

SANFORD SPORTS HOCKEY ACADEMY

SPEED & ACCELERATION HOCKEY CAMP

MAY 22-25

VFW SPORTS CENTER

WEDNESDAY- FRIDAY

- MITES- 4:45- 5:45PM
- SQUIRT/10U- 6:00- 7:00PM
- PEEWEE/12U- 7:15- 8:15PM
- BANTAM/15U- 8:30- 9:30

SATURDAY

- MITES- 10:00AM- 11:00AM
- SQUIRT/10U- 11:15- 12:15
- PEEWEE/12U- 12:30- 1:30
- BANTAM/15U- 1:45- 2:45

\$90

TRAINED BY SANFORD SPORTS COACHES

CURRENT AND FORMER PROFESSIONAL HOCKEY PLAYERS

**GAIN CONFIDENCE IN YOUR GAME BY IMPROVING SPEED, POWER,
BALANCE AND EXPLOSIVENESS IN YOUR STRIDE**

SPACE IS LIMITED, REGISTER TODAY!

SANFORDSPORTS.COM
(701) 323-1125