



FEDS CODES OF CONDUCT

Athlete's Code of Conduct

When participating I will:

- Play by the rules of soccer and the spirit of the game
- Control my temper
- Not fight, "mouth off" or use bad language
- Be a team player
- Wear shin guards and appropriate footwear
- Acknowledge all good play – both my teammates and opponents
- Accept the decisions of coaches and referees and demonstrate respect for coaches, referees, teammates and opposing players at all times
- Agree that practices and games are equally important
- Will arrive at least 10 minutes before practices and 30 minutes before games
- Notify the coach in advance if unable to a practice or game
- Remove any jewellery and watches prior to any game or practice

Athlete's Signature: _____

Parents/Caregivers Code of Conduct

As a Parent/Caregiver of a FEDS athlete, I will:

- Be mindful that my son/daughter is playing soccer for their enjoyment, not my own
- Encourage my son/daughter to play by the rules
- Never ridicule or yell at my son/daughter for making a mistake
- Show respect and appreciation for the volunteer coaches
- Not publically question the coach's or manager's judgment
- Not openly criticize the performance of a referee or an assistant referee
- Support all efforts to remove verbal and physical abuse form children's sporting activities
- Allow my son/daughter to speak on his/her behalf

Parents/Caregivers Signature: _____

COACHES Code of Conduct

As a FEDS Coach, I will:

- Commit to improve the mental/physical performance of every player
- Provide a high quality soccer program for players within a positive environment
- Respect all players and officials
- Coach players within the laws of the game
- Be enthusiastic and positive
- Maintain the high standards of personal conduct and fair play
- Provide parents/caregivers with season schedule and keep them informed of changes
- Develop the concept of team performance as well as individual performance
- Commit to open lines of communication with the athlete or parent/caregiver

Coaches Signature: _____

Concussion Code of Conduct

The Parent/Caregiver and Athlete understand:

- The athlete must wear properly fitting equipment at all times
- A concussion is a serious brain injury that has both short and long term effects
- Athletes don't need to lose consciousness to have a concussion
- Any blow to the head, face, neck or blow to the body which causes a sudden jarring of the head may cause a concussion
- If the parent/caregiver or athlete suspect a concussion, the athlete should stop playing the sport immediately
- Continuing to play with a suspected concussion increases the risk of more severe, long lasting concussion symptoms as well as increasing the risk of further injury
- Do not hide symptoms. The parent/caregiver or athlete will tell the coach or other responsible person if there is a concern that the athlete may have a concussion and/or experience any signs or symptoms of a concussion following a collision
- The athlete will not return to play following a collision where he/she experiences signs or symptoms of a concussion
- The athlete will have to be cleared by a physician or qualified medical professional, preferably one with experience in concussion management prior to returning to play
- The athlete will follow FEDS 6-step Return to Play guidelines before returning to full-time play

Please refer the FEDS website under the Constitution and Policies Tab for Concussion Guidelines and Resources

By signing this Concussion Code of Conduct, we the parent/caregiver and athlete acknowledge that we have read and agree to abide by the Code.

Player Signature: _____

Parent/Caregiver Signature: _____

Date: _____