



Bob Szafranski (Glenbrook South Booster Club) sent you a message.

Glenbrook South Titan Booster Club Newsletter

A weekly round-up of Glenbrook South High School Athletics

Important Reminder: 2019-20 Membership

School registration will start in May this year. As you register online, don't forget to sign up for the Booster Club as one of the activities you can select and pay for during the registration process.

We don't know the exact date registration goes live. We'll email membership when we do. We'll also have the [Booster Club website](#) ready for registration at that time. You can register at either site.

Thanks, and don't forget to sign up for 2019-20 GBS Booster Club!

Going Beyond Sports presented by Willow Lake Orthodontics



As the 2019-20 school year winds down, we not only celebrate all the great athletic achievements by GBS teams, but all the important off-the-field service projects highlighting how GBS athletes are giving back to the community.

Here's a look at some of the GBS Going Beyond Sports service projects, presented by our sponsor, **Willow Lake Orthodontics**. Be sure to contact Willow Lake for a free custom fit mouth guard for your GBS athlete.

Go Gold for Pediatric Cancer Awareness

This fall, GBS Athletes together raised both awareness and over \$4,750 to support pediatric cancer organizations.

While majority of the funds went towards Cal's Angels, some went to The Ted Mullin Fund, Go 4 the Goal and Children's Cancer Fund Research. All teams wore Gold Gear as part of their uniforms to raise awareness for Pediatric Cancer.

Girls Softball

For the last three years GBS Softball has brought awareness and raised money for Cancer. The girls wear the color purple for general cancer Awareness, while they wear different color ribbons in their hair to represent the different cancers that have impacted their family and friends. The GBS Softball program collects money and makes a donation to The American Cancer Society.

GBS Girls Swim & Diving: Feed My Starving Children

To kick off the 2018 **Girls Swim & Dive** season the team worked together with Feed my Starving Children to pack 124 boxes of food that would provide 74,400 meals to children in Nicaragua.

GBS Girls & Boys Swim & Diving: Hour of Power Relay

On September 26, **Glenbrook South's Girls & Boys Swimming & Diving** joined thousands of athletes from collegiate, high school, and club teams across the nation and abroad in our 12th Annual Ted Mullin

"Leave it in the Pool" Hour of Power Relay for Pediatric Sarcoma Research. Titan Athletes also wore yellow swim caps provided by Cal's Angels for Pediatric Cancer Awareness while engaging in continuous relays of any stroke for a full hour of all-out swimming. Our Titan Athletes raised over \$1200 to support Pediatric Sarcoma Research in honor of Ted Mullin and our beloved Coach Rick Peterson.

GBS Girls Water Polo: Glenview Adopt-a-Highway

GBS **Girls Water Polo** participated in Adopt-a-Highway on April 20, cleaning up Lake St. between Shermer and Waukegan. It was a great way to enjoy spring weather, work as a team and give back to our Glenview community.

Poms for Paula

Each year, Varsity Poms puts together goody bags for people who are undergoing chemotherapy.

This project was inspired by Paula Hess, a former Titan Pom who fought a brave battle with cancer. Paula helped the girls choose what would go into the bag.

The Poms are thankful every day for the amazing gifts she shared with us. #pomsforpaula

Girls Soccer

GBS girls soccer players participated in two service projects this season.

Fighting global poverty – Varsity girls soccer players packed vegetable SEEDS for family gardens in South Africa.

Muscular Dystrophy Awareness Day - GBS vs Maine South on April 16 for both JV and Varsity games. Maine South and Glenbrook South teams both wore GREEN socks for the games. All GBS girls teams and players raised awareness and support by collecting donations throughout the school day, and sold baked cookies at concessions during the games.

Results – A greater awareness of Muscular Dystrophy and **Glenbrook South girls soccer program raised \$1,100** for the Muscular Dystrophy Association!

Boys Basketball

The Boys Basketball program volunteered for four service projects this year. Last October, our young men were involved in the JDRF Walk. In November, the varsity team volunteered (and did some team building) at Feed My Starving Children in Libertyville.

In January/February, the team supported the Charity Stripe for their Free Throws for the Fight Against Cancer and lastly, varsity helped to run a practice with the Glenbrook United Basketball Team.

Boys Gymnastics

This spring, the GBS Boys Gymnastics team traveled to the Regional Special Olympics Gymnastics meet at Palatine High School and helped with many facets of the meet.

Our gymnasts helped run and show the scores and even judged many of the events which send the athletes to the State Special Olympics Meet. Despite the event starting early in the morning the day after the turnabout dance, the boys were engaged and energetic and were the group with the largest number of volunteers.

