

2019-2020 NCHSAA Sports Calendar
UPDATED 5/10/2019

FALL	2019
First Practice	Aug. 1
First Contest	Aug. 19

WOMEN'S GOLF	
Reporting deadline	Oct. 16; 9pm
Regional	Oct. 21 or 22
State	Oct. 28-29

VOLLEYBALL	
Seeding	Oct. 24
1st Round	Oct. 26
2nd Round	Oct. 29
3rd Round	Oct. 31
4th Round	Nov. 2
Regional	Nov. 5
State	Nov. 9

WOMEN'S TENNIS	
Individual	
Reporting deadline	Oct. 14; 3pm
Regional	Oct. 18-19
State	Oct. 25-26

Dual Team	
Bracketing	Oct. 14
1st Round	Oct. 16
2nd Round	Oct. 22
3rd Round	Oct. 28
Regional	Oct. 30
State	Nov. 2

CROSS COUNTRY	
Reporting deadline	Oct. 25; 9pm
Regional	Nov. 2
State	Nov. 9

MEN'S SOCCER	
Seeding	Nov. 4
1st Round	Nov. 6
2nd Round	Nov. 9
3rd Round	Nov. 13
4th Round	Nov. 16
Regional	Nov. 19
State	Nov. 23

CHEERLEADING	Dec. 7
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FOOTBALL	
First Practice	Aug. 1
First Scrimmage	Aug. 10
First Contest	Aug. 23
2nd	Aug. 30
3rd	Sept. 6
4th	Sept. 13
5th	Sept. 20
6th	Sept. 27
7th	Oct. 4
8th	Oct. 11
9th	Oct. 18
10th	Oct. 25
11th	Nov. 1
12th	Nov. 8

Seeding	Nov. 9
1st Round	Nov. 15
2nd Round	Nov. 22
3rd Round	Nov. 29
Regionals	Dec. 6
State	Dec. 14

WINTER	2019-2020
First Practice (Basketball-NON-FB)	Oct. 16
First Contest (Basketball-NON-FB)	Oct. 30

First Practice	Oct. 30
First Contest	Nov. 18

INDOOR TRACK	
Reporting deadline	Feb. 8; 9pm
State	Feb. 14-15

SWIMMING	
Reporting deadline	Jan. 25; 8pm
Regionals	Jan. 31 - Feb. 1
State	Feb. 6-8

WRESTLING	
Dual team	
Bracketing	Feb. 3
1st/2nd	Feb. 4
3rd/Regionals	Feb. 6
State Championship	Feb. 8

Individual	
Reporting deadline	Feb. 3; 3pm
Indiv/Reg	Feb. 14-15
Indiv/State	Feb. 20-22

BASKETBALL	
Conference	Feb. 17-21
Seeding	Feb. 22
1st Round	Feb. 25
2nd Round	Feb. 27
3rd Round	Feb. 29
4th Round	Mar. 3
Regional	Mar. 7
State	Mar. 14

SUMMER DEAD PERIODS	2019
JULY 1 - 7, 2019	
JULY 15 - 21, 2019	

SCHOOL YEAR DEAD PERIODS	2019-2020
AUGUST 1 - AUGUST 21	
OCTOBER 30 - NOVEMBER 19	
FEBRUARY 12 - MARCH 3	
LAST 5 STUDENT DAYS OF THE 1ST SEMESTER	
LAST 10 STUDENT DAYS OF THE 2ND SEMESTER	

SPRING	2020
First Practice	Feb. 12
First Contest	Mar. 2

MEN'S GOLF	
Reporting deadline	Apr. 29, 9pm
Regional	May 4 or 5
State	May 11-12

MEN'S TENNIS	
Individual	
Reporting deadline	Apr. 27, 3 pm
Regional	May 1-2
State	May 8-9

Dual Team	
Bracketing	Apr. 27
1st Round	Apr. 29
2nd Round	May 5
3rd Round	May 11
Regional	May 13
State	May 16

TRACK	
Reporting deadline	May 2; 9pm
Regionals	May 8-9
State	May 15-16

LACROSSE	
Bracketing	Apr. 27
1st Round	Apr. 29
2nd Round	May 1
3rd Round	May 5
4th Round	May 8
Regional	May 12
State	May 15-16

WOMEN'S SOCCER	
Seeding	May 11
1st Round	May 12
2nd Round	May 15
3rd Round	May 20
4th Round	May 23
Regional	May 26
State	May 30

SOFTBALL	
Seeding	May 11
1st Round	May 12
2nd Round	May 15
3rd Round	May 19
4th Round	May 22
Regional	May 26-30
State	Jun. 5-6

BASEBALL	
Seeding	May 11
1st Round	May 12
2nd Round	May 15
3rd Round	May 19
4th Round	May 22
Regional	May 26-30
State	Jun. 5-6