

**Champlin Park Youth Lacrosse  
Association/Champlin-Dayton Athletic  
Association**





# Agenda

- CDAA/CPYLA Board
- Concussion Testing
- Equipment
- 2021 Field Season
- Ice Breaker Tournament/DIBS
- Online Apparel Store
- Helmet Offer
- Uniforms
- Parent Checklist
- Final Notes & Questions



# CDAA/CPYLA Board

CPYLA President/CDAA Lacrosse Director: Julie Dawydenko

[rebelyouthlaxpresident@gmail.com](mailto:rebelyouthlaxpresident@gmail.com)

CPLYA Secretary: Kellie Smith [rebelyouthlaxsecretary@gmail.com](mailto:rebelyouthlaxsecretary@gmail.com)

CPYLA Treasurer: Amber Voight [rebelyouthlaxtreasurer@gmail.com](mailto:rebelyouthlaxtreasurer@gmail.com)

CPYLA Boys Director/CDAA Lacrosse Director-Elect: Mandy Zabel [rebelyouthlaxboysdirector@gmail.com](mailto:rebelyouthlaxboysdirector@gmail.com)

Girls Director: Rossi Clem [rebelyouthlaxgirlsdirector@gmail.com](mailto:rebelyouthlaxgirlsdirector@gmail.com)

Tournament Director: Tony Stemper [rebels.icebreaker@gmail.com](mailto:rebels.icebreaker@gmail.com)

Equipment Director: Ryan Jiracek [equipment.director@cpyla.org](mailto:equipment.director@cpyla.org)

Volunteer Director: OPEN

Director of Youth Development: Shawnia Carlson

[fundraiser.director@cpyla.org](mailto:fundraiser.director@cpyla.org)

Registration Director: OPEN



# Open Board Positions

- *Want to partake, but can't commit to a board position? We'd be glad to have the help, so attend the meetings as a Member-at-Large!*

# Concussion Testing Information



- Interested in baseline testing?  
Go to [tria.com](http://tria.com) or call TRIA at (952) 831-8742 to schedule your baseline ImPACT testing

# Equipment pg 1 of 2

- Multiple locations to purchase:
  - Champlin Athletic – phasing out
  - Dave's Sports Shop, Blaine & Maple Grove
  - Geared Up Sports, Elk River
  - Lavin Lacrosse, Chanhassen
  - Dick's Sporting Goods
  - Play it Again (Roseville/Blaine)
  - and more...
- Online purchase sites:
  - [lacrossemonkey.com](http://lacrossemonkey.com)
  - [sportstop.com](http://sportstop.com)



# Equipment

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- Helmet
  - Must be made for lacrosse
  - NOCSAE Certified
  - Are you a goalie? New NOCSAE requirements on chest protector/shoulder pads
- Cleats
  - Soccer and football cleats work (no metal spikes)
- Stick
  - See Information tab > Boys Information on [cpyla.org](http://cpyla.org) for details



# New Equipment Requirement for 2022:

- Chest/Shoulder Pads
  - All players must wear NOCSAE certified shoulder pads with the chest protector (built-in)
- Current cost \$60-150

[https://maveriklacrosse.com/ekg/?j=665467&sfmc\\_sub=42907142&l=3752\\_HTML&u=22954832&mid=7329386&jb=27026](https://maveriklacrosse.com/ekg/?j=665467&sfmc_sub=42907142&l=3752_HTML&u=22954832&mid=7329386&jb=27026)





# 2021 Field Season: Teams



## Youth Lacrosse MN (YLM)

- 6U (co-ed) = 8 players (registration open through early May)
- 8U = 9 players
- 10U = 16 players
- 12U = 14 players
- 14U = 20 players

*Registration remains open through  
Saturday, April 10th.*

<b>2021 Field Season:</b>	<b>Important Dates!</b>
April 26	Summer practices begin on fields, pending approval from the city
May 21	YLM game schedule made public
June 5-6	Ice Breaker Tournament @ CPHS: 6U/8U/10U/12U/14U teams will play.
June 2 – July 18 July 17 – 18	YLM <u>6U/8U/10U</u> regular game season (Mon-Thu evenings) YLM End of Season <u>6U/8U/10U</u> Jamborees
June 2 – Aug 1	YLM <u>12U/14U</u> regular game season (Mon-Thu evenings)
June 11	Father Hennepin Parade 6:30pm
July 24 – 25	YLM End of Season State Tournament – pool play (ALL 12U <u>OR</u> 14U teams will play)
July 31 - August 1	YLM End of Season State Tournament – pool play (ALL 12U <u>OR</u> 14U teams will play)





