



OCO GENERAL MEETING
SATURDAY, JANUARY 11, 2020
CYPRESS COLLEGE



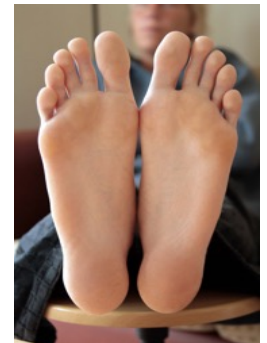
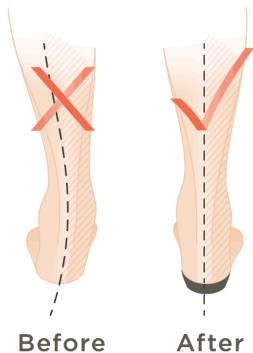
HIGHLIGHT GAMES

- 5pm - OCO 8th grade boys Official SEYO Game: Blaze vs. Strykers
 - 6pm - 8th grade co-ed
 - 6:30pm - Coaches Game

DINNER – 7PM

\$7.00 per person

\$5.00 per child (3 – 13 years old)



TOPIC FOR MEETING

What's your basketball injury IQ?

GUEST SPEAKER: Susan Mais, PT, DPT

Board Certified Clinical Specialist in Orthopedic Physical Therapy

Susan Mais received her undergraduate degree from UCLA, her master's in Physical Therapy from NYU and a clinical doctorate from USC. She has been a board-certified orthopedic specialist for the past 10 years. Susan has published several case studies on physical therapy management of a variety of patients, collaborated and published a randomized controlled study on management of tendonitis and has an upcoming chapter on the foot and ankle in the book Orthopedic Secrets for Physical Therapists. Her current interests involve using virtual reality both in the classroom to augment active learning and with patients to motivate and facilitate movement.

RSVP by January 5, 2020 (including not attending) at:

<https://tinyurl.com/OCO-Meeting-January-2020>