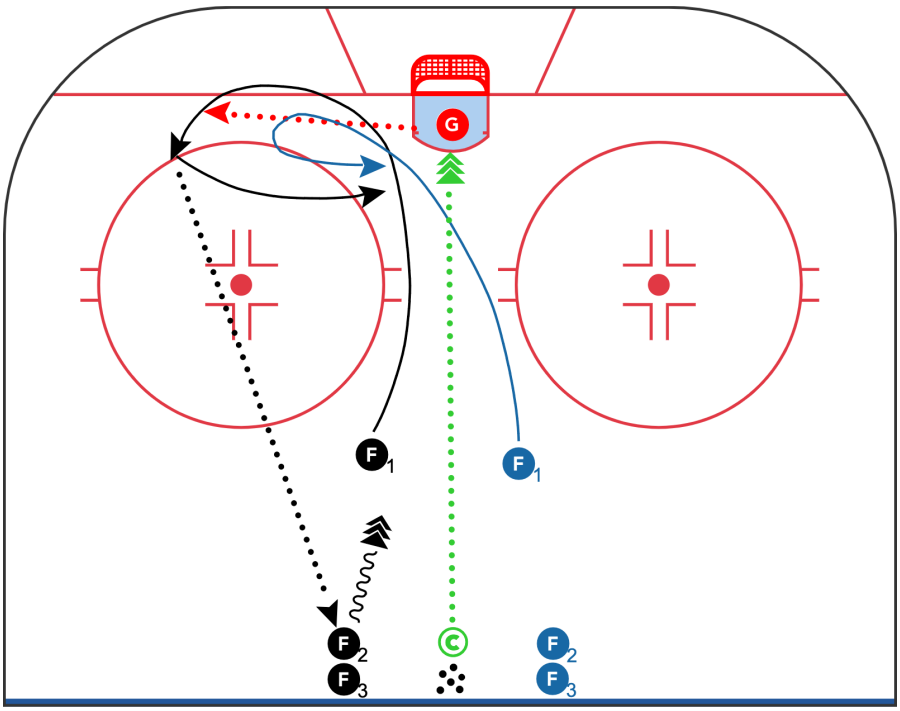
Rebound Battle 2 vs 1



Description

A coach or player dumps the puck on net and the goalie plays it to either corner. The first player (F1) in each line compete for the loose puck after the rebound. Whoever gains possession must pass it to the point player (F2) in their line to begin a 2 vs 1.

The drill is stopped after a goal, the goalie freezes it, or the puck is moved out of the zone.

Variations:

- Adjust F1 starting point (slot, net front, facing puck/net, corner)
- Adjust F2 starting spot (point, high slot, corner)