Boys Track & Field

The Boy's Track and Field Team combined with Glenbrook North for a push up and plank contest before their dual meet on April 3rd. Donations for their efforts were collected and donated to Northbrook's "Total Link 2 Community" which is a non-profit organization enhancing communities by providing opportunities for people with disabilities to contribute and grow through employment, social connections and life-long learning. The team's combined efforts raised over \$2000 for Total Link 2 Community and look forward to beating that total next year!













Save the Date: Titanpalooza on Saturday, September 21

Titanpalooza is back at Wagner Farm on Saturday, September 21, from 6:30 p.m. 10 pm. We'll have bands, BBQ, and be raising money for Titan athletes.

Once again, this is our main fundraiser for the 2019-20 school year. Please mark your calendar and stay tuned for more information on ticket sales. We're also looking for live auction items if you'd like to donate something.

Girls Track Competes at Sectionals







Steven Rockrohr
Basketball
Class of 2018

Own a piece of Titan Dome History!

We saved square pieces of the **original Titan Dome gym floor** when it was replaced in 2017. They are now for sale for \$50 each. They make a perfect graduation gift or piece of GBS memorabilia for generations of Titan athletes. The floor dates back to the 1960s,

With only 50 in existence you can be one of the lucky few to purchase your own personalized Titan Dome Floor piece. These squares will be personalized with your kid's name, sport and graduation year.

Your \$50 donation will help fund a field house divider screen.

Imagine all the Glenview athletes who've played on the original gym floor from basketball, to volleyball, badminton, poms, cheerleading, even PE classes. School dances. Junior Titans. **They make a great tribute to any Titan athlete no matter the sport.**

To purchase, visit our **[website](https://www.gbstitanboosterclub.com/)**
at <https://www.gbstitanboosterclub.com/>

These are going fast. Don't miss this chance to own a piece of Titan Dome history!





Boys Lacrosse Senior Night

GBS Boys Lacrosse stretched their win streak this week with a senior night victory at home over Barrington, also earning the 4 seed for sectional playoffs.

The week prior, the Titans upset the number two team in the state, undefeated Lyons Township.

The Titans will host a first round playoff game on Monday, May 20.

Good Luck!





Girls Soccer Senior Night

Congratulations to the 12 graduating seniors of the Class of 2019 who have dedicated themselves to representing Glenbrook South High School and its Girls' Soccer program to the highest standard.

These fantastic ladies will be sorely missed and we are thankful for their character, their exemplary personalities, and extraordinary soccer athleticism and commitment that have symbolized this Titan Girls' Soccer program.

We wish you all the best in college!

Here are the results for Girls Soccer this season:

Freshman A team – Coach Thea Minogue

Current Record as of 5/10/19: 12 - 1 - 2

*1st Place in CSL Conference (South)

*11 complete game shutouts

*64 goals scored

*7 goals allowed

JV team – Coach Carabez

Current Record as of 5/10/19: 10 - 7 - 3

*4th place CSL Conference (South)

*43 goals scored

*16 goals allowed

JV2 team – Coach Dave Smith

Final Record: 15 - 2 - 0

*80 goals scored

*13 goals allowed

VARSITY – Head Coach Mark Daniels

Varsity Assistant - Coach David Franson

Current Record as of 5/10/19: 18 - 3 - 2

*Windy City Classic Tournament Champions!

*Glenbrook Cup Champions!

*2nd Place CSL Conference (South)

*69 goals scored

*21 goals allowed









Girls Badminton Places 9th at State!

South's badminton team sent 5 players to state at EIU. Singles player Tina Tsai and two doubles teams of Rhea Shah/Christina Joseph and Indra Ayushjav/Allison Daemicke scored 6 points, enough to finish in 9th place.

For the first time in 11 years, GBS badminton had players qualify for Saturday's competition. Sophomore Tina Tsai showed incredible poise in qualifying for her first year at state. The strong duo Rhea Shah/Christina Joseph finished in the top 16 at state! Thanks to everyone who supported our team!

Congratulations to the badminton players on their strong showing at state and for having such a great season!



Boys Volleyball

The volleyball team had a good week and capped it off with a tournament win on Saturday.

The boys split their conference matches this week with Maine South and Evanston. They battled hard against Maine South and went a long three sets, but the Hawks pulled it off in the end. The Titans fought back on Thursday night with a decisive victory at Evanston over the Wildkits. The Titans were led by Jack Shampine with 12 kills on 13 attempts with no hitting errors. Joe Masloski added 10 kills with Colin Roy chipping in 4 kills and 3 blocks. Thomas Cavallaro ran the offense with 38 assists and 2 aces.

