

NEWSLETTER

The official newsletter of the Irish Youth Hockey League



FEBRUARY 2024

VOL. 10

UPCOMING EVENTS

- **February 24-** [Girls Try Hockey For Free](#)
- **March 10-** Championship Sunday
- **Week of March 11-** Spring Tryouts
- **June 17-19-** 10U/12U IB camp
- **June 24-26-** 14U/HS IB

CURRENT REGISTRATIONS

Register at these links:

- [Spring AAA Tryouts](#)
- [Spring AA Tryouts](#)
- [Goalies Inc. Clinic](#)
- [Spring Little Blackhawks](#)
- [Compton Classrooms](#)
([various age groups](#))
- [Ice Box Summer Camps](#)

MIND GAMES: Controlling Your Thoughts Can Translate To How Well You Do On The Ice

“Every player has self-doubts from time to time. Providing them with what sports psychology specialists call self-talk strategies can help them take ownership of their confidence and overcome any self-doubts they may have.”([Read the article here](#))

IYHL in Action



Calling all girls who haven't played hockey before!



Spread the word to all your cousins, nieces and neighbors- the IYHL is hosting a Girls Try Hockey For Free on February 24!

This is an opportunity for girls who have never played the sport to give it a shot. [Sign up here.](#)



8U Wins Fundraising Pizza Party!

Earlier in the season we raised a total of \$4,438.40 through HundredX. Since 8U raised the most with \$ 1,753.60 raised, they are awarded a pizza/skating party on March 10 from 1:15 - 2:15.

[Please RSVP here by March 6.](#)

Congratulations IYHL teams!

We have had some excellent representation at State Championships and at NIHL playoffs!

State Championship winners:

- 12UA1
- 12U Select
- 14U Select, 2nd place/runner up

NIHL Playoffs:

- 10U A
- 12U AA
- 12U A1



Your IYHL Board

Executive Board



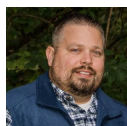
President
Anne Clifford



Vice President
Jay Rizzi

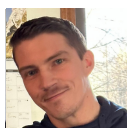


Secretary
Brenna Payne



Treasurer
Brandon Yates

At Large Members



John Alcock II



Chanda Berta



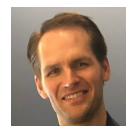
Dave Birchmeier



TJ Collins



Nick Dames



Tyler McGregor



CJ Owens

23-24 IYHL Sponsors

Thank you for supporting our teams

Gold Travel Team(\$3,000).

- Justin Elias State Farm
- Rockwell Hockey

Bronze House Team(\$600).

- AK Industries, Inc.
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- Clifford Physical Therapy
- Contemporary Images Photography*
- Culver Hockey
- Custom Fence Company
- Full Ballast Great Lakes Forest Products/Lamination*
- Hamden Catholic
- Heckaman Homes
- High Skills Hockey
- Hockey4Life*
- Industrial Door
- Jaeger-Unitek Sealing Solutions
- Kendall Electric
- Kruggel Lawton CPA
- LA Poly
- Oral Surgery Michiana**
- OSMC - Orthopedic and Sports Medicine Center
- Primary Care Partners of South Bend
- RWB Engineering
- South Bend Orthopaedics
- Steel Technologies
- Steel Warehouse
- Sweeney Julian
- Tape2Tape
- Wnek Family Orthodontics
- Woodhouse Spa

*Sponsors two teams

**Sponsors three teams