



**REFLECTIONS SYNCHRO INVITATIONAL
HOSTED BY CENTRAL PENNSYLVANIA FSC
FEBRUARY 17-18, 2019**

The REFLECTIONS SYNCHRO INVITATIONAL will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted on the U.S. Figure Skating web site.

This competition is open to all synchronized teams comprised of members who are eligible, restricted, reinstated, or readmitted persons, as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book regarding eligibility of non-U.S. Citizens.

This event is proud to participate in the National Synchronized Skating Series. Participation in this series is open to all Snowplow Sam Synchro, Synchro Skills 1, 2, or 3 teams and preliminary, pre-juvenile, open juvenile, open collegiate, open adult and open masters teams. Visit www.usfigureskating.org for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

ELIGIBILITY / TEST AND AGE REQUIREMENTS: Skaters must meet the age requirements by the July 1st preceding this competition. This competition is not requiring that Moves in the Field test requirements be met, with the exception of the maximum allowed at the Learn to Skate USA levels (Snowplow Sam Synchro and Synchro Skills 1-3).

ENTRIES: DEADLINE FOR TEAMS TO ENTER IS DECEMBER 7TH, 2018. TEAMS MUST REGISTER THRU ENTRYEEZE WEBSITE. COST PER TEAM IS \$230 PER EVENT PLUS \$20 PER SKATER. EXCEPT SYNCHRO SKILLS AND SNOWPLOW SAM TEAMS- \$50 PER TEAM AND \$10 PER SKATER. Synchro Skills 1-3 and Snowplow Sam Synchro events should be run in accordance to the Learn to Skate USA Competition Manual (a maximum of 6 teams per group).

For Synchro Skills levels, if a team fits into one level age-wise, but would like more of a challenge, they should be able to "skate-up" one level (for example, team has majority of skaters under 9 years old but would like to skate in the Synchro Skills 2, they should be allowed).

REFUND POLICY:

Entry fees will not be refunded after **DECEMBER 7TH, 2018** unless no competition exists or is canceled. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be assessed a \$35 processing fee. Payment of the fee will be required before the team is allowed to participate in practice ice or events.

FACILITIES: The competition will be held at **THE GIANT CENTER , 550 HERSHEY PARK DRIVE HERSHEY, PA 17033- www.giantcenter.com ICE SURFACE 200X85.** The GIANT CENTER is a comfortable temperature for both skaters and spectators with ample seating. Dressing rooms are well equipped, clean and convenient to the ice surface.

LOCKER ROOMS AND CHANGING AREAS: MANDATORY TO INCLUDE that this event will be following the Locker Rooms and Changing Area policy included in the SafeSport Handbook.

MUSIC: The official music MUST be downloaded via ENTRYEEZE. DEADLINE TO DOWNLOAD MUSIC IS DECEMBER 31, 2018- WE PREFER YOU DO IT ASAP. The official competition music must be turned in at the registration

table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the CENTRAL PENNSYLVANIA FSC cannot be responsible for CDs left at the end of the competition. **PLEASE HAVE SEPARATE CD'S FOR PRACTICE AND COMPETITION.**

LIABILITY: U.S. Figure Skating, CENTRAL PENNSYLVANIA FSC and THE GIANT CENTER accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- Juvenile
- Intermediate
- Novice
- Junior Short Program & Free Skate
- Senior Short Program & Free Skate
- Collegiate
- Adult
- Masters

The majority 6.0 Judging System will be used for the following events:

- Snowplow Sam Synchro
- Synchro Skills 1-3
- Preliminary
- Pre-Juvenile
- Open Juvenile
- Open Adult
- Open Masters
- Open Collegiate

All teams competing in a level judged under the IJS will be required to complete a planned program content sheet. Each team's Planned Program Content sheet must be completed via their Member's Only profile at www.usfsaonline.org **at least 7 days** before the start of the event.

