



2021 Aliso Boys/Girls Summer Wrestling Program

Dates- June 7- July 30

Times: Please see the calendar at wolverinewrestling.org for more information

Mondays/Wednesdays- 8 am to 10 am with Coach Mast

Tuesday/Thursdays- 4:30- 6 pm with Coach Trevino

Fridays- Open Mat- 3:30- 5 pm

Summer league competitions- TBD

COST: Total to attend (all sessions)- \$300 for coaches, insurance, supplies, costs

(USA Cards will be provided for all athletes- SCWAY cards will be extra)

▪ **\$150** if just attending one set of sessions (M/W or Tues/Thurs)

- Cash or Checks accepted (please make checks out to OS WRESTLING ACADEMY)

The regular class is a great class for any wrestler who wants to significantly improve and learn new technique. All levels are encouraged to attend the Summer league matches (Schedule TBA) to try out their skills versus opponents from other schools (the cost is included as part of the registration- transportation will not be provided however). Our intent is to provide an intensive 8- week training routine to try and “catch-up” for lost time during the pandemic. Each coach will be teaching a different series and we will be working to improve all wrestlers for the coming season.

To Register for the Summer Wrestling class, please return this form (both sides filled out) with your payment. Registration and payment will be collected the second session attended.

Participant's Last Name		Participant's First Name		Birthdate
Street Address		City		Zip
Parent's Phone		Secondary Phone		
Parent's Email Address				
Emergency Contact:	Name		Phone	

Any questions?

Please e-mail Coach Colwell at: gacolwell@capousd.org