## 11th Annual Ice Breaker Tournament – DIBS

6 hours of volunteer requirements  
per family

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Other DIBS opportunities (*must be  
pre-approved by the board*):

- Father Hennepin Parade  
chaperone, etc. June 11th



## Online Apparel Store: *By Lavin Lacrosse*

- Opening soon for approximately 10 days
- Apparel available for men, women, & youth



REVERSIBLE JERSEY



SHORTS



SHOOTER SHIRT



# 2021 Jerseys

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- By Lavin Lacrosse





# Helmets available for purchase

- Certified for HS use at CPHS
- Discounted club price offer \$227.50 (retail \$365)
- Cascade S, Adult-size (with adjustable fit)
- Orders due April 10th
- Order form can be requested by emailing Mandy at [rebelsyouthlaxboysdirector@gmail.com](mailto:rebelsyouthlaxboysdirector@gmail.com)



# Lacrosse Gear Swap/Sale Event:

- Monday, April 5th 6-8pm
- JRAC (Jerry Ruppelius Athletic Complex)  
10951 Elm Creek Pkwy, Champlin
- How it works:
  - TO SELL – Secure a tag to each of your items with the following information:
    - Your name
    - Your cell #
    - Item cost, if any
    - Your Venmo ID (@\_\_\_\_\_)
    - Drop off your items at JRAC on the day of the event between 5-5:30pm
  - TO SHOP – show up at JRAC between 5-8pm



# COVID-19 Preparedness Plan

Available  
at [cdaasports.org/lax](https://cdaasports.org/lax)

Questions? Our COVID-19  
Coordinator is

Amber Voight

[rebelsyouthlaxtreasurer@gmail.com](mailto:rebelsyouthlaxtreasurer@gmail.com)



# Your To-Do List Tonight:

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#1

**\$300 volunteer check** *Required to practice, receive your uniform and play games.*

- 6 *required* hours at Ice Breaker Tournament (per family)
- Make check out to CPYLA, ***write your players first/last name in the memo***, and mail to:

CPYLA

P.O. Box 526

12299 Champlin Dr

Champlin MN 55316



# Your To-Do List Tonight:

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#2

## **Determine uniform sizes** (for 8U/10U/12U/14U)

The size you chose when you registered your player will be ordered *unless you need an alternative size – please let Kellie know **tonight*** by emailing her at:

[rebelsyouthlaxsecretary@gmail.com](mailto:rebelsyouthlaxsecretary@gmail.com)

- Jersey – worn at practices & games
- Shorts – worn with jersey at games
- Shooter shirt – most wear under chest/shoulder pads; also wear as t-shirt



# Your To-Do List Tonight:

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#3

## Jersey numbers

- 8U: 1-99
- 10U: 1-99
- 12U: 1-99
- 14U: 1-99

Players will be assigned the same number they had last year, *unless otherwise requested* **Wednesday, March 31st** (if the number is available); email Kellie at: [rebelsyouthlaxsecretary@gmail.com](mailto:rebelsyouthlaxsecretary@gmail.com)





# Final Notes & Questions

- COVID-19 Requirement: RSVP on SportsEngine for exposure tracking.
- Download the SportsEngine & Tourney Machine apps on your smartphone: attendance, practice/games schedules/locations, rosters, photos, live chats, and messaging!
- *Mandatory* team meetings may be held with your coaches closer to the start of the season.
- Board members emails are on CPYLA and CDAAs websites [cpyla.org](http://cpyla.org) or [cdaasports.org/lax](http://cdaasports.org/lax)



# Resources

- Youth Lacrosse of MN (YLM)
- US Lacrosse
- Champlin Athletic
- Lavin Lacrosse
- Upper Midwest Lacrosse Officials Association (UMLOA) [umloa.org](http://umloa.org)