



10 and Under Parent Meeting (2019)

General Information

www.stillwaterfastpitch.org

- **Philosophy**

- Our Association works to promote a **fun** competitive environment that improves players' skills while developing sportsmanship, teamwork, and self-confidence. This is a competitive program, and our goal is to have one of the highest quality programs in the state. We are committed to the development of high school varsity softball players.
- We recognize that most 10U players are new to fastpitch. Our coaching techniques emphasize fundamentals, encouragement, and positive reinforcement.
- Dedication is important. **Attendance at practices and games are critical to success for the entire team.**

- **Registration – Opens tonight January 24 through February 28.**

- **Fee**

- Team registration - \$450 plus uniform
- Volunteer buyout
- Spaghetti Feed fundraiser

- **Evaluations**

- Roster Size
 - 12-13 girls, depending on overall numbers
- Dates/Times
 - **Saturday, APRIL 6th indoors**
- Skill Stations Utilized
 - Hitting/Bunting
 - Throwing
 - Catching
 - Fielding
 - Pitching *Separate evaluation*
- Pitching Evaluations
- Team Selections
 - Player Placement
 - Girls will be placed on teams based on evaluations made by a committee selected by the 10U Coordinator. Other determining factors such as pitchers/catchers, etc will come into play.
 - It is a possibility some girls may be asked to remain at the VAA level for safety reasons.
 - Team Play Level
 - We will determine level of play (A, B, C) after we evaluate the girls and determine the number of teams, we are able to field. The decision we will make is what we feel is best for the girls to compete competitively and give them the best chance to improve their skills. Scores and age will determine layout of teams.

- **Practice/Game/Tournament Information**

- Practices
 - Preseason - Practice 2-3 times per week.

- Regular Season – Practice 1-2 times per week in addition to games and tournaments.
 - We will be playing in the Tri-County League. www.tricountyleaguemn.com
 - Game Schedules
 - Games will be double headers on Tuesdays and/or Thursdays. (start early May)
 - Field Locations
 - See Tri County Website
 - Tournament Information
 - Up to 3 invitational tournaments per year
 - Tri-County Qualifier (June 28-30)
 - MMFL State Tournament (if qualify) July 13 & 14
 - Mall of America Nationals (if qualify) July 25 – 29 TBD
- **Equipment**
 - 11” hard softball
 - Molded Cleats (no steel)
 - Glove-Big enough to hold 11” softball
 - Batting Helmet with Face Mask (Red or Black in color)
 - Fielder’s Mask (required for all IF and recommend for outfield positions)
 - Equipment Bag
 - Water Bottle
 - Optional Equipment
 - Sliding Pad
 - Batting Gloves
 - Bat - We will have limited bats available to use
- **Uniforms**
 - All players must wear the Association’s uniform
 - Jersey – Red (NEW design in 2018)
 - Black Pants (Mizuno)
 - Red Belt
 - Black Socks
 - Estimated cost \$75
 - Spirit Wear (will be available on-line)
- **Practice at Home**
 - It is recommended that all girls spend 15 minutes a day playing catch. At this level, the fundamentals of throwing and catching are very important.
- **Pitchers**
 - In preparation for the summer program, pitchers are encouraged to attend winter clinics. In addition to clinics, the girls should practice regularly. Pitching is a position that requires additional time and commitment to be consistent and successful.
- **Code of Conduct**
- **Volunteers/Coaching**
 - If interested in head/assistant coaching, please contact me. Need to know how would be interested in Head Coach.

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