

IHSWCA FALL CLINIC and NWCA LEADERSHIP ACADEMY

Featuring: Nick Mitchell, Dr. Dennis Johnson, Paula Struck, Brandon Sisson

[History of Fall Clinic](#) Facebook: IHSWCA Twitter: @IHSWCA1

OCTOBER 10-11, 2024 - Indianapolis Marriott East

First 100 Staffs receive free book: *Advice From Champions*

CLINIC INCLUDES:

All sessions of clinic, clinic gift, IHSWCA Membership
1 ticket social at Indianapolis Marriott East; 100 attendees will receive
our IHSWCA GIFT OF BOOK: "Wrestling Drills for the Mat and Mind"

[REGISTER HERE](#)

NOT COMING? [MEMBERSHIP ONLY](#)

Marriott East

Indianapolis, Indiana 46219
\$?? a night - 317-352-1231

IN-PERSON CLINIC INFORMATION:

Price - \$150.00 individual
150.00 per coach for staff of 2 to 5
\$140.00 per coach over 5
(single-day price is \$100)
** Cost includes: Clinic & materials, and
2023-24 IHSWCA Membership - \$30.00 value
add **\$50 per coach to be an NWCA member**

TENTATIVE - THURSDAY OCT 10

8:00-8:45am - registration
9:00 am - 10:25 am - Dr. Dennis Johnson
10:30- 11:30 - Nick Mitchell
11:30 - 12:30 LUNCH AND BUSINESS MEETING
12:30- 1:30 Lunch (sponsored by) and Business Meeting- sponsored by NWCA
-Lunch by Subway - raffle items
12:30 - 1:25 Nick Mitchell
1:30 - 3:00 Dr. Dennis Johnson
3:00 - 4:00 IHSAA Meeting (optional)
4-7 HOTEL CHECK-IN and GOLF SCRAMBLE
SEE INFO ON PAGE 3

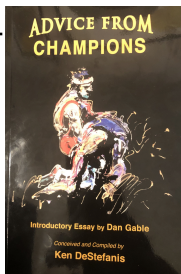
7:00 IHWSA HALL OF FAME INDUCTIONS AND SOCIAL

TENTATIVE - FRIDAY - Oct 11

8am-9am - CHECK IN
9:00- Paula Struck - Coaches Mental Health
10:00 Brandon Sisson - Olympic Experience
10:30 Paula Struck - Athlete Mental Health
11:30 - 1:00 Dennis Johnson

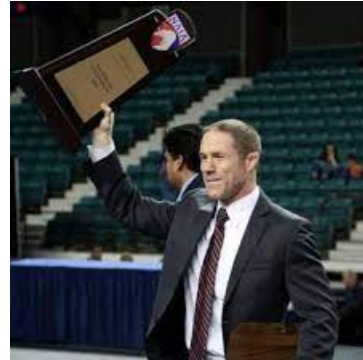
1:00 closing statements and Q and A - go watch some Friday night Football!

**FREE BOOK FOR EVERY STAFF! 100 in total for
give aways!**



Nick Mitchell

Grand View State University
11x NAIA National Champions
11x National Duals Champs
21 Coach of the Year awards
136 All-Americans
36 National Champions
177-10 Dual Record



Paula Struck LCSW **Bellarmino U**

University Athletics Mental
Health Clinician
Working with 25 collegiate
sports, including wrestling;
registered yoga teacher
(RYT) and a Mindfulness
Sport Performance Instructor
(MSPE)



Dr. Dennis **Johnson**

23-Year HS wrestling coach
17-Year College Cross
Country Coach
Author 4 books - including
"Wrestling Drills for the Mat
and Mind"

Questions: Email president: dstruck@gccschools.com

Spring Clinic - May TBA

IHSWCA FALL CLINIC and NWCA LEADERSHIP ACADEMY

Featuring: Nick Mitchell, Dr. Dennis Johnson, Paula Struck, Brandon Sisson

[History of Fall Clinic](#) Facebook: IHSWCA Twitter: @IHSWCA1

OCTOBER 10-11, 2024 - Indianapolis Marriott East

First 100 Staffs receive free book: *Advice From Champions*

FALL CLINIC REGISTRATION FORM

NAME _____ SCHOOL _____

e-mail address (please print) _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE(____)_____ CELL (____) _____

