

Wrestling Tournaments: What to Expect

PRIOR TO TOURNAMENT DAY

Tournament Schedule

See a list of upcoming tournaments on the Maize Wrestling Club website: www.maizewrestling.com > Tournament Schedule. This schedule includes not only tournaments that the club will attend as a team, but also highlights additional opportunities to compete. Coaches are guaranteed to attend official Maize club tournaments and most national level events, but the club cannot guarantee a coach will be present at other, outside tournaments. If you wish to compete at tournaments that the club has decided not to attend as a team, contact Fred or Crystal Rosas about how to obtain your USA Wrestling Leader card.

Tournament Registrations

Registrations will be done online through our website, unless stated otherwise. Links to upcoming registrations can be found on the home page, or by clicking on "Tournament Sign-Ups" along the left-hand menu. Payment will be taken via credit/debit card and may include a card fee. Registrations will be available 1-2 weeks in advance of the tournament. **Please register through the Maize Wrestling website by the deadline on our sign-ups page, not the deadline on the tournament flyer.** MWC gathers our team's registrations and enters our wrestlers' information into TrackWrestling on your behalf. This also allows our coaches to gather information about each of the registered wrestlers and plan ahead for the tournament. All available flyers will be attached to the registration links, and provide specific details about the tournament (location, weigh-in information, weight classes offered, wrestling times for each age group, etc).

Weigh-Ins

All weigh ins require wrestlers to weigh in wearing a competition singlet, have nails trimmed, and you **MUST** show up to weigh in to be eligible to compete. You cannot call, text or email a weight. Please be on time and at the weight you signed up for. Some tournaments allow your wrestler to bump up to the next weight if they do not make their registered ("scratch") weight—others do not, and you lose out on your registration fee. If your wrestler has a skin ailment and has been cleared to wrestle, bring a skin form signed by your physician to the weigh-in.

Home site weigh-ins will be held at one of the Maize practice rooms. Home site weigh-ins will be announced on both our Facebook page and via email and will be held either the Friday or Saturday prior to the scheduled tournament. For best practice, plan for most home site weigh-ins to be held between 6-8pm at either Maize High School or Maize South High School.

Satellite weigh-ins are locations specified by each individual tournament director and may or may not be held at Maize high school. Satellite weigh-in locations will be communicated as soon as we have the information available.

TOURNAMENT DAY

Pack your bags!

Double-check that your wrestler has the following:

1. Their singlet on, with shorts/pants and a hoodie over it to stay warm during the tournament
2. Wrestling shoes (bring them with you and put them on when you arrive)
3. Headgear
4. Any skin ailments properly covered & skin form with you in case someone has questions

Plan to be sitting in a gym for 4-5 hours. Snacks and drinks are available for purchase at concessions.

Wrestling Times

Check the tournament flyer for wrestling times, as each tournament can vary. Typically, wrestling tournaments are a "split" format, where certain age groups wrestle in the morning, and others wrestle in the afternoon. Your coach will announce exactly how early to arrive, but plan to arrive 1 hour prior to your wrestling time so the wrestlers have time to warm up and parents can get good seating. Sit with other Maize parents, if possible! It makes for good conversation and a cheering section is always nice.

Example of split format:

-SPLIT TOURNAMENT FORMAT
Morning Session: 8:30am – 6U & 10U (& 6U, 10U Novice)
Afternoon Session: Approximately 1pm – 8U & 12U (& 8U Novice)

Reading Brackets

Brackets are usually available the morning of the tournament online via TrackWrestling (www.trackwrestling.com > Events > Search your event > Enter tournament) or will be hung up near the gym for you to view. Your bracket will have an assigned Mat number. This is the mat your wrestler will be on for the whole day, unless matches get moved at the end of the tournament to keep things moving. I recommend sitting in the gym near your child's mat. Your bracket will also include match numbers. For example, if your child's match number is 401, you are assigned to Mat #4 and your child is the first match of the bracket. See page 3 for helpful tips navigating the TrackWrestling website.

Matches

Plan to take your wrestler down to the mat 4-5 matches prior to his/her match, as some matches end very quickly. (If your wrestler can walk down on his/her own, it is okay to send them down to the mat to warm up and wait for a coach.) When your wrestler's match is ready to begin, they will check in with the table workers (state their name), get a band (red/green for scoring), and a coach will sit in the corner. Your child WILL have a coach for their match, but the coach may not be down by the mat until your match begins. Do not allow your child's match to begin until a coach arrives. If a coach is not at your mat, have the table workers page a Maize coach to the mat. 6U, 8U, and 10U matches are generally 3x 1-minute periods. 12U and 14U are 3x 1.5-minute periods. After your wrestler's match ends, they should immediately put on a hoodie, find a seat with their parents or other team mates and wait to get ready for their next match.

Awards

Most Novice tournaments place out to 4th-5th place. After all matches in the bracket are complete, go to the designated awards table to claim your wrestler's medal. First place also receives a bracket to take home with you.

Behavior (PARENTS, COACHES & WRESTLERS)

Maize Wrestling Club expects the highest level of courtesy and respect for others from our athletes, coaches and club leaders. Wrestling matches can get exciting and intense. We love when our child is doing great and hate when our kid doesn't show up to wrestle. The most important things to remember about competing with Maize Wrestling Club are that 1) we are responsible for teaching our wrestlers to become good people, students and athletes, and 2) we are all representatives of the club. Behaviors demonstrated by adult members of the club WILL be noticed by our youth. Inappropriate behavior will NOT be tolerated from parents or coaches, and wrestlers whose behavior is not acceptable will face consequences from coaches. Unacceptable behavior, including verbally or physically abusive behavior towards wrestlers or other parents or coaches, is subject to disciplinary action from the club. Discipline may include being banned from practices or from being matside at tournaments for a period of time, to dismissal from the club. If you would like to address the coach with concerns, please understand that they are very busy on tournament days, so please wait until the next practice to get their full attention.

TrackWrestling – Navigation Tips

1. Navigate to www.trackwrestling.com
2. Search for your tournament and click on the tournament name to enter viewing mode.
3. Select “Brackets” from either one of the menus along the left side or along the top of the window:

4. Select your wrestler’s Age/Weight Class. Depending on who set up the tournament in TrackWrestling, these may be two separate fields or combined:

5. Once brackets are released (roughly 10pm the night before or shortly before tournament start time the day of), you should be able to view your wrestler’s bracket. There will be a mat number listed, and if a split tournament, denotes the time AM/PM.

Battle of The Belt

6U Novice 37
MAT 1 AM

