

**\* 2020 Connecticut Elite Baseball Association (CTEBA) \***

**Final as of 6/12/2020 3:00PM**

Statement of Purpose: The Connecticut Elite Baseball Association (CTEBA) was formed for the 2020 baseball season to provide American Legion teams and players a place to play with the cancellation of the National Program. CTEBA will obtain insurance coverage for all participating teams. We will be adhering to most of our usual eligibility and playing rules. Sportsmanship expectations remain unchanged. Hopefully all of our players, coaches & teams will be thrilled for the opportunity to again play the game they all enjoy so much.

**No team practices or other activities can begin until:**

- a) Allowed by Governor Lamont's Re-Open Connecticut Rules
- b) Allowed by each local community leadership
- c) Teams have registered with our league and paid their \$150 per team fee
- d) Teams have purchased and received confirmation of insurance coverage
- e) All participating players and their legal guardian have completed the Release of Liability Waiver Form
- f) All participating coaches have completed the Background Checks and related coaching requirements

All teams are required to follow all of the rules listed below and to complete all of the required forms – please see appendix for more details.

**Summary of League Costs per Team:**

	<u>League Fee</u>	<u>Medical Insurance</u>	<u>Liability Insurance</u>	<u>Total Cost</u>
19U Team	\$150.00	\$280.40	\$78.11	\$508.51
17U Team	\$150.00	\$110.70	\$78.11	\$338.81
15U Team	\$150.00	\$ 74.60	\$78.11	\$302.71
14U Team	\$150.00	\$ 74.60	\$78.11	\$302.71

All teams shall follow these rules with a few exceptions.

19 & Under Connecticut Elite Baseball Association

17 & Under Connecticut Elite Baseball Association

15 & Under Connecticut Elite Baseball Association

14 & Under Connecticut Elite Baseball Association

## **PLAYING REGULATIONS - RULE 1**

- A. Baseballs – While we recommend that all teams continue to use the Rawlings R100-CTAL Baseball, the following baseball will be allowed:
- 19U & 17U – Rawlings R100-CTAL, Spaulding TF PRO or Diamond D1
- 15U & 14U – The baseballs listed above or the Official Babe Ruth Baseballs from Rawlings, Wilson, Diamond or Spaulding.
- B. Bat Rule. For the 19U, 17U & 15U Divisions, regular wood and wood composite bats with permanently embossed BBCOR authentication will be allowed. BBCOR designation must be permanently embossed, printed or otherwise affixed to the bat by the manufacturer and must be visible to the umpire. Stickers are not permitted. For the 14U Division either BBCOR Metal or regular wood and wood composite bats with permanently embossed BBCOR authentication will be allowed. If a player uses an illegal bat, both the player and his head coach will be ejected. Further discipline, if any, will be determined by the League Director or his designee.
- C. Catcher's Equipment – Catchers are required to wear a safety helmet, throat protector and protective cup, in addition to normal catcher's equipment. All catcher's masks must have a built-in or attachable throat guard. While warming up a pitcher, either in or out of the bullpen, any player or coach must wear a mask.
- D. Coaches. - Only those coaches listed on the team's League Registration Form are permitted on the playing field. No team can play a game without one of these approved coaches present on the field or in the dugout.
- Each coach, general manager, and other required volunteer must pay for and provide all requested information, so that a yearly background check, conducted by the vendor selected by CTEBA, can be completed on them **prior to having any team related contact with any players**. Anyone failing this review will not be allowed to be part of any CTEBA Program – absolutely no involvement. If you passed a background check through American Legion Baseball in 2020 you do not need another one for this summer season.
- Any coach going on the field must wear a uniform similar to their players. Coaches will be allowed to wear "Team Jacket" over or instead of an official uniform shirt.
- E. Courtesy Runners – Courtesy Runners are not permitted at any level.
- F. Collisions – We continue to encourage base runners and defensive players to avoid collisions whenever possible. Any players who, in the judgment of the umpire, maliciously contacts another player is automatically ejected and, if the offender is a runner, is declared out. All further details from previous season's rule still apply.
- G. Designated Hitter (DH) Rule – For all divisions, a player can only DH for the pitcher.
- H. Extra Hitter (EH) – Teams also can use an extra 10<sup>th</sup> hitter (can't be used in the same game with a DH).
- I. Force Play Slide Rule – Intent of this rule is to ensure the safety of all players. On any force play, a runner who slides, must slide on the ground and in a direct line between the two bases. All further details from previous season's rule still apply.
- J. First Aid Kit Rule. – Each team must have a first-aid kit with them at all times.

