



MINNESOTA
TRACK & FIELD

Griak Indoor Classic

Saturday, March 30, 2019
University Fieldhouse

MEET INFORMATION



**UNIVERSITY OF MINNESOTA
GRIAK INDOOR CLASSIC**

March 30 – 10:00 A.M.
UNIVERSITY OF MINNESOTA FIELDHOUSE
1800 UNIVERSITY AVENUE SE
MINNEAPOLIS, MN

- ENTRY FEE:** \$200 per team or \$400 combined boys & girls. Please check in at the officials table in the lobby upon arrival for packet pick-up.
- PAYMENT:** Mail the entry fee by Monday, March 18, 2019 to University of Minnesota Track and Field, Attn: Zach Siegmeier - 516 15th Ave. SE, Minneapolis, MN 55455. Please call 612-625-2336 with questions.
- ENTRIES:** **Entries will open Friday March 22, 2019 and close at 4:00 p.m. Wednesday March 27, 2019**
-Will be limited to first 14 Teams (per gender). Each team may enter **3** contestants in the individual events and 1 relay team per relay event **Exception: 2** Entry per team in the 3200 and **2** entries per team in the pole vault.

Entries will be submitted online as follows: Go to www.wayzataresults.com and click "Online Entry" in the upper right corner. Select Griak Indoor Classic and the system will have instructions on how to proceed. Please email questions to entries@wayzataresults.com **When prompted for seed marks, use 2018 results or your best estimate. For 60 dash and hurdles please use 100 meter and 100/110 hurdle times.** Heat sheets will be posted by 3:00pm Thursday, March 28th.
- RESULTS:** All running events are timed finals – Sections will be seeded based on info submitted. Top 9 places will be scored towards the team scores. All throws and horizontal jumps will be measured, throws will be laser measured. Final results will be available after the meet on www.wayzataresults.com.
- SCORING** Fully Automatic Timing by Wayzata Results. Scoring to nine places with **team championship trophy** awarded to each gender. Griak Indoor Classic T-Shirts will be given to **top 3** in each event.
- LOCKERS:** None available – Please dress at your schools
- INDOOR TRACK:** Mondo surface for all running and jumping events. Maximum spike length is 1/4" Shot circle is concrete – Blocks will be furnished for the 60 meter dash and hurdles. Warm-up area east of the track.
- ELIGIBILITY:** Minnesota State High School League rules will govern participation and meet is sanctioned by the National Federation of State High School Association. Individuals may compete in a combination of 4 track and field events but no more than 3 track or 3 field events with this exception: No double of 1600 and 3200 meter runs. High school teams only – No club teams.
- OFFICIALS:** MSHSL Officials will be present. Each participating school must provide **one person** to help conduct the meet. Please have this person report to the check-in table in the lobby by 9:30 a.m.

MEET SCHEDULE – TENTATIVE (WILL FINALIZE AFTER ENTRIES SUBMITTED)

Track open for warm-ups at 9:15 am

FIELD EVENTS

10:00 – 12:20 (4 attempts horizontals and throws)

Triple Jump – Boys

Long Jump - Girls

Shot Put – Girls

High Jump – Girls

Pole Vault – Boys (open at 9')

12:40 – 3:00 (4 attempts horizontals and throws)

Triple Jump – Girls

Long Jump – Boys

Shot Put – Boys

High Jump – Boys

Pole Vault – Girls (open at 7')

RUNNING EVENTS

10:00 – 3200 M. Run (G/B)

10:35 - 60 M. Dash (G/B)

11:10 – 60 M. Hurdles (G/B)

11:45 – 4 x 800 relay (G/B)

12:20 – Medley relay (G/B)

12:55 – 1600 m (G/B)

1:25 – 400 M (G/B)

2:00 – 800 m (G/B)

2:40 – 4 X 400 Relay (G/B)

4 x 400 Relay (G/B)

3:15 – Griak Indoor Classic TEAM CHAMPION AWARDS