Viking Baseball Elite Winter Camp



High School Camp at Grayson College



The Viking Baseball Elite Winter Camp is a great opportunity for players of all ages to improve their skills in each area of the game. Each session is individually specialized to enhance performance in PITCHING, CATCHING, and HITTING.

PITCHING Pitchers will receive concentrated instruction in mechanics and delivery, grips, fielding, pick off moves, the mental approach and much more.

CATCHERS Catchers will receive specific instruction on proper setup, glove presentation, receiving, blocking, pop times, throwing programs, handling pitching staffs, as well as skills and tips on how to be a successful catcher.

HITTING

Campers will be taught a variety of drills in order to develop proper swing mechanics. Stance, stride, rotation and balance are just a few of the key topics that will be discussed and practiced in depth.

EQUIPMENT

Each camper must bring his own baseball equipment. Players should bring running shoes or turf shoes, hat, helmet, bat, batting gloves and any other equipment they feel necessary to compete.

Please mark campers names on all items. The camp is not responsible for lost belongings.

Dub Hayes Field, will be home to Grayson Baseball Camps. In addition, auxiliary fields and indoor may be used.

If needing a registration form, contact Coach Rea at

reaw@grayson.edu to receive a form.

CHECK IN All campers must register 30 minutes prior to the start of camp.

COST Cost of camp is \$120 per session. If signing up for both cost is \$200.

TIMES

SIGN UP

Sunday, December 9th Pitching / Catching 9:30 - 12:30

FACILITIES

Sunday, December 9th Hitting 1:00 - 4:00



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Viking Baseball Elite Winter Camp will be held on December 9th at Grayson College. This allows us to get to know each individual before the start of his high school season. This Elite Camp is for all players aged 14-18 years old.

Please fill out this sheet and mail back in before the deadline.

Circle which camp session you will be attending.

	Pitching/Catching \$120	Hitting \$120	Both Sessions \$200
Name:			
Address:		City:	State:
Cell Phone:		Email Address:	_
Graduation '	Year:	Height:	Weight:
Position:		Secondary Position:	
High School:		Coach Name/Number:	
Summer Tea	am:	Coach Name/Number:	
Emergency (Contact:	Contacts Number:	
' -	nds for this camp. If signing up after	(limited only by number, age, grade le er the signup date there will be a \$20 t	fee added on to payment.*
Contact Robbie Rea with any questions at reaw@grayson.edu			
Grayson County College Attn: Baseball/Robbie Rea 6101 Grayson Drive Denison, TX 75020 MAKE CHECKS PAYABLE TO Greg Evans I hereby waive any responsibility to any coaches or Grayson College for any injury that may result from me participating in this camp.			
	Name (Print)	Signature	Date