K. Games:

1. Forfeitures - In case a visiting team fails to arrive within the designated time, the team on the field will win by forfeit after waiting fifteen (15) minutes beyond the time the game is scheduled to start. An appeal may be made to the division chairman in the case of unforeseen circumstances such as an accident in route to the game. The home team must be ready to play at the scheduled game time without exception (no grace period). In the event of a double header and the traveling team forfeits the first game, the scheduled time for the next game will be 15 minutes after the completion of the first game. Example: A team is traveling for a double header for a 1pm game and does not have enough players to start the game. The game is officially over after the 15 minute grace period at 1:15pm. The next game now starts at 1:30pm and would be subject to a forfeit at 1:45PM). The home team again has no grace period and would forfeit the 2nd game at 1:15PM. In all forfeit situations, the umpire shall place the eligible team on the field, have the pitcher throw one pitch and then officially declare that team the winner.

The League Committee is especially concerned that teams may use players known to be ineligible in order to avoid forfeitures of games due to lack of players. Because of ethical and liability issues, this behavior will lead to severe penalties – up to and including the removal of responsible coaches and/or entire teams.

2. If a game must be postponed for weather related issues, or some other reason approved by the League Director or his designee, it shall be played depending upon field availability by one of the 2 teams on the next mutually open date (non-league games must be cancelled). Teams that do give up home games may switch a later away game to their home field. Games not made up on the next open date, as described above, will result in the game counting as a loss for both teams. The division chairman should be consulted by the home team manager for approval of the schedule change.
  3. When it is necessary to change a field for a scheduled game, other than for weather, the visiting team manager shall be notified twenty-four (24) hours before game time.
  4. Suspended games may be completed on the date of the next scheduled meeting between the two teams if feasible, otherwise, they must be rescheduled according to paragraph 2 above.
- L. Helmets. – All players are required to wear a double-flapped, ear-protective helmet while batting, running the bases and on deck. All batting helmets must have the National Operating Committee on Standards for Athletic Equipment (NOCSAE) seal of approval stamped on the helmet. As a safety rule, base coaches are required to wear a standard batting helmet, with or without earflaps.

M. Insurance Rule:

All CTEBA teams must purchase insurance (checks payable to CTEBA) prior to starting any team activities. Checks should be sent to Jeff Clarke, CTEBA Treasurer at 10 Luke Street, Prospect, CT 06712.

N. Lightning Safety:

When thunder is heard or a lightning bolt is seen play will be suspended immediately and all playing personnel will take shelter – while following appropriate social distancing guidelines. Once play has been suspended teams are required to wait at least 30 minutes after the last thunder is heard or lightning is witnessed before play can resume. For any subsequent thunder or lightning after the initial suspension the clock is reset and a new 30-minute count is begun.

O. Bat Boys or Girls:

No bat boys or girls allowed due to COVID rules.

P. Pitching Rule:

U-19: No player may pitch more than a total of 105 pitches per day. A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit during an at bat, but must exit the position after that hitter. No player may enter the game as a pitcher unless having fulfilled the required rest days as mandated in the chart below. No player may make more than two appearances as a pitcher in any consecutive three-day period. PENALTY: The pitcher shall be removed from the game, the head coach shall be ejected from the game and serve an additional one game suspension and the game shall be forfeited if a protest is filed with the umpire-in-chief before the last out of the game.

U17: No player may pitch more than a total of 95 pitches per day. A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit during an at bat, but must exit the position after that hitter. No player may enter the game as a pitcher unless having fulfilled the required rest days as mandated in the chart below. No player may make more than two appearances as a pitcher in any consecutive three-day period. PENALTY: The pitcher shall be removed from the game, the head coach shall be ejected from the game and serve an additional one game suspension and the game shall be forfeited if a protest is filed with the umpire-in-chief before the last out of the game.

U15: No player may pitch more than a total of 90 pitches per day. A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit during an at bat, but must exit the position after that hitter. No player may enter the game as a pitcher unless having fulfilled the required rest days as mandated in the chart below. No player may make more than two appearances as a pitcher in any consecutive three-day period. PENALTY: The pitcher shall be removed from the game, the head coach shall be ejected from the game and serve an additional one game suspension and the game shall be forfeited if a protest is filed with the umpire-in-chief before the last out of the game.

