



## ERHS Girls Hockey Fall Preseason Program

Sponsored by the ERHS Girls Hockey Boosters

Highly encouraged by the ERHS Girls Hockey Coaches

- The Fall Preseason Program practices will start on Sunday, October 7<sup>th</sup> at HealthEast Sports Center on both West and East rinks. The format this year will be practices on Sundays, Mondays and Wednesdays, conducted by Gwen Polaski.
- **The dates and times are as follows:**

Sunday, Oct. 7 <sup>th</sup>	7:00pm – 8:15pm	Wed, Oct. 17 <sup>th</sup>	6:00pm - 7:30pm
Monday, Oct. 8 <sup>th</sup>	7:35pm – 9:05pm	Sunday, Oct. 21 <sup>st</sup>	<b>no practice MEA</b>
Wed, Oct. 10 <sup>th</sup>	8:50pm – 9:50pm	Monday, Oct. 22 <sup>nd</sup>	7:40pm – 8:40pm
Sunday, Oct. 14 <sup>th</sup>	8:25pm – 9:40pm	Wed, Oct. 24 <sup>th</sup>	7:40pm – 8:40pm
Monday, Oct. 15 <sup>th</sup>	7:55pm – 9:25pm	Sunday, Oct. 28 <sup>th</sup>	7:40pm – 8:55pm

- The cost of the preseason program is \$90 for all 9 sessions. Goalies will play for free. Players must be registered (form turned in and payment made) by September 30<sup>th</sup>.
- The preseason program will be limited to 30 players only. Preference will be given first to returning players, then incoming 9<sup>th</sup> graders and if any spots are still open, to interested 8<sup>th</sup> graders. Please register early so we can plan accordingly!
- Registration forms and checks must be mailed or dropped off to Karen Glancey at the address on the form, NO LATER than September 30<sup>th</sup>, 2018. Questions regarding the fall preseason program can be directed to Karen Glancey (Girls Hockey Booster Treasurer) at [kglancey3k@gmail.com](mailto:kglancey3k@gmail.com).

### Mark your calendars for these other upcoming events:

- Oct. 23<sup>rd</sup> – Player/Parent/Coach meeting – 8 pm ERHS Loft Stage
- Tryouts will be the week of Oct. 29<sup>th</sup>
- Woodbury Scrimmage Festival – November 2<sup>nd</sup> and 3<sup>rd</sup>

Please check our NGIN website for copies of forms, announcements and the calendar for upcoming events: <https://www.erhsactivities.com/ghockey>.

**Be sure to sign up so you receive all email correspondence throughout the season. THANK YOU!!!**



## ERHS Girls 2018 Fall Preseason Program Registration Form

Checks should be made out to: **East Ridge Girls Hockey**

**MAIL/DROP OFF FORM AND PAYMENT NO LATER THAN SEPTEMBER 30th, 2018 TO:**

Karen Glancey  
East Ridge Girls Hockey  
6820 Cattail Court South  
Cottage Grove, MN 55016

Direct any questions to Karen Glancey at [kglancey3k@gmail.com](mailto:kglancey3k@gmail.com)

Player's Name \_\_\_\_\_ GRADE: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_ Player Cell #: \_\_\_\_\_

Player Email: \_\_\_\_\_

Parent 1: Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent 2: Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**Please CIRCLE what you are registering for:**

**Skater** All sessions @ \$90

**Goalie** All sessions @\$0

### **Liability Release:**

I understand that ERHS and the East Ridge Raptor Girls Hockey Boosters DO NOT carry insurance on players. I expressly assume all risk of loss or injury and hereby release and agree to hold harmless and indemnify the East Ridge Girls Hockey Boosters, the ERHS Girls, instructors and HealthEast Sports Center and their employees from any liability for injury or harm or other damage I or my child may sustain while a participant.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_