The boys did not take the next night off. Instead, they headed up to Vernon Hills for the Cougar Classic. On Friday night, they beat Highland Park, Carmel, and Joliet Central to set up a Saturday in the championship bracket. Friday night defense was the key with many of

the boys contributing at the net with blocks - Kyle Busiel with 12 blocks, Colin Roy with 11, and Will Langas with 7 blocks. The backcourt defense was anchored by Connor Mitchell who picked up 42 digs Friday night. Saturday morning the Titans came out ready to play back at Vernon Hill for the semi-final match against Plainfield South and the championship match against the hosting Vernon Hills Cougars. The boys handled Plainfield quickly with Shampine leading the way with 10 kills. They capped off the morning with a straight-set win over Vernon Hills for the championship. The team had a balanced team effort in taking down the Cougars.

The Titans will be back in the Dome Monday night for **Senior Night** as the boys take on New Trier in a battle for the top of the conference.

Please come out Monday night to cheer on the Titans as they bring down the Trevians and we honor our 9 seniors; Thomas Cavallaro-Ohio State, Stephen Daus-Syracuse, Will Langas-Wisconsin, Joey Masloski-Wisconsin, Connor Mitchell-Syracuse, Colin Roy-Illinois, Jack Shampine-Penn State, Derek Thomas-Iowa State, and manager Rosie O'Rourke-St. Louis University.







Boys Tennis

The Boys Varsity Tennis team finished last week strong before entering the conference tournament this weekend. This week, the Titans had a dual meet on Tuesday where they defeated Evanston by a score of 7-0 and on Wednesday where they defeated Niles North by the same score of 7-0.

On Friday, the Titans were in the conference tennis tournament. Glenbrook South beat all challengers to make it to the conference finals at all positions, which then became an all Glenbrook South vs. New Trier final. The titans played their best tennis of the season. Every match was a tightly contested. The Trevians prevailed in all but the

second singles match which was won by Michael Bukhalo who beat top the top seeded opponent Jake Zipoli in a very tough three set match.

As a result of their outstanding performances the Titans had six players who were named to all conference tennis team. They are:

Marc Blekhman, Michael Bukhalo, Ben Soyfer, Daniel Deborin, Tommy Frankiewicz and Brandan Tanaka.

Congratulations to the team and best of of luck in the sectional tournament which GBS is hosting next week.



Boys Track & Field

Congratulations to the GBS Track and Field Program for their outstanding efforts during our CSL Championship week.

The Freshman team started out the week by capturing the team title by outdistancing 2nd place Evanston by over 30 points!

The Freshman won 10 of the 18 events contested....amazing job, Freshman.

Friday night all Varsity and Frosh/Soph teams brought their "A" games to Niles North to battle for a conference title. Glenbrook South had a very successful evening by finishing 3rd at both levels. 5 Varsity athletes won individual events and will be named "All-Conference" for their efforts.

Michael Zimmermann (High Jump)

Henry Schleizer (Discus)

Addy Otgontseren (Pole Vault)

Will Houser (800 Meter Run)

Nathan Shapiro (300 Meter Hurdles and Long Jump)

Additionally, Dimitri Manesiotis finished 2nd in the Shot Put and 3rd in the Discus and will earn All-Conference Honors as well.

The Frosh/Soph Team had a few top finishers as well including: Ryan Faut (1st place: Discus and Shot Put), Tommy Gebien (Long Jump) and Artie Schleizer (High Jump).

Full results from the CSL Championships can be found here: <http://lakeshoreathleticservices.com/tfresults/2019/cslniles/> as well and pictures from the CSL Meet and previous meets can be viewed here: <http://titandistance.com/photos/>

Best of luck to the GBS Track and Field Team at the IHSA Sectional Meet on Thursday at Niles West! (info: <https://il.8to18.com/GlenbrookSouth/newsfullstory?newsid=145987>)

Titans Helping Titans

Titans Helping Titans is holding a Spirit Wear Drive, with the help of the GBS Booster Club, to stock the Titan Closet for the beginning of the new school year.

We are asking for your assistance in spreading the word to help in the collection of new and/or gently used Spirit Wear.

Spring coaches will have donation boxes at team banquets at the end of the season. All donations will go to the Titan Closet for other students to have. Thanks in advance for your donations.

Boys Gymnastics Competes at State







Girls Softball

GBS Softball went 3-1 this week, improving their record to 14-6 overall and 7-2 in conference.