U14: No player may pitch more than a total of 85 pitches per day. A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit during an at bat, but must exit the position after that hitter. No player may enter the game as a pitcher unless having fulfilled the required rest days as mandated in the chart below. No player may make more than two appearances as a pitcher in any consecutive three-day period. PENALTY: The pitcher shall be removed from the game, the head coach shall be ejected from the game and serve an additional one game suspension and the game shall be forfeited if a protest is filed with the umpire-in-chief before the last out of the game.

The chart below outlines required days of rest and applies to all games played by a team during the season including non-zone games.

Age	Daily Max (pitches in game)	Required days of rest (pitches)				
		0 days	1 day	2 days	3 days	4 days
U-19	105	1-30	31-45	46-60	61-80	81+
U-17	95	1-30	31-45	46-60	61-80	81+
U-15	90	1-30	31-45	46-60	61-80	81+
U-14	85	1-30	31-45	46-60	61-80	81+

Rule 1.R.3 If a pitcher throws 45 or fewer pitches in game one of multiple games on the same day, he may return to pitch in game 2, up to the maximum 105 total pitches for the day (in CT 95 for 17U, 90 for 15U & 85 for 14U). If a pitcher throws more than 45 pitches in game 1 he would be ineligible to pitch in any further games that day.

In addition, in order to enforce pitch count rules:

A. Each team will keep a record of pitches for both teams during the game and teams will compare counts and resolve discrepancies at the end of each inning. If teams cannot resolve their differences the home team book shall prevail per the rules of baseball. Each team will be required to complete the pitch count record chart (See Appendix).

B. Teams will be required to carry their pitch count record chart with them to each game and be prepared to present this document to the opposing team on demand prior to the start of each game. Teams must indicate which players are unavailable to pitch on the lineup card at the start of each game.

Point of Emphasis
<p>Connecticut Elite Baseball Association adopts the philosophy and principles of the MLB/USA Baseball Pitch Smart initiative of practical, age-appropriate guidelines to educate parents, players and coaches to avoid overuse injuries and foster long, healthy careers for youth pitchers. Learn more online at <a href="http://pitchsmart.org">pitchsmart.org</a>. The following are recommendations and suggested guidelines:</p> <ul style="list-style-type: none"> <li>• Consideration should be given not exceed 100 combined innings pitched in any 12-month period.</li> <li>• Take at least four months off from competitive pitching every year, including at least two to three continuous months off from all overhead throwing.</li> <li>• Coaches should consider the age of the pitcher and the recommended guidelines for that age group (i.e. a 16-year-old pitcher on a 19U team should be limited to 95 max pitches, although 105 pitches is allowed).</li> <li>• Once a pitcher is removed, consideration should be given to what position he is assigned once he is done pitching, as well as the throwing requirement of the fielding position once the pitcher vacates the mound.</li> <li>• Make sure to properly warm up before pitching.</li> <li>• Avoid playing for multiple teams at the same time.</li> <li>• Avoid playing catcher while not pitching.</li> <li>• Avoid pitching in multiple games on the same day.</li> <li>• Make sure to follow guidelines across leagues, tournaments and showcases</li> <li>• Monitor for other signs of fatigue</li> </ul>

S. Re-Entry Rule:

1. Re-entry for starters will be allowed for all divisions throughout the regular season and during our League Tournament.

T. Tobacco/Alcohol Rule

1. No tobacco is to be used in any form by players, managers, coaches and or umpires on the playing field. Failure to comply with this rule shall be suspension for that game plus the next 2 games (minor infraction). For this rule, the dugouts, batting cages, seating areas, refreshment stands, and other similar locations are considered part of the playing field.
2. The use of alcohol and or drugs by any player, coach, manager or other persons affiliated with CTEBA teams is prohibited. All teams are encouraged to have a written policy on alcohol and drug use that is presented and agreed to by all team personnel prior to the start of each season.
3. No alcoholic beverages are to be sold or consumed at any ballpark during CTEBA games. Any player, coach, or team-affiliated member found drinking alcoholic beverages at the ballpark before, during or after a CTEBA game would be suspended for a minimum of 4 games (major infraction). Any additional penalty will be determined by the League Director or his designee. No advertisements for alcoholic beverages should appear on any uniform. In cases where a ballpark is used by more than just the CTEBA team, these rules shall only apply to our events (CTEBA teams should not be discouraged from attempting to gain use of minor league and major league facilities where possible – this rule is not intended to preclude such usage of facilities that sell alcohol at professional games).

U. Ten (10)-Run Rule.

1. All CTEBA Regular Season and Tournament games shall use a 10-run rule after five innings for a 7 inning gamey, unless the home team is ahead by 10 runs or more after 4 ½ at which time that game will be halted.

Additional Rules

- A. Suspended Games – Regular season games will follow Pro Rules 4.12, with the following exception: all non-regulation games will be picked up from the point of stoppage. The following examples should clarify this rule:
  1. any game cancelled prior to becoming a regulation game in the 5<sup>th</sup> inning, will now be continued from the point it is stopped
  2. once a game is a regulation game (home team winning after the visiting team has hit in the top of the 5<sup>th</sup> inning or either team winning after the home team has hit in the bottom of the 5<sup>th</sup> inning), and weather or other conditions force the game to be stopped, it is over unless the visiting team ties or takes the lead in a subsequent inning and the home team doesn't have a chance to bat. In that case, it is a suspended game and must be continued from that point at a later time.
- B. Lineups – Teams should list all eligible starters and substitutes on their lineup card prior to the start of the game. Players omitted from the lineup card who are listed on the official team roster that have eligibility can participate in the game without penalty to the team. Teams should also note on the lineup card any pitchers who are ineligible to pitch in that game due to the days of rest rule.

- C. Umpires – All umpires are required to be members in good standing of the Connecticut State Board of Approved Baseball Umpires. This rule covers all regular season league and non-league games, regular season tournaments, and league tournament games played on our fields where the selection of umpires is under our teams or League Committee control, and all games played throughout the year (i.e. summer and fall).
- D. Championship and Tiebreaker Formats – A division champion and all other teams within the same zone will be determined from on the field regular season results – first by head to head record and second by record against the highest ranked teams in the zone. All ties between teams from 2 or more zones, where there are no head to head records, will be decided by “CIAC like” number that was assigned to each team for the 2020 season using a random number generator (See APPENDIX). All division positions must be determined by results of regular season games for all age levels by Wednesday, August 5th. A single elimination tournament at all age levels will start no earlier than Friday, August 7<sup>th</sup> and should end no later than Sunday, August 9th.

## **PLAYER ELIGIBILITY REQUIREMENTS - RULE 2**

### **A. Player age:**

19 & Under CTEBA Players Age: 19 & Under competition in **2020** is open only to players born on or after January 1, **2001**.

Clarification for 19 & Under CTEBA, any player born in **2000** is not eligible to play.

17 & Under CTEBA Players Age: 17 & Under competition in **2020** is open only to players born on or after January 1, **2003**.

Clarification for 17 & Under CTEBA, any player born in **2002** is not eligible to play.

15 & Under CTEBA Players Age: 15 & Under competition in **2020** is open only players born on or after January 1, **2005**.

Clarification for 15 & Under CTEBA, any player born in **2004** is not eligible to play.

14 & Under CTEBA Players Age: 14 & Under competition in 2020 is open only to players born on or after January 1, 2006.

Clarification for 14 & Under CTEBA, any player born in **2005** is not eligible to play.

### **B. Player's Domicile – no change.**

### **C. Proof of Age – Copy of previous year's Approved Identification Card, Birth Certificate, Federal Real ID Law Driver's License & US Passport.**



## **PLAYER RECRUITING PLAN “A” - RULE 3**

**CTEBA has not changed any program’s recruiting territory. A player can only be released to another adjacent team if the combined counted enrollment (high school 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> graders, both boys and girls) of the schools located in all of their territories are below 6,000.**

A. Player Recruiting – CTEBA has adopted the following modifications:

- a) A player not selected for the team in whose territory his parents or court ordered legal guardians live can ask to be released (or waived) to the next nearest team to that home. Any age eligible player who requests a release after being cut from a team must be granted a release as long as he has reasonably made himself available to the team making the cut. The team that he is released to may or may not require him to physically tryout. If not selected by this 2<sup>nd</sup> team, he would have the option to ask to play for the next nearest team. Again they may or may not require him to tryout. If he is not selected by this third team, then he will not be able to play CTEBA for this season. NOTE: **Chuck Berry is fully in charge of determining the release process.** Please note that teams can take released players from more than one other team in the same season, if the total applicable student population from all high schools located in those territories are below the 6,000 maximum. Please see Appendix for applicable Release Form.
- b) In addition, for the 2020 season only, if a particular territory does not have a team, players would be able to use the release process in order to find a team.
- c) For Connecticut, we will compare the parent’s address to the local town hall address for the town the team is named after (Bristol, Middletown, Torrington, etc...) – if the team is not named after just one town (Tri-Town, RCP, etc...), you will use the town hall address for the town where the team played a majority of its home games during the 2008 season. When one or more teams are combined to form a new team, the state committee will designate the town hall address to be used for that team at the time the combination is approved.
- d) All releases are just good for the 2020 summer season.