REGISTRATION: Registration will begin **FEBRUARY 16, 2019 @ 6:00 am** end at **12:00 pm February 18, 2019.** The **registration table will be located INSIDE THE MAIN DOORS OF THE GIANT CENTER (RIGHT SIDE).** One team representative should register on behalf of the team, as soon as the team arrives at the competition. Coaches, team managers, and team service personnel must register separately to receive their credential (see coaching requirements below).

ADMISSION: EVERY TEAM WILL RECEIVE (1) CREDENTIAL PER SKATER, (2) CREDENTIALS FOR COACHES, AND (2) CHAPERONE CREDENTIALS. Adult admission cost \$20 PER DAY OR \$35 FOR A 2 DAY PASS (SUNDAY/MONDAY)-includes a program. Active Military with ID and Senior Citizens (60+) \$15 PER DAY OR \$25 FOR A 2 DAY PASS/ Children 8 years and under FREE. Parking is FREE for buses. \$9 per car. NO PRE-ORDERS FOR TICKETS OR PINS.

In order to receive a chaperone credential, each team manager and team service personnel must have completed the SafeSport Training and successfully passed a background check. Those that cannot produce proof that these have been successfully completed will not be provided a chaperone credential.

Team managers and team service personnel will be asked to pick up their own credentials. These credentials are only to be used by the team manager and team service personnel who originally picked them up and may not be shared. Anyone found using a credential, not on the approved compliance list, will have their credential privileges revoked for the duration of the competition and be brought to the attention of U.S. Figure Skating and the Ethics Committee.

Please see the [U.S. Figure Skating SafeSport Handbook](#) for more details.

This event is a standard U.S. Figure Skating Synchronized Skating Nonqualifying Competition



PRACTICE ICE: Practice ice will be offered at THE GIANT CENTER beginning on Saturday February 16 th for various team levels- Teams who compete Sunday will practice Saturday-

IJS TEAMS will have a mandatory OFFICIAL PRACTICE (COST \$90/10 MINUTES) NON-IJS TEAMS (COST \$80/10 MINUTES) SNOWPLOW SAM AND SYNCHRO SKILLS (COST \$80/10 MINUTES) IJS LEVELS THAT NEED 12 MINUTES FOR OFFICIAL PRACTICES WILL BE \$100.

PHOTOGRAPHY / VIDEOGRAPHY: In the past we have provided a photographer and plan to do so for 2019- No videographer will be on site.

AWARDS: MEDALS will be awarded for 1-4 Placement of all events. Awards will take place on the Concourse in Section 116.

OFFICIAL NOTICES: An official bulletin board will be maintained on the MAIN CONCOURSE NEAR THE ADMISSIONS TABLE. It is the responsibility of each competitor, parent, and/or coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. **The official schedule of events will be posted no later than 14 calendar days prior to the commencement of the competition.**

INFORMATION REGARDING ALL COACHES:

To coach at a U.S. Figure Skating nonqualifying competition, a professional coach or choreographer must be:

- ✓ Must be a current full member of U.S. Figure Skating- either through a member club or as an individual member.
- ✓ If 18 years of age or older, must submit the proper payment of \$20 through the U.S. Figure Skating Members Only website, and submit information for and successfully pass an annual background check.
- ✓ Must complete the CER SafeSport training course and any additional courses as required in MR 5.12 effective starting July 1, 2018.
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.

The local organizing committee/club will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in U.S. Figure Skating, proof of compliance, and a photo I.D. at check in. **If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions**

Foreign coaches will be required to present the LOC with a letter, from their Federation, verifying they are a member in good standing.

