




Rochester Youth Hockey

Kickoff Day!!

September 27th, 2020



 The start of our season is finally here! Please join us for our Kickoff Day on 9/27 in the parking lot at the rink!

Kickoff Day will include:

-  dryland practice for players
-  parent meetings
-  jersey pickup
-  a chance to check out the new apparel store!

For dryland training players should bring:

Stick
Gloves
Helmet
Sneakers

Kickoff Day Schedule:

Mites = 9:00 - 9:50am

Squirts = 10:10 - 11:00am

PeeWees = 11:20am - 12:10pm

Bantams = 12:30 - 1:20pm

***Please keep distance, wear a mask, and have one for your player to wear when not in dryland practice! 🧐 Thanks for your cooperation!*