## **PROTESTS - RULE 4**

There will not be any protests, the decision by the umpires on the field in final.

## **TEAM AND PLAYER CERTIFICATION - RULE 5**

- A. All players (and one legal guardian) and coaches must complete the Release of Liability Form (please see Appendix) prior to participating and any team activities.
- B. Players Per Team – while each team can have no more than 25 players on their individual teams, they can have no more than 18 players attend any particular game. Because of COVID, teams should consider have even less players at most of their games.



Double Rostering with another team in the same program – you can double roster as many players as you would like – up to the 25 player limit. Players can only play at two different age levels during the regular season, and will be limited to playing on only one team during the League Tournament. CTEBA is only open to programs that have played American Legion Baseball.

C. Required Paperwork:

- a. Teams must register, and purchase required insurance, completing the Team Registration Form by June 12th to insure inclusion in their Division Schedule. All coaches must have passed an approved 2020 Background Check prior to participating in any team activity – either previously approved through American Legion Baseball or now through the link provided in the Appendix. All coaches must provide their Division Chairman with a copy of their approved “Player ID Card”, a copy of their birth certificate, a copy of a US Passport or a copy of a Federally Approved Driver's license along with a copy of the Player Indemnification & COVID Forms, and any Player Release Forms, for all their players by July 15<sup>th</sup>. In addition, Final Team Rosters will also be due by July 15<sup>th</sup>. Players can only appear on one tournament roster – which will be due by August 6<sup>th</sup>.

## **SPORTSMANSHIP & CONDUCT - RULE 6**

**Any player, coach or manager who refuses to stand at attention or who otherwise intentionally disrespects the flag during the playing of the National Anthem shall be disqualified from participation in that game. Such disqualification will be considered a MAJOR INFRACTION.**

CTEBA has adopted the following Disciplinary Action Policy. The provisions of this policy shall be in effect from one hour prior to the scheduled start of the game, throughout the game, and one hour after the completion, suspension or termination of the game.

Only the head coach (or his assistant, designated before the game with the right to replace him), will be allowed to leave his normal position to argue any calls or decisions made by the umpires. Penalty is the offending coach or team official will be ejected from the game and will be subject to the further penalties listed below. Umpires may, at their discretion, warn the coach for their first offense, especially early in the season. Please note that no coach is allowed to argue balls and strikes. The penalty would be restriction or ejection to the dugout at the sole discretion of the umpires.

1. MAJOR INFRACTION shall include, but not be limited to:
  - a. Non-consensual or reckless physical contact or attempting to make physical contact or any threat of physical intimidation or harm to include pushing, shoving, bumping, kicking, intentionally spitting, throwing at or attempting to make physical contact with an umpire or opposing player or fan.
  - b. Spitting, throwing or kicking anything at an umpire or any game participant.
  - c. Participating in a physical altercation.
  - d. Conduct otherwise considered a minor infraction that, by its nature, is judged to have included intent to incite a major infraction. This rule is designed to prevent “baiting”.

2. MINOR INFRACTION shall include but not be limited to:
  - a. Undue use of profanity towards any game participant
  - b. Verbal abuse of umpires or any game participant or intentionally throwing equipment
  - c. Malicious contact will be judged case by case by the umpires as to whether a MAJOR or MINOR infraction is to be assigned.
  - d. Any coach who criticizes an umpire in a public forum (defined as comments or quotes in the media and public meetings. The individual name of an umpire does not have to be included for this penalty to be imposed).
  - e. Any other conduct deemed by the umpire to be unsportsmanlike and warranting this penalty.
3. Punishment – Any player, coach, manager or bench personnel found guilty of a MAJOR infraction will be suspended for a minimum of four games and the suspension could be season-ending depending on the circumstance. If the person incurs a second major infraction he shall be suspended for the remainder of the season. Any player, coach, manager or bench personnel found guilty of one MINOR infraction will be suspended for a minimum of two games. The 2<sup>nd</sup> minor infraction will result in a suspension of a minimum of 3 games.

