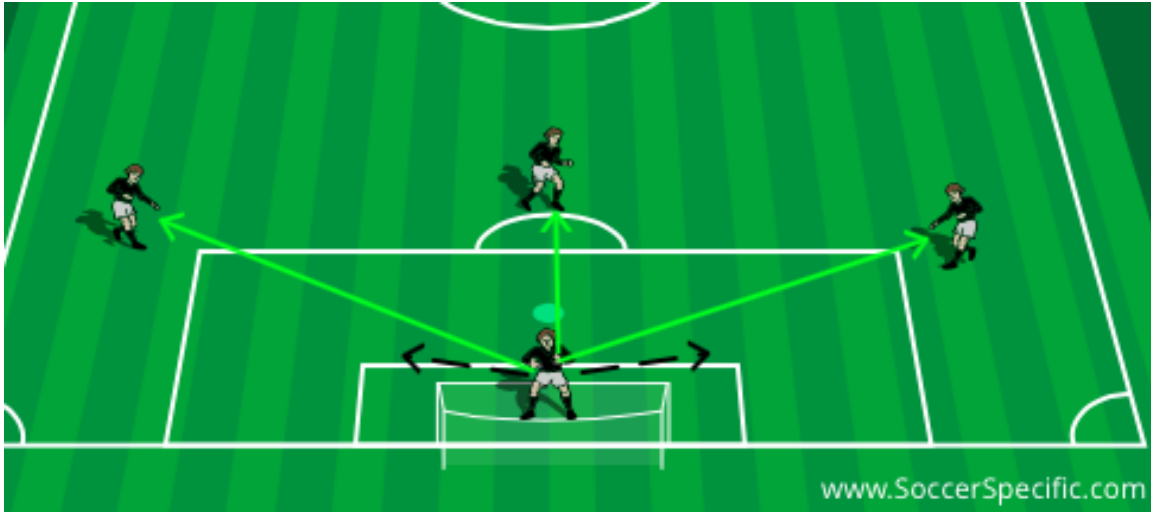
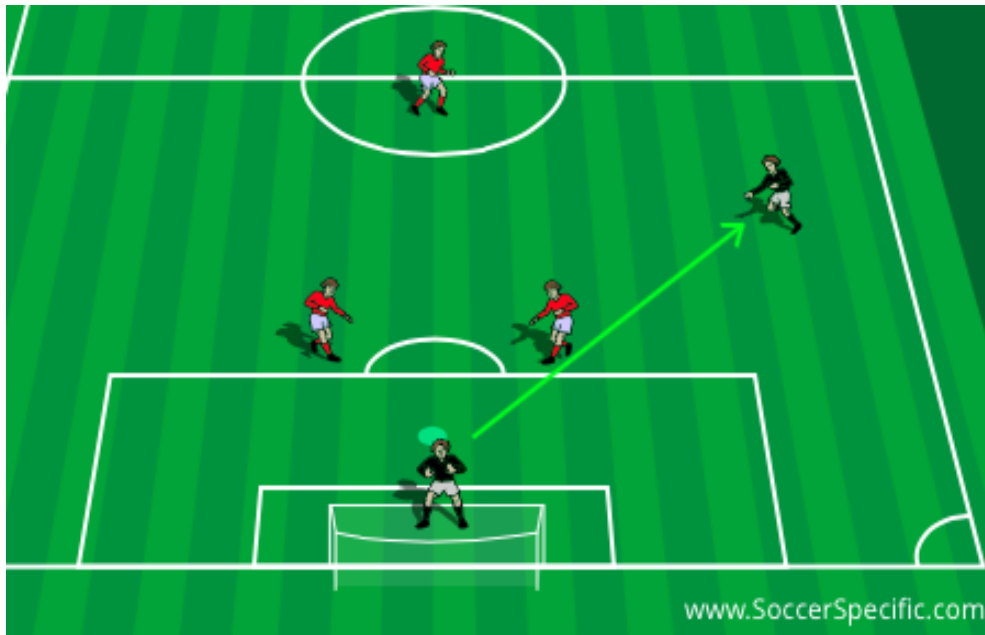


## Points of Emphasis for Playing Out of the Back: Things to Work On!

1) Basic inside of foot passes (either foot!) to defenders or checking midfielder 1B) Or, driven balls with laces that travel along the ground; immediate support must be provided, as indicated by the dotted lines:



2) 25-yard lofted ball to an outside back in a high and wide position; this may have to pass over a pressing forward; 2B) If space is clear, this can be a driven low ball along the ground (using laces with foot angled to side):



3) 25-yard lofted ball to a central midfielder sitting in a central “pocket”;  
3B) this can be done with an inside of the foot pass along the ground if there is space; maintain composure even if this occurs as forwards are onrushing:



4. Lofted ball to a high forward who is checking back; 4B) this could be played as a low driven ball if space allows and keeper is capable:

