



## COVID POLICY

### **INTRODUCTION:**

We are looking forward to everyone returning for the 2020-21 season, and look forward to a successful season both on and off the ice. In order to ensure that, we will need all players and staff to follow the guidelines we have set forth in order to enjoy a safe and successful season.

We as an organization cannot 100% prevent the spread of COVID-19, but we believe these policies and procedures will minimize the risk assumed by our staff and our players over the course of the season.

### **GENERAL:**

- **CLOTH FACE COVERINGS:** Face coverings are known to be one of the most effective methods to control the spread of COVID-19. Every player must have several cloth face coverings that can be regularly rotated and laundered. Alternatively, players can keep on-hand several boxes of disposable masks. Cloth face coverings will be mandated any time social distancing of six feet cannot be guaranteed. For reasons of community safety, regular non-adherence to this policy WILL result in disciplinary action.
- We will require regular and thorough hand washing with soap and water or the use of hand sanitizer containing at least 60% alcohol when soap and water are not available.
- Sharing of clothing, water bottles, hockey equipment and masks will not be permitted.
- Thorough cleaning of all gym equipment before AND after use.

### **AT THE OVAL/HOME RINKS:**

- Players are allowed into the building 30 minutes prior to ice session.
- Players will be required to do a daily health check via the TeamSnap app to check for COVID symptoms and will not be allowed entry to the rink until it has been completed.
- Players coaches, and fans will be screened in lobby – temperature (symptom) check.
- Anyone with a temperature of 100.4 degrees will be denied access to the facility and be recommended to seek medical attention.
- Players, coaches and spectators must wear a mask (facial covering) while in the facility at all times.
- Coaches and players are expected to have a mask on at all times except when playing on the ice and while walking back and forth from the locker rooms. In the locker room, players must wear a mask at all times except when they have a helmet on and are showering.
- No more than two players may shower at a given time.
- Please abide by the 6ft social distancing guidelines to and from the locker room and use the designated “hockey” pathway in the tunnel.
- Absolutely NO spitting is allowed in the building on or off the ice!
- No shaking hands, horseplay or unnecessary physical contact.
- Coaches must keep masks on when on ice and when 6ft distancing is not possible.

- Please limit the number of individuals watching games. Please no unsupervised children.
- Participants must leave within 30 minutes of ice session conclusion.
- Each player must have their own water bottle NO SHARING. Center ice drinking fountains and water bottle filling stations are not available at his time.
- Please inform Oval management immediately if any participant shows signs of COVID 19 within two weeks of ice session.

### **WHILE TRAVELING:**

- Mask mandated AT ALL TIMES in airport, on airplane, on bus and in hotel. Anyone who doesn't observe this policy will not play.
- We do not anticipate visiting restaurants this season. All meals will be catered/delivered and eaten at the hotel. Masks will not be required while eating.
- We will continue to have 4 players per hotel room and masks will be required at all times except when showering and sleeping. Players will be sharing beds and will sleep facing head-to-toe.
- Players will not be permitted to stay with/visit friends or family while on the road. This is done in an effort to protect the health of our group. We will however allow players to visit with family at our team hotel, assuming they observe all required health and safety mandates put in place by both the hotel and WCR.

### **AWAY GAMES:**

- We will observe league and facility COVID policies. This will include things such as arriving to games partially dressed, smaller quantity of players in locker rooms, warming up in different ways, ETC.
- Each facility will have different requirements so we will update you prior to departing for each trip on that specific venue's policy.

### **ACUTELY SICK PLAYERS:**

ANY player(s) who present any of the below-listed symptoms must immediately report them to a staff member and quarantine in their residence until a COVID-19 test can be administered.

- Fever or Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- New loss of taste and/or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Headache

Should a player test positive for COVID-19, WCR reserves the right to share their medical information on a need to know basis with essential community members and local health

authorities to determine contact tracing and quarantine procedures. Whenever possible, the privacy of the infected individual shall be protected.

**IN THE EVENT A PLAYER TESTS POSITIVE FOR COVID-19:**

- All team functions will be postponed indefinitely.
- Each player will be required to present a negative COVID-19 tests before they can return to practice.
- All infected players/staff will be required to quarantine for a minimum of 14 days and produce two negative COVID-19 tests prior to returning.