

Athlete/Staff Requirements and the Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited or limited the congregation of groups of people.

The health and well-being of our staff and athletes remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading amongst our community, we will only allow staff assigned to work and athletes scheduled to participate to be in our gym. Parents wishing to remain on site can use outdoor common areas or the parking lot to wait for their athlete(s). Athletes waiting to attend a session will need to wait outside while maintaining social distance from others.

Lions Jrs/1st Alliance Volleyball (hereafter referred to as the "Club") has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in Club's gym environment; however, the Club cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at the Club could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described below and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Club and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at the Club may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Club employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the Club or participation in Club programming ("Claims").

On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Club, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club activity.

Participant's Name(s): _____ Team(s): _____

Participant's Signature (if 18 or older): _____

Parent/Legal Guardian Name(s) (for participants under 18): _____

Signature(s) of Parent/Legal Guardian: _____

Date: _____

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Furthermore, all participants in sponsored activities at Lions Jrs/1st Alliance Volleyball must agree to and abide by the following:

- First, and foremost, listen to your body. Don't work out or come to the gym when you have a fever, are coughing, sneezing or experience shortness of breath.
- Do NOT arrive EARLY and leave the facility as soon as your session is over. Athletes will be allowed entrance into the facility 5 minutes prior to their scheduled session. Wait in your car until it is time to enter the building.
- Wash your hands before and after each workout for at least 20 seconds.
- Use the bathroom at home and limit in-facility usage of our restrooms to Emergency only.
- Bring ONE large water jug with your name on it to practice and bring it home with you. NO plastic water bottles in the gym. Drinking fountains will be closed off.
- Leave all personal items including backpacks and phones in your locked car. Change into shoes and kneepads in your car before entering the building.
- We will be placing additional disinfectant wipes & sanitizer throughout the facility, please use those during practices as needed.
- Wear a mask when entering the building and in any public area such as the bathroom.
- We will end drills/etc with virtual high fives or give a word of affirmation or a fist pump.
- We will limit the use of unnecessary equipment.
- We will enforce social distancing during practice when possible.
- Players should avoid touching their face as much as possible.
- Water breaks will be limited, but players can bring their water to the court and drink when needed.
- No parents or visitors in our facility. Please drop off and pick up at the doors. Do not get out of your car and congregate.
- Keep up your physical activity as it allows your immune system to function at a higher-level which helps combat any illnesses.

Participant's Name(s): _____

Participant's Signature
(if 18 or older): _____

Parent/Legal Guardian Name(s) (for participants under 18): _____

Date: _____