Pictured is Maggie Baumstark, wearing the team's "Strike Out Cancer" uniforms in their game against Maine South this week.



Baseball Plays for Conference Championship

A full week of baseball this week as Varsity played 6 games in 7 days. The Titans were victorious against Niles West, Niles North, Homewood Flossmore and Maine East. They were on the losing side against Maine East and Niles West, losing close games by a combined 3 runs.

For the week, the Titans were led offensively by Brandon Matias who went 10-21 with 5 RBI's, Nick Mathein who went 6-19 with 6 runs scored, George Karompilas (so) who went 6-15 with 7 runs scored and

Luke Smith who went 5-16 with 8 RBI's. Logan Kreske (so) pitched in with a HR this week and 5 RBI's and Jacob Snyder helped the team with a 4 RBI game against Niles West.

The pitchers continued their strong season with a dominant week from Ryan O'Hara who threw 10.2 innings with 0 earned runs and 15 K's. Garrett Moran threw a complete game victory vs. Niles North with 7 K's. Kevin Redfern threw 7 innings this week with 5 K's and only 2 earned runs.

Danny Carlson and Andrew Hartmuller (jr) combined on a 1-hit shutout of Maine East with a combined 9 K's. Finally, Matthew Lau (jr) recorded the save against a tough Homewood Flossmoor team.

For the season, the Titans are now 18-10 overall and remain in first place in the CSL South with a record of 11-3.

The conference championship is on the line this week as the Titans play Maine South on Monday and Wednesday.

They will also play non-conference games against Conant on Thursday and Lake Forest on Saturday.

Go Titans!



Boys Water Polo Competes at Sectionals

In Sectional play, Boys Water Polo defeated Maine West 19-8, on Thursday, May 9, in Northbrook.

Against New Trier, the Titans came up just a little short, losing 6-9.

Four goals for David Rugen and 11 saves for Aiden Clippenger.

Great Season!



**Chicago Blackhawks nutritionist speaks to GBS athletes,
parents May 13**

On May 13, GBS will host Dr. Julie Burns who is a nutritionist for the Chicago Blackhawks.

This is an opportunity for all Glenbrook athletes and their parents to learn about the power of using real food, customized nutrition and lifestyle strategies to fuel your sport and optimize performance and health.

This will take place in the GBS Auditorium from 7 - 8 p.m. and is open to both Glenbrook South and North students and parents.



Titan Football Player/Parent Meeting May 13

Glenbrook South Football will be hosting our Player/Parent Program Meeting on Monday May, 13 in the GBS Auditorium from 6 p.m. - 6:40 p.m.

Directly after at 7 p.m., the GBS Football program will be hosting Julie Burns MS, RD, CCN, a guest speaker on sports nutrition. Burns is a certified nutritionist that works with the Chicago Blackhawks, the NFL, MLB and NBA. This one hour presentation is open to all GBS and GBN

athletes and their parents. More information on a Julie Burns can be found at www.sportfuel.com. Special thank you to the GBS Athletic Department and TCBoost for helping to sponsor this event.



