

3 Hills-Beaver Creek (10-0)

Class 9M

Kingsland (12-0)

1 Kingsland (11-0) H 26-14

Kingsland (13-0)

8 Goodridge/Grygla-Gatzke (9-0) 36-28

Fertile-Beltrami (12-0)

6 Fertile-Beltrami (11-0) H 36-6

Nevis (13-0)

4 Otter Tail Central (10-0) 14-12

Otter Tail Central (11-0)

2 Cedar Moutain (7-3) H 28-8

Nevis (12-0)

7 Mountain-Iron Buhl (11-0) 35-0

Nevis (11-0)

5 Nevis (10-0) H 12-8

CLASS 9M SECTION COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
Matt Kolling	Yes	13-1	21-17	4	Kingsland	1	0M
Dwane Jemmings	Yes	7-4	27-36	7	Cedar Moutian	2	0M
*Rex Metzger	Yes	10-1	109-34	14	Hills Beaver Creek	3	0M
*Eric Olson	Yes	11-1	61-20	8	Otter Tail Central	4	9M
*Shawn Klimek	Yes	13-0	119-62	18	Nevis	5	9M
Brian Nelson	Yes	12-1	194-97	29	Fertile-Beltrami	6	9M
Dan Zubich	Yes	11-1	112-41	15	Mountain Iron-Buhl	7	9M
*John Wilebski	Yes	9-2	112-121	25	Goodridge/Grygla-Gatzke	8	9M

CLASS 9M SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sub-District	Class
Dave Westerman	Yes	8-2	36-44	9	Littlefork-Big Falls	North (North)	9M
*Shawn Klimek	Yes	13-0	119-62	18	Nevis	North (South)	9M
Trevor Carrier	Yes	8-2	36-14	5	LeRoy-Ostrander	South (East)	9M
*Rex Metzger	Yes	10-1	109-34	14	Hills-Beaver Creek	South (West)	9M
*John Wilebski	Yes	9-2	112-121	25	Goodridge/Grygla/Gatzke	West (North)	9M
*Eric Olson	Yes	11-1	61-20	8	Otter Tail Central	West (South)	9M

*Denotes both Sub-District and Section COY

2023 9M COY Shawn Klimek, Nevis

3 Springfield (10-1)

Class A

Springfield (11-1)

1 Fillmore Central (11-0) H 22-12

Springfield (12-1)

8 Mahnomen/Waubun (10-0) 36-12

Mahnomen/Waubun (11-0) H

6 Parkers Prairie (9-2) H 18-0

Minneota (14-0)

4 Belgrade-Brooten-Elrosa (10-0) 43-22

Belgrade-Brooten-Elrosa (11-0)

2 Mayer Lutheran (8-2) H 28-6

Minneota (13-0) H

7 Braham (9-2) 63-6

Minneota (12-0) H

5 Minneota (11-0) H 55-0

CLASS 1A SECTION COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
Chris Mensink	Yes	11-1	92-75	17	Fillmore Central	1	1A
Dean Aurich	Yes	8-3	256-114	36	Mayer Lutheran	2	1A
Adam Meyer	Yes	12-2	30-8	3	Springfield	3	1A
*Chris Moscho	Yes	11-1	65-72	14	Belgrade-B-E	4	1A
*Chad Johnston	Yes	14-0	214-41	22	Minneota	5	1A
Mike Johnson	Yes	9-3	19-26	5	Parkers Prairie	6	1A
Shawn Kuhnke	Yes	9-3	124-61	18	Braham	7	1A
*John Clark Jr	Yes	11-1	216-56	23	Mahnomen/Waubun	8	1A

CLASS 1A SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sub-District	Class
*Chris Moscho	Yes	11-1	65-72	14	Belgrade-B-E	Mid NW (Gopher Gold)	1A
James Bechmann	Yes	7-3	27-21	5	Bethlehem Academy	Mid-Southeast (East)	1A
*John Clark Jr	Yes	11-1	216-56	23	Mahnomen/Waubun	Mid NW Valley Plains West	1A
*Chad Johnston	Yes	14-0	214-41	22	Minneota	Southwest North	1A
Brent Kucera	Yes	8-3	79-42	12	Sleepy Eye United	Southwest South	1A
Randy Schettler	Yes	7-3	22-41	7	Adrian/Ellsworth	Southwest South	1A