Head ___ Assistant ___ Jr.High ___ Official ___ Other ___

School Year _____ Amount Sent _____

Individual Clinic - \$150.00 ___ Staff (2-5) - \$140.00 per coach _____

\$140.00 per coach - 6 or more coaches - _____ 1 Day clinic \$100 _____

NEW? Email dstruck@gccschools.com to discuss scholarship

I would like to become a member of the NATIONAL WRESTLING COACHES ASSOCIATION and understand that fee is an extra \$50 per coach

Not attending clinic? Membership only is \$30 _____ (fill out and mail in for membership)

TOTAL: _____

Please send names of all coaches attending !!!

Make checks payable to I.H.S.W.C.A. and send to:

J.D. Minch - IHSWCA
202 S. Vine St.
Crawfordsville, IN. 47933

2024-25 MEMBERSHIP IS INCLUDED WITH THE 2025 FALL CLINIC
PLEASE DO NOT SEND CLINIC_register ON OR AFTER - THURSDAY, OCTOBER 3, 2024 - - - YOU MAY EMAIL YOUR REGISTRATION WITH NAMES AND SCHOOL TO - jsaminch123@gmail.com - AND THEN BRING MONEY WITH YOU

PENDING

IHSWCA FALL CLINIC and NWCA LEADERSHIP ACADEMY

Featuring: Nick Mitchell, Dr. Dennis Johnson, Paula Struck, Brandon Sisson

[History of Fall Clinic](#) Facebook: IHSWCA Twitter: @IHSWCA1

OCTOBER 10-11, 2024 - Indianapolis Marriott East

First 100 Staffs receive free book: *Advice From Champions*

IHSWCA STATE GOLF CHAMPIONSHIP

Format: 2 Man Scramble Teams

Singles will be matched up

Date: Thursday, October 10th

Time: 4pm (shotgun start)

Place: Maple Creek Country Club

Cost: \$25.00-which includes golf, cart and prizes.

Awards: Passed out at the IHSWCA social

1st Place Team (Traveling Trophy)

Long Drive

Closest to the Pin

Plus other special prizes.

If interested in playing, please contact

Sean McGinley at smcginley@gocathedral.com or 317-755-9381

Greg Schaefer at 317-258-4048

Scott Dawson at 317 341-3467

SPONSORS AND DOOR PRIZES:

IHSWCA - 100 Jim Miller books, 100 computer satchel

The Rudis- <https://rudis.com/>

Cliff Keen- [HOME - Cliff Keen Athletic](#) - 150 padfolios

IHSWCA FALL CLINIC and NWCA LEADERSHIP ACADEMY

Featuring: Nick Mitchell, Dr. Dennis Johnson, Paula Struck, Brandon Sisson

[History of Fall Clinic](#) Facebook: IHSWCA Twitter: @IHSWCA1

OCTOBER 10-11, 2024 - Indianapolis Marriott East

First 100 Staffs receive free book: *Advice From Champions*

EI Sports- <https://www.eisportsandapparel.com/>

Reshot Wrestling- <https://www.reshotsportswear.com/>

My house - t-shirts - www.myhousesportsgear.com

Blue Chip Wrestling- <https://www.bluechipwrestling.com/> 100 T-shirts

Raized Up- <https://www.raizedup.com/>

The sports company- companycasuals.com/sportscompany/start.jsp

185 Promotions and Apparel- [185 Promotions – Carmel's Brand & Promo Experts](#)

Teamfi- <https://www.teamfi.works/>

Raffle only:

Barbarian Apparel- [Barbarian Apparel | Home](#) 14 Custom Singlets

Dash Athletics- [Dash Athletics](#) 14 Custom Singlets

Tri-Titans- [Home - TRI-TITANS](#) 3 Premiere bags

3X Gear- <https://3timegear.com/> Raffle Prizes