

## NHIA COVID GUIDELINE

Updated 11/3/20

### **Entering/Exiting**

- Players may enter the building 15 minutes before ice time with mask on
  - If enter earlier, they will be asked to leave building and wait for right time
- We ask that locker room supervisor and/or coaches to gather team together outside and bring players to locker rooms 15 minutes before ice time and make sure to get out of building in 10 minutes after through the designated route and exit door
- Recommend being completely dressed except for skates, helmets, and gloves (bags will be allowed)
- Must go to locker room and stay in locker room until ice time with masks on
- 2 locker rooms will be assigned for every hour
  - If locker rooms are too crowded, there will be some chairs set up outside locker rooms to use
- No warmups inside the arena
- After ice time, go straight to locker room to get undressed
- Exit the arena 10 minutes after ice time is over
- Follow the designated route to exit through designated exit door
- For games and scrimmages the teams must have a staggered entrance to the building
- No outside food in Locker rooms, benches, player boxes and scores table
- No spectators for practice except:
  - Locker room supervisor and coaches
  - Players 10 and under may have 1 parent if needed
- 2 Adult spectators are allowed for games
- **Strongly recommend no siblings**
  - If necessary, siblings must stay with parent for the whole game
- Adult spectators may enter building at the start of game time. Must wear mask the entire time in building
  - If they enter earlier, they will be asked to leave the building and wait for right time
- Exit through designated door immediately after the game