



The Caroline Marie Savitz Foundation Inc

Strides Against Sarcoma

3.5 Mile TRAIL Race for Runners and Walkers

November 10th, 2018 Start Time 10:00 am

Point to Point trail race Starting at Rush Pond and ending at Queensbury School

Please come out and Run/Walk in memory of Caroline Savitz.

Caroline was a vibrant spirit who kept running close to her heart as well as the community she was from. Although she has since passed her memory lives on. Please come and join us in making more memories in Caroline's honor. 100 % of the proceeds will go directly to The Musculoskeletal Tumor Society (Albany Medical Center) for Sarcoma Research and the family of Kristen Shinebarger who is fighting Sarcoma

RACE DAY REGISTRATION AND PACKET PICK UP LOCATION: Queensbury Elementary School, 431 Aviation Road, Queensbury

Packet Pick Up and Race Day Registration Opens at 8:00 am and CLOSES at 9:15 am

START LOCATION: The start of the race will be at the RUSH POND TRAIL access parking area located near exit 20, at the corner of West Mountain and Gurney Lane Roads. Please follow signs for parking. PLEASE note the **start and finish** are in **two separate locations** though very easy to get to each area.

FINISH LOCATION: The finish will be at the Exit of Queensbury Cross Country running trails, near the back of the Elementary School located on the Queensbury School Campus.

COURSE DESCRIPTION: The first two miles consist of a hard packed cinder trail with rolling hills. There is a short single track section leading to the Queensbury Cross Country Trails that leads you to the finish line.

INDIVIDUAL RUNNING AWARDS: Awards will be given to the top 3 male/female finishers and to top 3 male/female age group winners. All participants will receive a FINISHER AWARD.

AWARD PRESENTATION: Awards will be done at the Elementary School after the last runner/walker.

RAFFLES: All participants will receive a raffle ticket and raffle tickets will be available for purchase. Many raffles available.

REFRESHMENTS: There will be drinks and baked goods for all participants after the race.

INFORMATION CONTACT: Anthony Grace cmsfgrace@gmail.com or Heidi Underwood at 518-796-1015

PRE-REGISTER: at <http://stridesagainstsarcoma.itsyourrace.com/event.aspx?id=8243>
(Strides Against Sarcoma) or mail an entry to: Underdog Race Timing, 13 Locust Street, Glens Falls, NY 12801 Check Payable to: The Caroline Marie Savitz Foundation Inc

INDIVIDUAL AGE GROUP CATEGORIES: 1-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 +

SHIRTS: LONG SLEEVE SHIRT Guaranteed to the first 125 registered. Guaranteed if Registered by October 20

Name: _____

Address: _____ City : _____ State: _____ Zip: _____

Age: _____ Male _____ Female

Pre Registration Fee: \$25.00
Pre Registration Fee: (Ages 1-19) \$20.00

E-mail: _____

Shirts Size _____ Small _____ Medium _____ Large _____ X-Large

Race Day Registration Fee: \$30.00
Race Day Registration Fee: (Ages 1-19) \$25.00

MAIL TO: Underdog Race Timing, 13 Locust Street, Glens Falls NY 12801 **PAYABLE TO:** The Caroline Marie Savitz Foundation Inc

I know participating in the Strides Against Sarcoma is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official related to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including but not limited to falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. I grant to the Underdog Race Timing and Town of Queensbury or its designee access to my medical records and physicians, as well as other information, relating to medical care that may be administered to me as a result of my participation in this event. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release Underdog Race Timing and the Town of Queensbury and their agencies and departments and all sponsors and their representatives and successors from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities, I grant permission to the foregoing person and entities to use or authorize others to use any photographs, motion pictures, recordings or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature _____

Date _____

Parent or Guardian (18 or under) _____

Mail Entries to: Underdog Race Timing, 51 Lakewood Drive, Kattskill Bay, NY 12844 **Make Checks Payable to:** Underdog Race Timing