

REGISTRATION

Squirts & Peewees: \$275

Elite Camp (Bantams & Midgets): \$225

Register by Check: Colorado College
Department of Athletics
C/o Mike Haviland Hockey School
14 E. Cache La Poudre Street
Colorado Springs, CO 80903

WHAT YOU'LL NEED

- Completed Registration Form
- Signed Liability Waiver
- Full Hockey Equipment
- Athletic Apparel (Running Shoes, Shorts)
- Water Bottle

***Snacks: Players are encouraged to bring a light snack and a water bottle. Snacks can be eaten during the Lecture & Classroom session*

CONTACT US

Have Questions?

Contact: RJ Enga, Assistant Coach

REnga@coloradocollege.edu | (719) 389-7114

Contact: Leon Hayward, Assistant Coach

LHayward@coloradocollege.edu | (719) 389-6484



HONNEN ICE ARENA

Squirts & Peewees: July 24th – 27th
Elite Camp (Bantams and Midgets): July 25th – 27th



MIKE HAVILAND HOCKEY SCHOOL



The Mike Haviland Hockey School provides a positive training environment for hockey players of all ages and abilities to develop and refine their hockey skills. Led by Colorado College head coach, Mike Haviland, the school emphasizes the crucial aspects of focus, detail, and work ethic - each of which is required to grow as a hockey player and as a person.

Joining Coach Haviland on the ice will be current CC coaches, RJ Enga and Leon Hayward, as well as players from the current CC hockey team. The CC hockey staff will work collectively and individually with all campers during the week. The school will implement many of the same drills and activities used by the CC hockey team during this past season, including on-ice drills, systems & strategies classroom sessions, and aspects of the strength & conditioning program.

CAMP FEATURES

On-Ice Skills

Two-hours of on-ice skills training per day, instructed by current CC coaches and players. Skills are the foundation of hockey and we will target the skating stride and edge control, puck-handling, shooting, passing, and team play. Morning sessions are devoted to the development of these skills and afternoon sessions focus on implementing these skills into drills and game situations.

Off-Ice Training

Strength and conditioning are crucial components to improving a player's on-ice performance. Learn new and exciting exercises that will make you a faster, stronger, more-agile, and more-flexible, hockey player. Players can implement these drills in their summer training programs and enter next season at the top of their game!

Lecture & Classroom

Learn hockey systems and strategies from college hockey's best! Sessions will include an XOS video breakdown, the same program used by college and professional teams, including the CC Tigers. Discussions will also include defensive and offensive systems, game preparation, nutrition, and more.

LOCATION

All ice sessions will take place at Honnen Ice Arena on the campus of Colorado College.

Honnen Ice Arena Colorado College
30 W Cache La Poudre St.
Colorado Springs, CO 80903
Rink Phone #: (719) 389-6157

Daily Schedule

Squirts & Peepees: 7/24 - 7/27

9AM – 10AM On-Ice Session 1

10:15AM – 11:15 AM On-Ice Session 2

11:30AM – 12:15PM Off-Ice & Lecture

Elite Camp (Bantams & Midgets): 7/25 - 7/27

Wednesday & Friday

3:15PM – 4:45 PM On Ice

5:00PM – 5:45 PM Off-Ice & Lecture

Thursday

1:15PM – 2:45 PM On Ice

3:00PM – 3:45 PM Off-Ice & Lecture