If he receives a third minor infraction, he shall be suspended for the remainder of the season. A player ejected out at one level of play, can't play for any other level of play until their penalty is served at the level he was ejected without the approval of the League Director or his designee. Any player suspended for the remainder of the season at one age level is also ineligible at the other age level. Please note that only the League Director, or his designee, has the authority to impose any punishment beyond these stated penalties.
4. Implementation of the Suspension - Any player, coach or manager thrown out of a league game will sit out the next league or tournament games as punishment. If a player, coach or manager is thrown out of a regularly scheduled exhibition game, he will sit out the next regularly scheduled exhibition game. If the expelled player, coach or manager's team has no exhibition games left on their schedule, he will sit out the next league games, tourney games or first league games this fall, whatever comes first. Coaches of both teams in the game involving the expulsion must notify the Division Chairman immediately after the game. Suspensions for either major or minor infractions will not continue into the next season if the suspensions cannot be completed during the 2020 regular season or league tournament.
5. For clarification, a suspended individual is not allowed to:
  - a. Communicate with any team personnel or umpires at the site of competition;
  - b. Take part in any pre-game activities at the site of competition; or
  - c. Be in the stadium, on the field, or within eyesight of the field once pre-game activities have started.

6. Appeal Process – There is no appeal process for the 2020 season. The punishment handed down by the League Director or his designee is final.
7. Ejection from the Ballgame - Any coach, manager, or team official ejected by the umpire must leave the field and dugout area immediately and is not allowed to communicate with team members or the umpires. A player who has just been ejected must continue to be supervised by a coach. The umpire is required to inform the Head Coach of the ejection and it is then the coach's prerogative to: (a) keep him on the bench or (b) send him (under constant supervision by another coach) to another location. If the player continues to be a problem after being ejected the Head Coach will be told to either control his player(s) or forfeit the game. Whenever an ejection occurs, the umpires are required to email the Division Chairman and League Director a completed Ejection Report by noon the following day.

A. Ejection from the Ballpark:

Umpires may restrict the offender (player or coach) to the bench/dugout for the remainder of the game, if the umpire judges the offender's actions to be minor in nature. Players restricted to the bench/dugout shall remain in the dugout under the supervision of team coaches. Coaches restricted to the dugout/bench may only leave the dugout/bench to attend to a player who becomes ill or injured. Any restricted player or coach shall be ejected for further misconduct.

- B. Conduct – In addition to the National Rule, any manager, coach, player, or team parent, team family member, or anyone else involved in CTEBA game or program, who in the opinion of the League Director or his representative, conducts themselves in an unsportsmanlike manner may be removed from further participation by the CTEBA League Committee. The Committee's Decision will be final.

Please note that inappropriate comments in any social media or print/audio "outlet" will result in case specific disciplinary penalties up to and including permanent ineligibility.

## **JURISDICTION - RULE 7**

Connecticut Elite Baseball Association is governed by the League Committee, and shall be comprised of:

- a) 12 members, each of whom will be accorded one vote in matters brought before the committee.
- b) The Division and Assistant Division Chairmen are responsible for the day to day operations of their divisions. The zone will determine, with approval from the League Committee, the number of games played, with league committee approval, at each level in their particular division.
- c) The 12 member of the committee will designate one of its members as League Director and another as the Assistant League Director. Baseball Committee Meetings will be governed by Roberts Rules of Order. A simple majority (seven commissioners) are necessary to hold an official meeting.

## **LEAGUE TOURNAMENT (HIGHLIGHTS) - RULE 8**

The following teams will qualify for the League Tournament at the end of the season:

19U – 8 teams (2 from Divisions 1, 2 & 3 and 1 from Divisions 5 & 6)

17U – 8 teams (2 from Divisions 1, 2 & 3 and the next 2 best records statewide)

15U – 4 teams (all from Division 3)

14U – 2 teams (all from Division 3)

Each tournament will be single elimination and start no earlier than Friday, August 7<sup>th</sup> and should end no later than Sunday, August 9<sup>th</sup>. All games at each age level will be played at the higher seeded team's field, a final decision on the location for the four Championship Games will be made prior to the start of the season on July 1<sup>st</sup>.

All participating teams will be responsible for paying the umpires and providing all the baseballs. The CTEBA will provide appropriate awards.