*Denotes both sub-district & section COY

2023 Class 1A COY Chris Moscho, Belgrade-Brooten-Elrosa

3 Jackson County Central (10-0)

Class 2A

Jackson County Central (11-0)

1 Caledonia (10-0) H 41-0

Barnesville (13-0)

8 Barnesville (11-0) 38-23

Barnesville (12-0)

6 Osakis (9-1) H 42-36

Eden Valley-Watkins (13-0)

4 Cannon Falls (9-2) 24-6

Cannon Falls (10-2)

2 Triton (6-5) H 51-6

Eden Valley-Watkins 12-0)

7 MLWR (10-1) 42-24

Eden Valley-Watkins (11-0)

5 Eden Valley-Watkins (10-0) H 60-0 **CLASS 2A SECTION COACHES OF THE YEAR**

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
*Carl Fruechte	Yes	10-1	194-40	22	Caledonia	1	2A
Brandon Neseth	Yes	6-6	44-34	8	Triton	2	2A
*Tom Schuller	Yes	11-1	211-54	25	Jackson County Central	3	2A
Dan Meyers	Yes	10-3	52-23	7	Cannon Falls	4	2A
*Adam Tri	Yes	13-0	62-25	9	Eden Valley-Watkins	5	2A
William Infanger	Yes	9-2	81-52	14	Osakis	6	2A
*Dave Louzek	Yes	10-1	222-56	25	Moose Lake-Willow River	7	2A
*Bryan Strand	Yes	13-1	169-45	19	Barnesville	8	2A

CLASS 2A SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sub-District	Class
*Adam Tri	Yes	13-0	62-25	9	Eden Valley-Watkins	Mid Northwest (3-Rivers-Blue)	2A
Paul Clark	Yes	6-3	78-43	12	Pillager	Mid Northwest (Central)	2A
*Bryan Strand	Yes	13-1	169-45	19	Barnesville	Mid Northwest (HOL-North)	2A
Chris Goodwin	Yes	8-1	33-14	6	Norwood Young America	Mid-Southeast (West)	2A
Dustin Bosshart	Yes	5-4	82-65	15	St.Clair/Loyola	Mid-Southeast (West)	2A
*Dave Louzek	Yes	10-1	222-56	25	Moose Lake-Willow River	Northeast (Blue)	2A
Robert Minkinen	Yes	10-1	26-13	4	Barnum	Northeast (Silver)	2A
Sam Thompson	Yes	9-1	17-3	2	St. Agnus	Skyway (Orange)	2A
Dusty Drager	Yes	8-2	44-16	6	Maple River	South (Central-Blue)	2A
*Tom Schuller	Yes	11-1	211-54	25	Jackson County Central	South (Central-Silver)	2A
*Carl Freuchte	Yes	10-1	194-40	22	Caledonia	South (East-White)	2A

*Denotes Both sub-district and section COY

Class 2A COY Adam Tri, Eden Valley-Watkins

Class 3A

3 Waseca (9-2)

Stewartville (12-0)

1 Stewartville (11-0) H

22-0

Stewartville (13-0)

8 Dilworth-Glyndon-Felton (9-1)

28-7

Dilworth-Glyndon-Felton (10-1)

6 Albany Area (8-2) H

33-6

Stewartville (14-0)

4 Mpls North (10-1)

43-13

Dassel Cokato (10-1)

2 Dassel-Cokato (9-1) H

14-7

Annandale (12-0)

7 Esko (11-0)

24-14

Annandale (11-0) H

5 Annandale (10-0) H

14-7

CLASS 3A SECTION COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
Garrett Mueller	Yes	14-0	48-11	6	Stewartville	1	3A
Ryan Weinandt	Yes	10-2	109-94	20	Dassel-Cokato	2	3A
*Brad Wendland	Yes	9-3	145-76	22	Waseca	3	3A
*Charles Adams III	Yes	10-2	113-31	14	Minneapolis North	4	3A
*Matt Walter	Yes	12-1	132-114	24	Annandale	5	3A
*Mike Ellingson	Yes	8-3	32-26	6	Albany Area	6	3A
*Scott Amtson	Yes	11-1	90-60	14	Esko	7	3A
*Anthony Soderberg	Yes	10-2	123-47	16	Dilworth-Glyndon-Felton	8	3A