Raise Money for Titan Athletes, Sign Up for the 2019 Hero Hustle 10K/5K

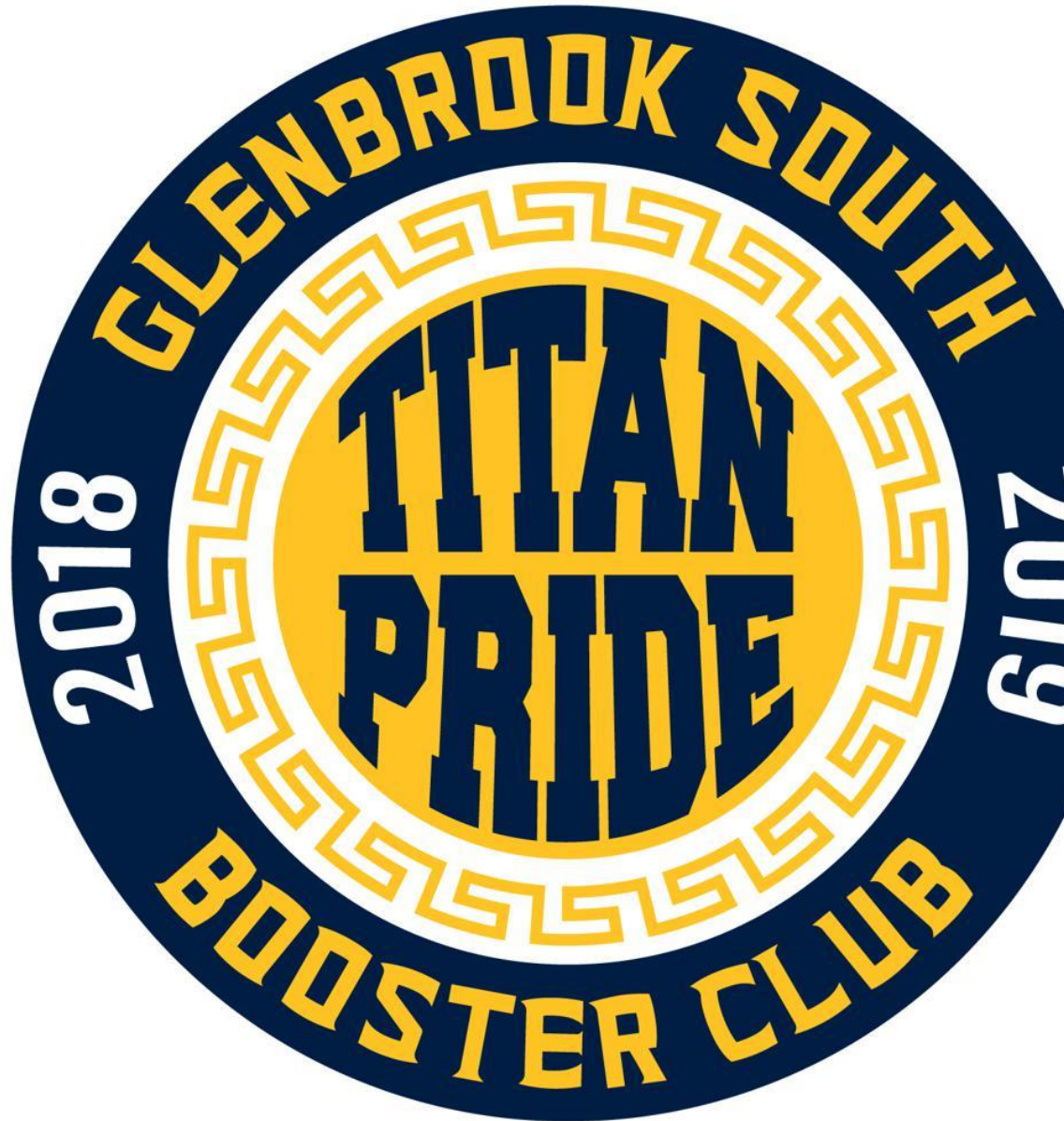
The Glenview Professional Firefighters Association recently donated \$2,383 to the Titan Booster Club with part of the proceeds raised from the 2018 Hero Hustle 10K/5K.

The Glenview Firefighters have been extremely generous to the Club over the last several years with multiple donations.

Please thank the firefighters by signing up for the **2019 Hero Hustle on Sunday, September 8, at Hoffman School**. Early bird registration is now open and can be accessed [here](#).

The Hero Hustle is a great community event and your participation will help raise money for Titan athletes.

Archived copies of old Booster Club newsletters can be found [here](#).



[2018-19 Membership Flyer](#)

2018-19 Booster Club Membership

Encourage your friends to sign up for the Titan Booster Club for the 2018-2019 school year!

Membership supports Titan athletes and includes free entry to all home varsity football and basketball games.

You can join the Booster Club by visiting our **website**. Sign up today!

#titanpride



GBS Spiritwear

The Booster Club sells all types of spiritwear – t-shirts, socks, hats, sweatshirts, and more.

Items are available for pick up at the school front desk.

To shop, follow this link: <http://shop.gbstanboosterclub.com/>



Follow us on Facebook!





Thank You Booster Club Key Fob Sponsors

Please patronize our 2018-19 Booster Club sponsors. And don't forget to use your member key fob for free admission to all home football and basketball games.

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Glenview State Bank

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Titans in the News

Click the links below for stories about Titan Athletics

[Athlete of the Week: 10 Questions with Brandon Matias, Glenbrook South baseball \(\\$\)](#)

[Coach Talk: South baseball player Zac Malis goes above and beyond \(\\$\)](#)

[Glenbrook South boys gymnastics finishes 3rd at sectional \(\\$\)](#)

[Photo Gallery: Glenbrook South girls track and field competes at sectional \(\\$\)](#)

[Glenbrook South girls track and field qualifies athletes to state meet \(\\$\)](#)

Thank You Coaches

Special thanks to GBS coaches for contributing content. To read prior Titan newsletters, to view more information about GBS Titan Athletics, or to see how you can get involved in Booster Club activities, please visit the Titan Booster Club website at [GBS Titan Booster Club](#)



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