## **COVID RELATED RULES PER GOVERNOR LAMONT'S PLAN TO RE-OPEN CONNECTICUT – RULE 9**

While the complete “Reopen Connecticut Sector Rules for June 17<sup>th</sup> Reopen” from Governor Lamont are attached to our CTEBA League Rules, here are the most important COVID related rules & guidelines:

### 1) Guiding Principles (see Page 1)

All decisions on when and how to reopen have been made with safety at the #1 goal. (see Page 1)

If the other team refuses to comply with all the COVID rules, you should end the game and go home, and report the incident directly to both you Division Chairman and the State Director.

### 2) Introduction (see Page 5)

Each baseball game or practice will be limited to two teams, officials and limited family members. Each indoor practice is limited to 50% of building capacity. While these rules are intended to make all games and practices as safe as possible, everyone (players, coaches, officials & spectators) who participates should be aware of the potential risks. It is recommended that everyone over the age of 65 or with other health conditions not participate and remain home in order to stay safe. Individual teams should see these rules as the minimum requirements and feel free to take additional precautions, in consultation with their local health and recreation departments.

### 3) Sports Specific, Health Guidance & Personal Protection (see Pages 14-17)

Since most of our players have had limited baseball specific workouts since mid-March, coaches should take their time getting them ready for games, especially all pitchers.

Starting on June 17<sup>th</sup>, all of our teams can begin practicing and playing games. Participation in tournaments is not allowed until July 6<sup>th</sup>. All players, coaches, umpires and spectators should do a self-evaluation screening prior to coming to the field. If they have cough, shortness of breath, or any two of the following they should stay home: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat or new loss of taste or smell.

All players should travel to the game by themselves or just with their own family members. Shared equipment, like bats & helmets, should be kept to a minimum – anything share must be cleaned and disinfected frequently. Bats should be picked up by the user whenever possible (makes an out), but should be sanitized if picked up by someone else. Teams should consider assigning a coach or team representative to serve in this role. Everyone must bring their own water bottles. These water bottles can't be shared.

Masks or face coverings are not required for any player while they are engaged in any baseball related physical activity. However, everyone (players and coaches) on the bench must both wear a mask or face covering and properly social distance – staying at least 6 feet apart. Coaches and umpires on the field must also wear a mask or face covering unless they can consistently stand at least 6 feet away from the next nearest person.

Any coach coming onto the field to talk to an umpire must wear a mask or face covering and stay at least 6 feet away. If they do not comply, they will be given one warning – if they ignore the warning they will either be restricted to the dugout for the rest of the game or ejected at the umpire's discretion.

Because of the important need for social distancing, we recommend that teams consider not using their dugouts, and having all their players bring their own lawn chairs to be lined up 6 feet apart outside the playing fence. Furthermore, wherever possible, we recommend that teams remove all their portable bleachers, and have all spectators sit by family, socially distancing from each other and any players. All spectators, other than small children, are required to wear masks or face coverings while at the field.

Whenever possible coaches should keep players in small groups during practice to allow for social distancing. Teams should allow time between practices to clean and disinfect any commonly used surfaces. The starting times of games should allow a buffer between groups. Games times in a field complex should be staggered so that no more than half of the complex is changing over at any given time.

Game balls must be disinfected before and after each game and practice. Concession stands can be open, but must only sell prepackaged food and drinks. Any team “meeting” must meet the social distancing requirements.

All teams should consider having a “Game” or “Facility” Monitor at each game to monitor compliance with all the COVID related rules.

4) Cleaning and Disinfecting (see Page 18)

Hand sanitizers should, at a minimum, be available for each team. Bathrooms must be cleaned frequently, with a log kept for tracking. Appropriate cleaning (per CDC, EPA), disinfectant, and/or disposable disinfectant wipes should be available in the bathrooms.

5) Health Guidance (see Page 19)

All teams should keep an attendance log for all players and coaches, for all practices and games. If any player, coach, or spectator tests positive for COVID the team should be notified. The team must then contact their local or State Health Official for help following all state testing and contact tracing protocols. That team should not hold any additional practices or games until both this health official and our League Director, or his designee, gives their approval.

