



# 2019 A/BB/B Tryout Tune Up Clinic

*August 5<sup>th</sup> – August 8<sup>th</sup>*  
**Cost: \$235**  
**2005 – 2010 Birth Years**

Want to get ready for the A/BB/B tryouts? Solar4America Ice at San Jose will be holding a Tune Up Clinic, August 5<sup>th</sup> – 8<sup>th</sup>. Open to 2005 thru 2010 birth years, this program is a great opportunity to get legs back in shape before tryouts. Players will be put through a variety of drills to hone their hands and feet skills, as well as increase their conditioning level in order to better perform at the upcoming tryouts.

The clinic will be conducted by **Curtis Brown** and **Mike Janda**. Coach Brown is former NHL player with San Jose, Chicago and Buffalo and current Head Coach of the Jr Sharks 12AAA team. Coach Janda is former NAHL, USHL and NCAA D1 (RIT) player, former Assistant Coach for the NAHL Springfield Jr Blues and current Head Coach of the Jr Sharks 16AAA team.

**Eligible Players:** 2005 – 2010 birth year players looking to get prepared for A/BB/B tryouts

**Program Fee:** \$235 for complete four-day clinic

**Dates:** Monday, August 5<sup>th</sup> thru Thursday, August 8<sup>th</sup>

### Daily Schedule by Age Groups:

#### '09-'10s

Time	Activity
8:30-9:30AM	Ice Practice
9:45-10:45AM	Off-Ice Shooting
11:00-12:00PM	Lunch Break
12:15-1:15PM	Ice Practice

#### '07-'08s

Time	Activity
9:45-10:45AM	Ice Practice
11:00-12:00PM	Off-Ice Shooting
12:15-1:15PM	Lunch Break
1:30-2:30PM	Ice Practice

#### '05-'06s

Time	Activity
11:00-12:00PM	Ice Practice
12:15-1:15PM	Lunch Break
1:30-2:30PM	Off-Ice Shooting
2:45-3:45PM	Ice Practice

Registration is only available at [www.sjsharks.com](http://www.sjsharks.com), on the Camps and Clinics page. For any questions regarding the program, please contact Robert Savoie at [rsavoie@sharksice.com](mailto:rsavoie@sharksice.com).