CLASS 3A SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sub-District	Class
Dan Houghton	Yes	8-2	55-84	15	Rockford	Mid Northwest (White)	3A
*Mike Ellingson	Yes	8-3	32-26	6	Albany Area	Mid Northwest (White)	3A
*Anthony Soderberg	Yes	10-2	123-47	16	DGF	Mid-Northwest (Red)	3A
*Scott Amtson	Yes	11-1	90-60	14	Esko	Northeast (White)	3A
*Matt Walter	Yes	12-1	131-114	24	Annandale	Skyway (Brass)	3A
Jim Jackman	Yes	8-2	49-55	11	Litchfield	Skyway (Copper)	3A
*Charles Adams III	Yes	10-2	113-31	14	Minneapolis North	Skyway (Maroon)	3A
Mark Heiser	Yes	7-2	44-80	14	Patrick Henry	Skyway (Red)	3A
*Brad Wendland -	Yes	9-2	145-76	22	Waseca	South (Central-White)	3A
Mike Kesler	Yes	8-3	163-49	19	Rochester Lourdes	South (East-Red)	3A

*Denotes both sub-district and section COY

2023 CLASS 3A COY Garrett Mueller, Stewartville

3 Hill-Murray (8-2)

Class 4A

Byron (10-1)

1 Byron (9-1) H 31-28

Rocori (10-2)

8 Rocori (8-2) 7-0

Rocori (9-2)

6 Orono (9-1) H 28-27

Hutchinson (11-2)

4 Totino Grace (7-3)

14-6

Hutchinson (9-2)

2 Hutchinson (8-2) H 44-12

Hutchinson (10-2)

7 North Branch (9-1) 56-28

North Branch (10-1)

5 Benilde-St. Margaret (5-6) H 38-27

CLASS 4A SECTION COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
Ben Halder	Yes	10-2	46-34	8	Byron	1	4A
Andy Rostberg	Yes	11-2	228-52	25	Hutchinson	2	4A
*Rob Reeves		8-3	22-15	4	Hill-Murray	3	4A
*Jay Anderson	Yes	7-4	13-22	4	Totino Grace	4	4A
Sean McMenomy	Yes	5-7	99-77	17	Benilde-St. Margaret	5	4A
*Joe McPherson	Yes	9-2	29-22	5	Orono	6	4A
Justin Voss	Yes	10-2	51-19	6	North Branch	7	4A
James Herberg	Yes	10-3	44-20	6	Rocori	8	4A

CLASS 4A SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sub-District	Class
Erik Lofald	Yes	7-2	11-30	5	Duluth Denfeld	Northeast (Red)	4A
Matt Townsend	Yes	4-5	30-22	5	Columbia Heights	Skyway (Blue)	4A
*Joe McPherson	Yes	9-2	29-22	5	Orono	Skyway (Bronze)	4A
*Rob Reeves		8-3	22-15	4	Hill-Murray	Skyway (Gold)	4A
Dwight Lundeen	Yes	9-1	399-167	54	Becker	Skyway (Green)	4A
Joel Swanson	Yes	8-2	147-92	25	Kasson-Mantorville	Skyway (Platinum)	4A
Ryan Fay	Yes	7-3	30-17	5	Princeton	Skyway (Silver)	4A
*Jay Anderson	Yes	7-4	13-22	4	Totino-Grace	Skyway (Yellow)	4A
Terry Bahlmann	Yes	7-3	276-110	49	Marshall	South (Central-Red)	4A

*Denotes both sub-district and section COY

Class 4A COY **Andy Rostberg, Hutchinson**

3 St. Thomas Academy (8-2)

Class 5A

St. Thomas Academy (9-2)

1 Owatonna (8-2) H 46-28

St. Thomas Academy (10-2)