6) Additional Baseball Specific Guidelines

During any pre-game conference with umpires, and any other conferences or discussions with the umpires during the game, the coaches and the umpires should try to socially distance, but must wear masks or face coverings. During the game any mound visit or conference (offensive or defensive) must be limited to one coach and no more than four players. No full team “huddles” at any point during any game or practice. When talking to a player(s) coaches will wear masks or face covering and so will players if they aren’t doing any baseball related physical activity. Teams must now exhibit sportsmanship in a touchless manner – no handshakes / slaps / fist bumps during or after the game or practice.

If any player, most likely the pitcher, goes to their mouth and then touches the baseball: 1st two times in game player gets a warning from the umpire and the ball is removed from play (and must be sanitized before it can be reused), the 3<sup>rd</sup> time in the same game the player will be restricted to the bench for the rest of the game – please note that this means the player can’t play the rest of that particular game.

## **RAWLINGS SHOWCASE**

Plan are currently underway to provide this outstanding opportunity to some of our more talented players in early August. More information to follow shortly.

## **REQUIRED FORMS & PROCEDURES - APPENDIX**

### Appendix A – Pitch Count Log

### Appendix B – “CIAC Like” Tie Breaking Number

### Appendix C - Team Registration & Insurance Payment Form

As soon as possible, but no later the June 12<sup>th</sup> please complete and:

- a) email this form to Craig Zimmerman, the League Director at [craig\\_zimmerman@msn.com](mailto:craig_zimmerman@msn.com)
- b) mail a check payable to Connecticut Elite Baseball Association for both League Registration Fee and Insurance to Jeff Clarke, League Treasurer, at 10 Luke Street, Prospect, CT 06712

### Appendix D - Background Checks

Chuck Berry is in charge. Any new BC cost \$10.95. No one should have any contact with any player until they pass an approved background check. If you have already passed a Background Check for American Legion Baseball in 2020, you do not have to complete another one for this summer season. Please use the following Web-Link: <https://opportunities.averity.com/ceba>

### Appendix E - Insurance Coverage Information

Please see coverage and limitations.

### Appendix F - Release of Liability Waiver Form

Must be completed by all players and coaches before they begin any practices or team activities. A copy of this form must be emailed to your Division Chairman by July 15<sup>th</sup>.

### Appendix G - Team Roster Form

A copy of this form must also be emailed to your Division Chairman by July 15<sup>th</sup>.

### Appendix H – Player Release Form

Please contact Chuck Berry for more information at [crberry181@gmail.com](mailto:crberry181@gmail.com)



# APPENDIX A

## PITCH COUNT FORMS

Sample of Pitch count record chart to be carried by each team to every game. This form may be downloaded from the website.

### CTEBA Baseball Pitch Count Record Chart

Team \_\_\_\_\_

Division: \_\_\_\_\_

#Pitches thrown	Days of Rest
0-30	0
31-45	1
46-60	2
61-80	3
81-Max	4

Max pitches per day:	
19U	105
17U	95
15U	90
_____	_____
14U	85

Date of Game	Pitcher Name	Opponent	#Pitches Thrown	Threshold reached	Days of rest required	Eligible to pitch on	Signature of scorekeeper /Manager

# APPENDIX B

## **“CIAC LIKE” TIE BREAKING NUMBER**

1	Cheshire	3790
2	Torrington	4325
3	Shelton	5919
4	Fairfield	5958
5	Stamford	6531
6	Madison	8165
7	Winsted	11360
8	Hamden	11546
9	East Haven	12325
10	Wallingford	17247
11	W. Hartford	22186
12	Westport	22272
13	Oakville	26505
14	RCP	26538
15	Willimantic	31479
16	Meriden	35483
17	S. Windsor	36578
18	West Haven	37396
19	Win. Locks	39004
20	Greenwich	40481
21	Orange	43242
22	E. Hartford	45494
23	Jewett City	45637
24	Bethel	46058
25	Milford	46363
26	Ridgefield	50775
27	Norwich	51451
28	Naugatuck	53262
29	Tolland	53341
30	Tri-County	55243
31	Wilton	56676
32	Tri-Town	61817
33	Moosup	62445
34	Branford	65023
35	Wolcott	69802

36	New Haven	70716
37	Southington	73369
38	Glastonbury	75777
39	No. Haven	76364
40	Simsbury	77080
41	Berlin	78978
42	Enfield	80222
43	Danielson	80361
44	Waterford	81205
45	Newington	81669
46	Ellington	81927
47	Bristol	87125
48	Middletown	91185
49	Danbury	93236
50	Niantic	95196
51	Avon	95480
52	Stratford	97781
53	Trumbull	99572

