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Integrity Volleyball Team Comparisons - 10U

	Limited Club*	Intense Blue (TX Travel)
Practice Days (No practices are held on Saturday or Sunday)	1 per week + Academy Intense	2 per week
Practice Times	TBA	TBA
Practice Site	IVBC -NYTEX	IVBC – NYTEX
# Coaches*	2	2
Players per team	12 Max	12 Max
Play Dates	7 Tournament Days	8 Tournaments
National Qualifiers	none	Lonestar- Club
Fees Include	Admin Fees, Equipment, Coaches Salary, Coaches Exp., Tourney Entries, Uniforms, Practices	Admin Fees, Equipment, Coaches Salary, Coaches Exp., Tourney Entries, Uniforms, Practices, Conditioning once per week.
Approximate Fees	\$1700	\$2,500
Deposit Due	\$350/player Acceptance/Signing Date	\$500/player Acceptance/Signing Date
Monthly Fees Due	15th –September to March	15th –August to March
Uniforms	2 Integrity t-shirt 1 game jersey, 1 pr spandex, 1 pr ea: kneepads Socks	2 Integrity t-shirts 1 game jersey, 1 pr spandex, 1 pr ea: kneepads 1 Backpack Socks
Season Start	Sept/ Oct/ Nov – Academy Intense December - full	Sept/Nov - Academy Intense offered e December- full
Season End	Late April	Early May – Regional
Travel Area	North Texas	Texas or a surrounding state
Tryouts Required	YES	YES
Commitment Level	work w/school commitments, but attendance is expected at ALL practices and games from December - April	work w/school commitments or other sports and activities, but attendance is expected at ALL practices and games

*** 2 Coaches are assigned per team, but scheduling conflicts could result in only 1 coach being at a tournament**

Limited Club – the level of focus will be on ensuring a proper foundation to play competitive volleyball and team building. Practice will be once per week, but unlike other clubs at this level, this is a tryout team, and 2 experienced coaches will be provided. 10U/11U/12U/13U Limited Club teams will **begin in Sept, Oct, and Nov** through our Academy Intense program, which is included in the 10/11/12/13 LC team package. Tryouts will be held in September.

Club (often called Regional or Elite) – Foundation play is integrated with advanced team building play, advanced skill development, and playing strategy needed at this next level of play. Practice and mandatory conditioning will be 2X per week for proper reinforcement of skills and team strategies. Teams may travel to an out-of-town 2-day tournament.

Intense Red (often called National or Regional) – Players are instructed on proper use of foundation & advanced skills with advanced game strategy that focuses on team vs individual play. Practice and mandatory conditioning for 13U & above will be 2X per week, with the commitment of Volleyball being the primary sport. Teams may decide to try to qualify for Nationals based on early-season results. Teams may travel to an out-of-town 2-day tournament.

Intense Blue (often called Mizuno, Molten, or some other Volleyball brand name). Highest level of youth play – similar to Select level except more travel is involved, and the team will attend 2 Out of Town National Qualifier tournaments. If the team qualifies for Nationals (USAV) or decides to go to AAU Nationals in Orlando in June, a separate package priced at \$950-\$1,300 will cover practices and coaching through June and the travel-related costs for coaches if qualified for USAV.



TRYOUT AND EVALUATION POLICIES AND PROCEDURES – 2026-2027 SEASON

If you have already played for Integrity Volleyball Club, you need to attend the Tryout Clinics and other programs during May, June, and July.

If you have not played with Integrity in the past year, we would love to get to know you at the Tryout Clinics, during May, June, and July. If you have played club for at least one year, you are more than welcome to register and attend the Tryout Clinics. The Tryout Clinics give us a chance to get to know you and you to know us. When you are at the Tryout Clinics, be sure to let the coaches and/or directors know that you are interested in playing with Integrity.

Evaluation Window and Signing date (Please note the correct age group)

Tryouts Clinics for ALL AGE GROUPS will be held from May 4th to July 2nd

July 7th - Acceptance date. (AKA “Signing Day”- When contracts are signed and deposits are paid)

When Integrity makes a verbal offer, and the player verbally accepts, Integrity will hold a spot until the acceptance date. It is also expected that when a player verbally accepts the offer, they fully intend to sign the offer on the official signing date. It is the honor system, and we expect this to work both ways.

INTEGRITY VOLLEYBALL CLUB ONBOARDING WILL BE ON JULY 6TH

Teams will come in and have an official practice, and we will hold tryouts to complete any open spots or teams in each age group.

If you are unable to attend because of vacation conflicts, please let the directors and coaches know by attending tryout clinics in May, June, or July. **Registration is required for all.**

ADDITIONAL TRYOUT EVALUATION CLINICS - If any positions are still available after tryouts, we will hold additional tryout evaluations after July 8th to complete those positions as needed. A tryout is required for all teams. At times, spots become open, and we can move players up to a higher team. Registration is Required!

ONBOARDING SCHEDULE

Monday, July 6th

- Skills Camps by age group - times to be determined
- Whole Club Parent Meeting - after skills camps

Featuring:

- Conditioning Presentation
- SportsMed Overview
- Integrity Cryo & Recovery Presentation
- Integrity VBC Season Overview

Cost: \$70 Location: NYTEX 8851 Ice House Dr., North Richland Hills, TX 76180

FOR UPDATES AND REGISTRATION FOR ALL CLINICS - WWW.INTEGRITYVBC.COM