

FRIDAY

BABY NINJA LIVE

[Click to join Coach Michael at 9:30 EST for a live Baby Ninja class!](#)

MOVE IT MORNINGS

[Click to join Coach Danny for Move It Mornings - a class for Ninjas 5 and over!](#)

SKILL TUTORIAL

[Practice your Ninja Cart!](#)

VIRTUAL FIELD TRIP

[Take a tour of the Carlsbad Caverns in New Mexico!](#)

GET OUTSIDE!

[Bird watch!](#)

AFTERNOON WORKOUT

[Friday afternoon dance party!](#)

EVENING STEM

[Learn about light refraction in this science experiment!](#)

BEDTIME REFLECTION

[Listen to the story of The Elephant and the Ant!](#)