CONTACT INFORMATION:

WEBSITE: www.centralpennfsc.org (CLICK ON REFLECTIONS SYNCHRO INVITATIONAL)

Competition Chair: Becky Hilgers, hersheyett@aol.com 717-319-8711

Chief Referee; William Beharrell wrbeharrel@aol.com 978-855-1444

Practice Ice : Lori Tully lori.tully@yahoo.com 717-903-8463

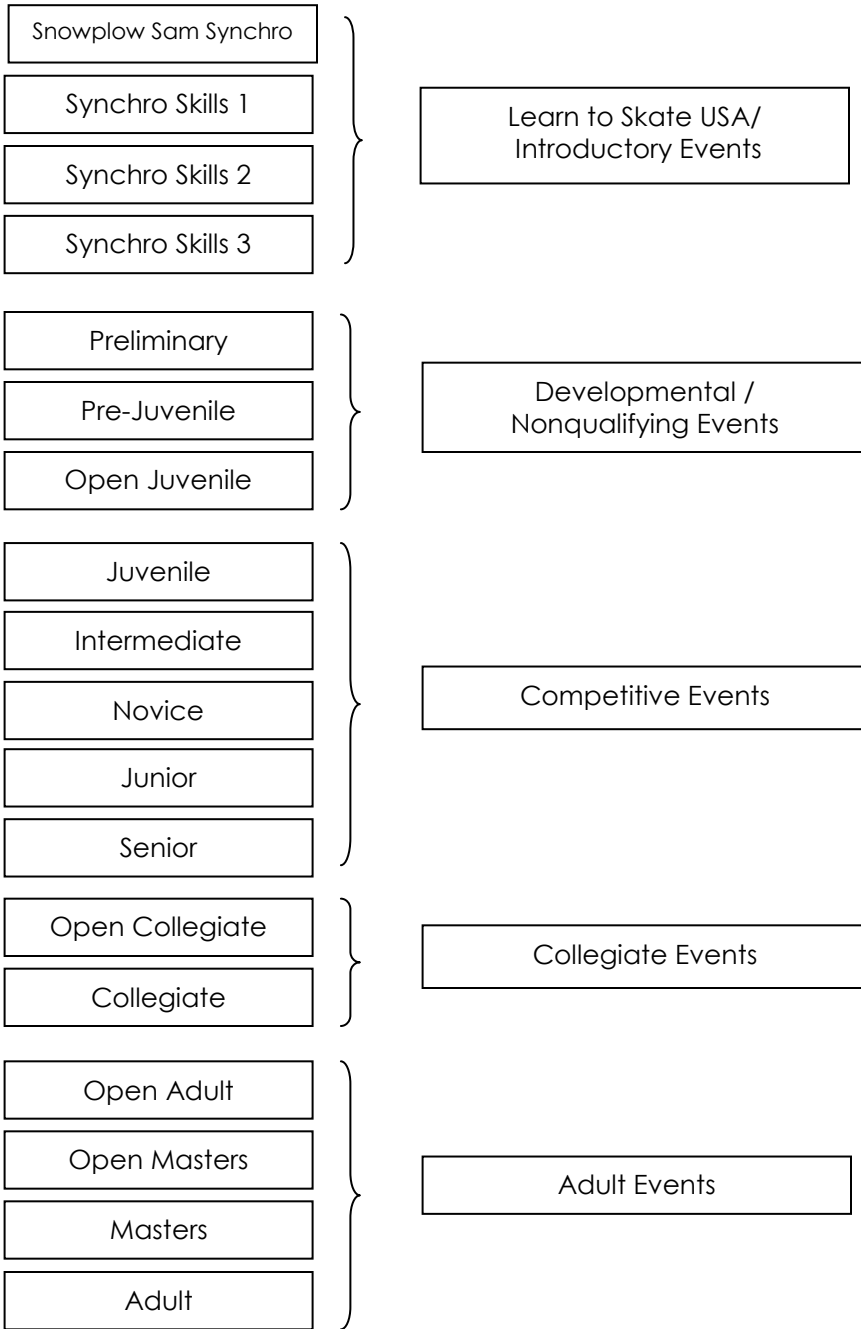
ADDITIONAL INFORMATION: HOTEL RESERVATIONS MAY BE BOOKED THRU TRAVELCHAMPS.COM 717-220-0592-
- WE APPRECIATE YOU USING OUR BOOKING AGENT- IT HELPS SUPPORT OUR EVENT

EVENTS OFFERED:

See the current rulebook/website for current rules and ISU communications.