8 Alexandria Area (10-0) 42-30

Alexandria Area (11-0)

6 Rogers (9-1) H 38-12

Chanhassen (13-0)

4 Mahtomedia (6-4) 34-31 OT

Chanhassen (11-0)

2 Chanhassen (10-0) H 28-22

Chanhassen (12-0)

7 Andover (9-1) 54-46 OT

Andover (10-1)

5 Robbinsdale Armstrong (8-2) H 37-20

CLASS 5A SECTION COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
*Jeff Williams	Yes	8-3	207-86	28	Owatonna	1	5A
*Cullen Nelson	Yes	13-0	38-10	5	Chanhassen	2	5A
*Travis Walch	Yes	10-3	10-3	1	St. Thomas Academy	3	5A
Dave Muetzel	Yes	6-5	129-59	17	Mahtomedi	4	5A
Jack Negen	Yes	8-3	59-35	10	Robbinsdale Armstrong	5	5A
*Marc Franz	Yes	9-2	138-71	21	Rogers	6	5A
*Tom Develice	Yes	10-2	69-30	10	Andover	7	5A
*Mike Empting	Yes	11-1	85-78	16	Alexandria Area	8	5A

CLASS 5A SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Section	Class
Tim Carlson	Yes	8-2	34-77	12	Bloomington Jefferson	Northstar East Gold	5A
*Travis Walch	Yes	10-3	10-3	1	St. Thomas Academy	Northstar East Maroon	5A
*Mike Empting	Yes	11-1	85-78	16	Alexandria Area	Northstar North	5A
*Cullen Nelson	Yes	13-0	38-10	5	Chanhassen	Northstar South Gold	5A
*Jeff Williams	Yes	8-3	207-86	28	Owatonna	Northstar South Maroon	5A
Tom Orth	Yes	8-2	13-33	25	Two Rivers	Northstar Twin Cities	5A
*Tom Develice	Yes	10-2	69-30	10	Andover	Northstar West Gold	5A
*Marc Franz	Yes	9-2	138-71	21	Rogers	Northstar West Maroon	5A

*Denotes both sub-district and section COY

Class 5A Cullen Nelson, Chanhassen

5 Centennial (9-1)

Class 6A

Centennial (10-1)

3 Rosemount (6-4) H 24-0

Centennial (11-1)

3 Lakeville South (9-1) 20-13

Lakeville South (10-1)

4 East Ridge (4-6) H 35-34

Centennial (12-1)

6 Eden Prairie (10-0) 28-27

Eden Prairie (11-0)

3 Lakeville North (9-1) H 21-3

Edina (9-3)

4 Stillwater (8-2) 28-7

Edina (8-3) H

6 Edina (7-3)- H 49-21

CLASS 6A SECTION COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sec	Class
Brian Vossen	Yes	9-2	114-39	14	Lakeville North	3	6A
Ben Burk	Yes	10-2	48-6	5	Lakeville South	3	6A
Jeff Erdmann	Yes	6-5	217-139	34	Rosemount	3	6A
Dan Frize	Yes	4-7	54-36	9	East Ridge	4	6A
*Beau LaBore	Yes	8-3	99-84	19	Stillwater	4	6A
*Mike Diggins	Yes	12-1	80-58	14	Centennial	5	6A
Mike Grant	Yes	11-1	388-80	41	Eden Prairie	6	6A
*Jason Potts	Yes	9-4	15-23	4	Edina	6	6A

CLASS 6A SUB- DISTRICT COACHES OF THE YEAR

Coaches	MFCA	Season	Career	Yrs	School	Sub-District	Class
*Beau LaBore	Yes	8-3	90-84	19	Stillwater	Metro (East)	6A
Jackson Litterer	Yes	5-4	5-4	1	Buffalo	Metro (Maroon)	6A
*Mike Diggins	Yes	12-1	80-58	14	Centennial	Metro (North)	6A
Nick Johnson	Yes	4-6	12-32	5	Eagan	Metro (South)	6A
*Jason Potts	Yes	9-4	15-23	4	Edina	Metro (West)	6A

*Denotes both sub-district and section COY

Class 6A COY **Mike Diggins, Centennial**