washed & hung dry. DO NOT put in dryer.
- **Practice jersey:** Washed.
- **Game jersey:** NOT returned.

Hold Checks can be collected upon properly returned equipment.

Equipment that has not been cleaned will not be accepted for return.



Ready to take Volleyball up a notch? Register today for SYC's Select Volleyball tryouts! Tryouts will be held on January 6th at West Springfield Elementary School. Players have the option for a 6PM or 7PM tryout time slot. Tryout fee is \$20. Space for tryouts is limited.

The Select program will start with practices soon after selections are made. Games will begin in the March/April timeframe. Register today!

[Read More and Register Here](#)



Sports storage cages are built! Our new facility is now ready for all that SYC sports equipment. If you would like to volunteer to help your sport organize, please reach out to the commissioner of that sport. Commissioner emails are located under CONTACTS for each sports' page at www.sycva.com.



**SYC Office is closed
Thursday November 11.**

**Together
we give.**

**GIVING
TUESDAY**

Do your little bit of good wherever you are,
it's those little bits put together that
overwhelm the world



November 30, 2021

Thank you for considering SYC for your donation.

[Donate Here](#)

FAMILY AND COMMUNITY



Exercises to Help Your Kids' Mood

Moves to help kids feel better.

[Read more](#)
www.webmd.com



NEVER MISS AN EDITION OF THE TORCH!
The latest edition is always available at sycva.com.

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