



The Torch

SYC Weekly Digest

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2019-2020 All-Star Cheer Tryouts



2019-2020 ALL-STAR TRYOUTS
TUESDAY, MARCH 19TH

TAKE CHEER TO THE NEXT LEVEL



TRYOUT
Registration Deadline
March 8th

2019-2020 All-Star Cheer Tryouts!

Is your daughter interested in taking cheer to the next level? Does she love to learn new routines and perform? Come tryout for our SYC All-Star Cheer Squad! SYC All-Stars is our year-round performance team; we are not a competition team but do...

[Read more](#)

www.sycva.com

OPEN REGISTRATIONS

SPRING SPORTS

[Boys Lacrosse](#) - Late Registration

[Girls Lacrosse](#) - Late Registration

[Field Hockey](#)

[Flag Football](#)

[Rec Soccer](#)

[Rec Soccer MNT](#)

[Tackle Rugby](#) - Late Registration

[Pee Wee Kickers](#)

[Rec Softball](#)

SPRING REC SOCCER



It might start snowing tomorrow, but spring will be here soon!

[SIGN UP](#) FOR SPRING REC SOCCER NOW

On-Time registration from now through February 28th

NEW! U5 Soccer Cubs (Coed) (\$130) Includes shirt and ball

U6-U11 and U12 Boys (\$130)

U13-U19 and U12 Girls (\$140)

[REGISTER TODAY!](#)

Prices go up March 1st!

[Read about Spring Soccer](#)

NEWS AND SPECIAL EVENTS

**REMINDER
FLAG FOOTBALL PARENTS MEETING**



THURSDAY, 2/21/19
6PM - 8PM

FLAG FOOTBALL PARENT MEETING

Irving Middle School
Barker Hall

CALLING VOLUNTEERS!



**KIDS NEED YOUR
TIME AND
TALENT!**

PLEASE CONSIDER
VOLUNTEERING
WITH ANY SYC SPORT
THIS SPRING!



George Angulo Scholarship Award

SYC's Annual George Angulo College Scholarship Now Accepting Applications!

Two area high school seniors will each be selected to receive a \$1,500 award in memory of George.

APPLICATION DEADLINE – March 31st

Read more about the award and apply here.

IN THE COMMUNITY

SYC Girls with GMU Lady Patriots!



7U, 8U, and 9U SYC basketball leagues participated in a memorable experience on Sunday as they stood for the National Anthem with the GMU Lady Patriots team and took part in the introduction line and flag presentations!



Fairfax County
Neighborhood and Community Services

Fairfax County Athletic Community

Mental Health Symposium

Tuesday, February 26, 2019
7 p.m.

Board Auditorium at the
Fairfax County Government Center
12000 Government Center Parkway, Fairfax, VA 22035

Join us as we launch the conversation about mental health and the role coaches, parents and sports administrators can play in supporting and encouraging youth athletes as they cope with the struggles and pressures of their early development.

Come and hear from renowned local experts as they help adults who work with student athletes:

- Understand the pressures facing student athletes in 2019
- Recognize the warning signs for potential youth in distress
- Guide athletes to available local resources for assistance

For details, please call 703-324-5610, TTY 711, or visit us online at www.fairfaxcounty.gov/neighborhood-community-services.

In case of inclement weather, the snow date for this event is Tuesday, March 12.

Keynote Speaker

Jon Solomon
Editorial Director
Sports & Society Program/Aspen Institute



Expert Discussion Panel



Brian Monday
President, Eric Monday
Foundation



Mary Schumann, Ph.D.
George Mason University



Kyle Simmons
Head Coach
Westfield HS Football



Dr. Melissa Womble
INOVA Sports Medicine
Concussion Program/Sports
Psychology



Ken Tyler
Athletic Director
The St. James



John Reynolds
Athletic Training Program
Administrator, FCPS



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Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities.
Reasonable accommodations will be provided upon request. For more information, call 703-324-4600, TTY 711.



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Fairfax Athletes Stand Together

MODELL'S
SPORTING GOODS

**Gotta
Go To
Mo's**

Save 15% at MODELL'S!
and 5% goes to SYC Lacrosse

Valid through 3/21/19
[GET COUPON HERE](#)

**SAVE THE DATE!
SYC SOFTBALL DAY**

March 16, 2019

DICK'S Sporting Goods
Springfield Town Center



20% THROUGHOUT THE STORE!
[GET COUPON HERE](#)



[Get your SYC Spirit Wear today!](#)

Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | www.sycva.com