<http://www.usfigureskating.org/story?id=84114>)

Illustration of Synchronized Skating competitive pipeline and events; age restrictions, test requirements, and program duration are on the next page:



A. Snowplow Sam Synchro

A team of 5-12 skaters. The majority of the team must be under 7 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

B. Synchro Skills 1:

A team of 8 to 16 skaters. The majority of the team must be under 9 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

C. Synchro Skills 2:

A team of 8 to 16 skaters. The majority of the team must be under 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

- D. Synchro Skills 3:** A team of 8 to 16 skaters. The majority of the team must be at least 12 years old. No skaters may have passed higher than a preliminary test.
Program duration: maximum 2 minutes, 10 seconds.
Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>
- E. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10.
Program duration: 2 minutes.
Well balanced program: Rule 9480
- F. Pre-Juvenile:** A team of 8 to 16 skaters. The majority of the team must be under ~~12~~ 13.
Program duration: 2 minutes, 15 seconds.
Well balanced program: Rule 9470
- G. Open Juvenile:** A team of 8 to 16 skaters. Skaters must be under 20 and have passed the pre-preliminary moves in the field test.
Program duration: 2 ½ minutes.
Well balanced program: Rule 9460
- H. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 and have passed the pre-juvenile moves in the field test.
Program duration: 2 minutes, 30 seconds
Well balanced program: Rule 9450
- I. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 and have passed the juvenile moves in the field test.
Program duration: 3 minutes
Well balanced program: Rule 9440
- J. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17. All must have passed the intermediate moves in the field test.
Program duration: 3 minutes
Well balanced program: Rule 9430
- K. Junior:** A team of 12 to 16 skaters. Skaters must be at least 13 and under 19 on the preceding July 1. All skaters must have passed the novice moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 3 minutes, 30 seconds
Well balanced program and short program: Rule 9420
- L. Senior:** A team of 16 skaters. Skaters must be at least 15 on the preceding July 1 and have passed the junior moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 minutes
Well balanced program and short program: Rule 9410
- M. Open Collegiate:** A team of 8 to 16 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline.
Program duration: 2 minutes, 30 seconds
Well balanced program: Rule 9495
- N. Collegiate:** A team of 12 to 20 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.
Program duration: 3 minutes, 30 seconds
Well balanced program: Rule 9490

O. Open Adult:

A team of 8 to 16 skaters. The majority of skaters must be at least 19 years or older.

Program duration: 2 minutes

Well balanced program: Rule 9520

P. Open Masters:

A team of 8 to 16 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.

Program duration: 2 minutes

Well balanced program: Rule 9530

Q. Masters:

A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.

Program duration: 2 minutes, 30 seconds

Well balanced program: Rule 9510

R. Adult:

A team of 12 to 20 skaters. All skaters must be at least 21 with the exception that up to four team members may be 18, 19 or 20 years of age. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.

Program duration: 2 minutes, 30 seconds

Well balanced program: Rule 9500

Teams are permitted to have a maximum for four alternates, in addition to the maximum number of athletes allowed on the ice at their level.

Crossover Rules:

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

The chart below illustrates the levels where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 9400-9530, in addition to the statement above.

	Snowplow Sam Synchro, Synchro Skills 1, 2 or 3	Preliminary	Pre - Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Open Masters	Masters	Adult	
Snowplow Sam Synchro, Synchro Skills 1, 2 or 3																
Preliminary																
Pre - Juvenile																
Open Juvenile																
Juvenile						X	X									
Intermediate					X		X	X	X							
Novice					X	X		X	X							
Junior						X	X		X		X					
Senior						X	X	X			X					X
Open Collegiate																
Collegiate								X	X							X
Open Adult																
Open Masters																
Masters																X
Adult									X		X			X		